

NOVEMBER

Wright

Legend

- Do - Downey

Ha - Hagey

Jo - Johnston

Ma - Matthews

Po - Pollock
- Wr - Wright

C - Chapel

CC - Community Centre

CY - Courtyard

FC - Fitness Centre
- L - Library

MS - Main Street

RH - Retirement

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:00 Balloon Badminton 11:00 You and Me 2:00 Entertainment with Jim (Po) 3:30 Cards
2 Daylight Savings Time Ends 10:00 For the Soul 11:00 Bean Bag Toss 2:00 Stepping Out 3:15 Card Bingo	3 10:00 Green Thumbs 11:00 Christmas Cookie Making 12:30 Greenhouse Drop-In 2:00 Movie Matinee (C) 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	4 9:15 Art with Sonal' 9:30 Rosary (C) 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 3:30 You and Me 6:30 In The Kitchen: Making Maple Peanut Butter Cookies (CC)	5 9:30 Bowling 10:00 Contemplating Life with Mike (C) 10:30 Sit 'N Get Fit 2:00 PEG Talk - Pirates (C) 3:30 Balance Class (FC) 6:30 Documentary & Popcorn (CC)	6 9:30 Chapel Service (C) 10:30 Zumba (FC) 12:30 Greenhouse Drop-In 2:30 Arts & Crafts - Poppy Making 6:30 Active Games (MS)	7 10:00 Bingo - Wright 1-2pm Olympic Events (Wr) 2:00 Resident Bill of Right & Calendar meeting. 2:30-4pm Olympic Events (MS) 6:30 Crafting Club (CC)	8 10:00 Neighbourhoods Time 11:00 You and Me 2:00 Entertainment With Lillian (MS) 3:30 Short Stories
9 10:00 For the Soul 11:00 You and Me 3:00 In the Kitchen Chicken Noodle soup 4:00 Circle of Friends	10 10:00 Green Thumbs 12:30 Greenhouse Drop-In 2:00 Silver Stars (C) 3:30 Aerobics with Abby (FC) 6:30 Game Show Trivia (CC)	11 Remembrance Day 9:15 Art with Sonal' 10:30 Remembrance Day Service (C) 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 6:30 Devotions (CC)	12 9:30 Java Music 10:30 Sit 'N Get Fit 2:00 Painting 3:30 circle of friends 3:30 Balance Class (FC) 6:30 Games Night (CC)	13 9:30 Chapel Service (Wr) 10:30 Zumba (FC) 12:30 Greenhouse Drop-In 2:00 Resident's Council (C) 2:30 Karaoke 6:30 Active Games (MS)	14 10:00 Bingo - Matthews 10:30 Outing - Conestoga 1-2pm Olympic Events (Wr) 2:30-4pm Olympic Events (MS) 6:30 Crafting Club (CC)	15 10:00 Balloon Badminton 11:00 Brains and Banter 2:00 Entertainment with R&S Country (Do)

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16 10:00 For the Soul 11:00 Axe Throwing 2:00 Stepping Out 3:00 You and Me	17 10:00 Green Thumbs 11:00 Card Games 12:30 Greenhouse Drop-In 2:00 I saw that on the internet “ I trust my resident” 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	18 9:15 Art with Sonal’ 9:30 Rosary (C) 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 6:30 In The Kitchen: Xmas Market Nuts & Bolts (CC)	19 10:00 Create & Connect with KWAG (CC) 10:00 Contemplating Life with Mike (C) 10:30 Sit ‘N Get Fit 2:00 Card Bingo 3:30 Balance Class (FC) 6:30 Games Night (CC)	20 9:30 Chapel Service (C) 10:30 Zumba (FC) 12:30 Greenhouse Drop-In 2:30 IN2L 6:30 Active Games (MS)	21 10:00 Bingo 1-2pm Olympic Events (Wr) 2:30-4pm Olympic Events (MS) 6:30 Crafting Club (CC)	22 10:00 Neighbourhood Time 11:00 Daily Perk 2:00 Entertainment with Kevin Coates (Ma)
23 10:00 For the Soul 11:00 You and Me 3:00 In the kitchen making Deviled Eggs 4:00 Circle of Friends	24 10:00 Green Thumbs 12:30 Greenhouse Drop-In 1:30 Curling 3:00 Brains and Banter 3:30 Aerobics with Abby (FC) 6:30 Game Show Trivia (CC)	25 9:15 Art with Sonal’ 930 Rosary (C) 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 6:30 Devotions (CC)	26 9:30 Java Music Club 10:30 Sit ‘N Get Fit 1-4pm Deck the Halls (MS) 2:00 Food Committee (Wr) 3:30 Balance Class (FC) 6:30 Games Night (CC)	27 10:00 Celebration of Life (C) 12:30 Greenhouse Drop-In 1-2pm Olympic Events (Wr) 2:30-4pm Olympic Events (MS) 6:30 Active Games (MS)	28 Christmas Market Prep 3:30 Banded Strength (FC) 6:30 Crafting Club (CC)	29 Christmas Market 10am-3pm 
30 10:00 For the Soul 11:00 Bean Bag Toss 2:00 Stepping Out 3:30 You and Me	Outings: Nov 14th - 10am - 3pm - Conestoga Mall Your Recreation Team: Full-Time - Tiffany Part-Time - Deepinder					Calendar Planning and Resident Bill of Rights We invite you to attend this meeting on your neighbourhood. Learn about your Bill of Rights. Have your input as we plan next month’s activities, programs, and outings! Hosted by your Recreation Team Member. 