


OCTOBER

Carrington Neighbourhood

- Legend**
CH- Chapel
TH - Town Hall
MS - Main Street
TS - Town Square
- FC - Fitness Centre
CC - Community Centre
CY - Courtyard
BP - Back Patio
- L - Library
CK - Country Kitchen
D - Den
LR - Living Room

Reminder:
Don't forget to flip the page on September 18th to see the 19th- 31st.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 International Coffee Day 9:30am Neighbourhood Time 10:00am Hort Happens 10:30am Coffee Social 12-5pm Recreation Team Meeting 1:30pm Hort Happens 2:00pm Tai Chi-FC	2 9:45am Sing-Along with Janet 11:00am Fit to Function-FC 1:30pm Neighbourhood Time 2:00pm Residents' Council-CC 2:00pm Movie with Janet: "Never a Dull Moment"-TH 3:00pm Name your Car with Ai 6:00pm Express Yourself	3 8:30am Men's Breakfast-CC 10:00am Neighbourhood Time 11:00am Stay Strong-FC 1:30pm Neighbourhood Time 3:00pm In The Kitchen 6:00pm Soothing Sensations	4 2:00pm Pub with Anesti K.-MS 3:30pm Circle of Friends 6:00pm Musical Moments
5 1:30pm Stepping Out 2:30pm Church Service-TH 3:15pm Fellowship-TH 6:00pm Candle & Diya Decoration	6 9:30am Neighbourhood Time 2:00pm Stepping Out 2:00pm Bingo-CC 3:30pm Musical Moments	7 9:30am For the Soul 10:00am Rosary-CH 11:00am Stay Strong-FC 1:30pm Neighbourhood Time 3:00pm You and I 6:00pm Trivia Night	8 9:30am Neighbourhood Time 11:00am For The Fun of Fit 2:00pm Harvest Happenings Petting Zoo-BP 2:00pm Tai Chi-FC 3:30pm Brains & Banter	9 9:45am Sing-Along with Janet 11:00am Fit to Function-FC 1:00pm Outing to Flamboro Downs Casino 2:00pm WH Choir Concert-TS 2:30pm Java Time 6:00pm Express Yourself	10 10:30am Music Therapy with Jen 11:00am Stay Strong-FC 1:30pm Neighbourhood Time 3:00pm In The Kitchen- Make your own Muffin 6:00pm Soothing Sensations	11 2:00pm Luau Party with John Pebble on Carrington 3:30pm Circle of Friends 6:00pm Musical Moments
12 1:30pm Stepping Out 2:30pm Church Service-TH 3:15pm Fellowship-TH 5:00pm Thanksgiving Dinner 6:00pm In the Kitchen	13 Thanksgiving 9:30am Neighbourhood Time 2:00pm Happy Thanksgiving Social-CC 3:30pm Musical Moments	14 9:30am For the Soul 10:00am Rosary-CH 11:00am Stay Strong-FC 1:30pm Neighbourhood Time 2:00pm Bingo-CC 3:00pm You and I 6:00pm Basket Pong Game	15 9:30am Neighbourhood Time 10:00am Hort Happens 10:30am Roman Catholic Mass-CH 11:00am For The Fun of Fit 1:30pm Hort Happens 2:00pm Tai Chi-FC 2:30pm Henna Art - CC 3:30pm Brains & Banter 5:30pm Outing to Pumpkins After Dark Event (Milton)	16 9:45am Sing-Along with Janet 11:00am Fit to Function-FC 1:30pm Neighbourhood Time 2:30pm Java Time 3:00pm Circle of Friends 6:00pm Express Yourself	17 11:00am Stay Strong-FC 1:30pm Neighbourhood Time 3:00pm Happy Hour with Dave Murphy-MS 6:00pm Soothing Sensations	18 2:00pm Entertainment with Paula French on Stonechurch 3:30pm Circle of Friends 6:00pm Musical Moments


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Your Recreation Team:
Ravinder & Tyson

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>19</div> <div>1:30pm Stepping Out 2:30pm Church Service-TH 3:15pm Fellowship-TH 6:00pm In the Kitchen</div>	<div>20</div> <div>9:30am Neighbourhood Time 2:00pm Stepping Out 2:00pm Bingo-CC 2:30pm What is Spirituality?-CH 3:30pm Musical Moments</div>	<div>21</div> <div>Diwali (Wear Bright Colours) 9:30am For the Soul 10:00am Rosary-CH 10:15am Apple Tasting-CC 11:00am Stay Strong-FC 2:00pm Diwali Presentation-TH 3:15 Diwali Craft Stations-TH 6:15pm Sparklers & Sweets-BP</div>	<div>22</div> <div>9:30am Neighbourhood Time 10:30am Virtual Reality 360 Experience-TH 2:00pm Musical Moments 2:00pm Tai Chi-FC 2:30pm Meditation with Janet-CH 3:30pm Brains & Banter</div>	<div>23</div> <div>9:45am Sing-Along with Janet 11:00am Fit to Function-FC 1:30pm Neighbourhood Time 2:30pm Music & Arts Spirtuality-CH 3:00pm Circle of Friends 6:00pm Express Yourself</div>	<div>24</div> <div>10:30am Music Therapy with Jen 11:00am Stay Strong-FC 1:30pm Neighbourhood Time 3:00pm In The Kitchen 6:00pm Soothing Sensations</div>	<div>25</div> <div>10:00am Halloween Howl (Children Trick or Treating) 2:00pm Circle of Friends 3:30pm You and I</div>
<div>26</div> <div>1:30pm Stepping Out 2:30pm Church Service-TH 3:15pm Fellowship-TH 6:00pm In the Kitchen</div>	<div>27</div> <div>9:30am Neighbourhood Time 2:00pm Stepping Out 2:00pm Bingo-CC 3:30pm Musical Moments</div>	<div>28</div> <div>9:30am For the Soul 10:00am Rosary-CH 11:00am Stay Strong-FC 1:30pm Neighbourhood Time 3:00pm Circle of Friends 6:00pm Chuck the Duck</div>	<div>29</div> <div>National Cat Day 9:30am Neighbourhood Time 10:00am Hort Happens 11:00am Celebration of Life-TH 1:30pm Hort Happens 2:00pm Travelling Cart: Kit "Cats" 2:00pm Tai Chi-FC 3:30pm Brains & Banter 5:00pm Diner’s Club: Harvey”s-TH</div>	<div>30</div> <div>9:45am Sing-Along with Janet 10:00am Country Drive 11:00am Fit to Function-FC 2:00pm Birthday Bash-CC 2:30pm Java Time 3:30pm You and I 6:00pm Express Yourself</div>	<div>31</div> <div>Halloween 11:00am Stay Strong-FC 1:30pm Stepping Out 2:30pm Halloween Costume Parade-MS 6:00pm Soothing Sensations</div>	

Birthdays This Month:

- Sam Beltrano - October 31st

Spiritual Care Week - October 19th to 25th



The Village of
WENTWORTH HEIGHTS