NOVEMBER

Carrington Neighbourhood

Legend

CH - Chapel

TH - Town Hall

MS - Main Street

TS - Town Square

FC - Fitness Centre

CC - Community Centre

CY - Courtyard BP - Back Patio L - Library

CK - Country Kitchen

D - Den

LR - Living Room

Reminder:

Don't forget to flip the page on November 15th to see the 16th-30th.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						2:00pm Pub with Cheryl Dickson-MS 3:30pm Circle of Friends 6:00pm Musical Moments
2	3	4	5	6 National Nachos Day	7	8 National Cappuccino Day
1:30pm Stepping Out	9:30am Neighbourhood Time	9:30am For the Soul	9:30am Neighbourhood Time	9:45am Sing-Along with Janet	8:30am Men's Breakfast-CC	2:00pm Entertainment with
2:30pm Church Service-TH	10:30am Intergenerational	10:00am Rosary-CH	11:00am For the Fun of Fit	11:00am Fit to Function-FC	10:00am Neighbourhood Time	Sandra Bouza in Carrington
3:15pm Fellowship-TH	Jamboree Music Therapy-TH	11:00am Stay Strong-FC	12-5pm Recreation Team	1:30pm Neighbourhood Time	10:30am Music Therapy with	3:30pm Circle of Friends
6:00pm In the Kitchen	11:00am You and I	1:30pm Neighbourhood Time	Meeting	2:00pm Residents' Council-CC	Jen	6:00pm Musical Moments
	2:00pm Circle of Friends	2:30pm Coffee, Chat & Dash	2:00pm Tai Chi-FC	2:30pm Java Time	11:00am Stay Strong-FC	
	2:00pm Bingo-CC	with Janet-CH		3:00pm Travelling Cart:	2:00pm In The Kitchen	
	3:30pm Musical Moments	3:00pm Stepping Out		Nachos		

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1:30pm Stepping Out 2:30pm Church Service-TH 3:15pm Fellowship-TH 6:00pm In the Kitchen 10

9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy-TH 11:00am You and I 2:00pm Circle of Friends 2:00pm Bingo-CC 3:00pm Spiritual Creativity with Janet-CH 3:30pm Musical Moments 11 Remembrance Day

6:00pm Trivia Night

10:00am Rosary-CH
10:30am Remembrance Day
Service-TS
11:00am Stay Strong-FC
1:30pm Neighbourhood Time
3:00pm Stepping Out
6:00pm Trivia Night

12 National Happy Hour Day

9:30am Neighbourhood Time 10:00am Hort Happens 11:00am For the Fun of Fit 2:00pm Stepping Out 2:00pm Tai Chi-FC 3:30pm Brains & Banter 6:30pm Happy Hour with Jeff Giles-MS 13

9:45am Sing-Along with Janet 11:00am Fit to Function-FC 1:30pm Splitsville Bowling Outing 2:30pm Java Time 6:00pm Express Yourself

6:00pm Express Yourself

14 National Pickle Day

11:00am Stay Strong-FC2:00pm Pickle Taste Test-CC3:30pm In The Kitchen6:00pm Soothing Sensations

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2:00pm Curling on Main Street3:30pm Circle of Friends6:00pm Musical Moments

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Your Recreation Team:

Ravinder & Tyson

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:30pm Stepping Out 2:30pm Church Service-TH 3:15pm Fellowship-TH 6:00pm In the Kitchen	9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy-TH 11:00am You and I 2:00pm Circle of Friends 2:00pm Bingo-CC 3:30pm Musical Moments	(Dress in Disney Theme) 10:00am Rosary-CH 11:00am Stay Strong-FC 2:00pm Birthday Bash-CC 3:30pm Stepping Out 6:00pm Trivia Night	9:30am Neighbourhood Time 10:30am Roman Catholic Mass-CH 1:30pm Limeridge Mall Shopping Outing 2:00pm Musical Moments 2:00pm Tai Chi-FC 3:30pm Brains & Banter	9:45am Sing-Along-L 11:00am Fit to Function-FC	21 Christmas Decorating 10:30am Music Therapy with Jen 11:00am Stay Strong-FC	2:00pm Bowling on Main Street 3:30pm Circle of Friends 6:00pm Musical Moments
1:30pm Stepping Out 2:30pm Virtual Church Service- TH 3:15pm Fellowship-TH 6:00pm In the Kitchen	9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy-TH 11:00am You and I 2:00pm Circle of Friends 2:00pm Bingo-CC 3:30pm Musical Moments	9:30am For the Soul 10:00am Rosary-CH 11:00am Stay Strong-FC 1:30pm Neighbourhood Time 2:30pm Entertainment with the Rolling Bones (ASAC)-TS 6:00pm Trivia Night	10:00am Hort Happens 10:00am Country Drive Outing 2:00pm Musical Moments 2:00pm Tai Chi-FC 3:30pm Brains & Banter 5:00pm Diner's Club: Firehouse Subs-TH	9:45am Sing-Along with Janet 11:00am Fit to Function-FC 1:30pm Neighbourhood Time 2:00pm Movie with Janet "The Heiress"-TH 3:00pm Circle of Friends 6:00pm Express Yourself	28 Christmas Bazaar Set Up 10:00am Travelling Entertainment: Smile Serenades 11:00am Stay Strong-FC 6:00pm Soothing Sensations	10am to 3pm Christmas Bazaar Everyone is welcome!

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1:30pm Stepping Out 2:30pm Church Service-TH 3:15pm Fellowship-TH 6:00pm In the Kitchen

Birthdays This Month:

- Janet Logue November 13th
- Susan McCallum November 19th

