

NOVEMBER

Elliot

Legend

SC - Spiritual Centre
MS—Main Street
OA— Open Area
S,OA - Sanders Open area

L—Library
D-Den
CC-Community Centre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:30 Express Yourself 11:00 Fun for the fit 2:30 Bingo 3:45 Musical Moments
2 10:00 Soothing Sensations 10:30 Manicures 2:30 IN2L games 3:30 Walk & Talk	3 10:15 Garden Club w/ Jenny 3:30 You & Me 6:00 Hand Massages	4 10:30 Reading Circle 10:45 Music Therapy with Shreya 2:30 Manicures & Hand massage 3:30 For the fun of Fit	5 10:00 Soothing sensation 11:00 You & Me 2:30 In the Kitchen 3:30 Walk & talk	6 10:30 Fun for the Fit 1:30 For the Soul 2:30 Bingo 3:45 Musical Moments	7 10:15 Circle of Friends 11:15 You & Me 2:30 Java Music 3:15 Hand Massages	8 10:15 Walk & Talk 10:30 IN2L Games 2:30 Bingo 4:00 Musical Moments
9 10:30 Express Yourself 2:30 For the Fun of Fit 3:00 Church Services with Phil-SC 3:30 You and Me	10 10:15 Garden Club w/ Jenny 10:30 Catholic Mass 1:30 Art with Glyniss-CC 2:30 Express Yourself	11 Remembrance Day 10:30 Remembrance Day Services - MS 1:30 Soothing Sensations 3:30 IN2L games 6:30 Brains & Banter	12 Multi Cultural Day 10:00 You & Me 11:00 Brains & Banter 1:30-3:00 Around the world - MS 3:45 Musical Moments	13 10:30 Fun for the Fit 2:00 Musical on Main Street-MS 3:45 You & Me	14 10:00 Neighbourhood time 10:45 Musical Moments 2:30 Java Music 3:30 Musical Moments	15 10:30 Fun for the Fit 11:00 You & me 2:30 Bingo 3:45 Musical Moments

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16 10:00 You & Me 10:30 Express Yourself 2:30 IN2L Games 3:30 Walk & talk	17 10:30 Soothing Sensations 10:15 Garden Club w/ Jenny 2:30 For the fun of Fit 3:00 Musical Moments 6:00 Brains & Banter	18 10:15 Reading Circle 10:45 Music Therapy with Shreya 10:30 Art with Glyniss-CC 11:00 Hand Massages 2:30 Circle of Friends	19 10:00 Fun for the fit 10:30 Residents Council-L 11:00 Soothing Sensations 2:30 Express Yourself 3:30 You & Me	20 10:15 Express Yourself 11:15 In the Kitchen 1:30 For the Soul 2:30 Bingo 3:45 Musical Moments	21 10:15 IN2L Games 11:00 in the kitchen 2:30 Java Music 3:30 Walk & Talk	22 Christmas Market 10:30-3:00 Family Photos 10:30-5:00 Please Book Appointment
23 10:15 You & Me 11:00 Musical Moments 2:30 Express Yourself 3:00 Church Services with Phil-SC	24 10:15 Garden Club w/ Jenny 10:30 You & Me 1:30 Art with Glyniss-CC 2:30 In the kitchen 6:00 Walk & talk	25 10:45 Music Therapy with Shreya 1:30 Circle of Friends 2:30 IN2L games 4:00 You & Me 6:30 Hand massage	26 10:30 Brains & Banter 11:00 Ball Toss 2:00 Birthday Bash with Marcus - OA 3:15 Musical moments	27 10:30 Fun for the fit 1:30 For the Soul 2:30 Bingo 3:30 Musical Moments	28 10:00 You & Me 10:30 Food Committee-L 10:45 Musical Moments 2:30 Java Music 3:30 You & Me	29 10:00 Neighbourhood time 2:30 Bingo 3:30 Walk & Talk
30 10:00 You & Me 10:30 Express Yourself 2:30 IN2L Games 3:30 Walk & talk	Upcoming Events: November 22nd 10:30 - 3:00pm Christmas Market November 22nd 10:30 - 5:00 Christmas Photos - Please book your time slot in advance \$5.00 per resident Dec 3rd 2:30pm Zoo to you - E,OA Dec 6th 2:00pm Golden Oldies Christmas Sling a long Dec 8th, 22nd, 23rd Art for life with Glynnis Dec 9th Cumberland and Elliot family cocktail Parties - 6 - 8pm Dec 11th Johnston and Sanders family cocktail parties - 6- 8 pm Dec 18th Christmas light Trip - Please sign up with rec team or Jennifer Dec 25th Christmas Day Social with Ryan 10:30am Dec 31st New Years Eve Bash with Marcus 2:30pm					

