

NOVEMBER

Johnston

Legend

- SC - Spiritual Centre

MS—Main Street

OA— Open Area

C,OA - Cumberland Open area
- L—Library

D-Den

CC-Community Centre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:30 Musical Moments 11:00 Word game 2:30 Neighborhood time 3:30 On the move
2 10:00 Virtual Mass 10:30 Bingo 2:30 Circle of friends 3:30 You & I	3 10:00 Gentle Fitness 11:00 For the Soul 1:15 You & I 2:45 Gardening with Jenny 3:00 On The Move 6:00 Bingo	4 9:30 Stepping Out 9:30 Music Therapy with Shreya 10:30 For the fun of fit 11:00 Mini Manicures 2:30 Neighborhood Time 4:00 Ball Toss	5 09:30 Stepping Out 10:30 Drum Fit 2:30 ZOO TO YOU- C,OA 3:30 Board Games 6:00 You and Me	6 1:30 Neighbourhood Time 2: 30 Java music 3:15 Stepping Out 6:00 Bingo	7 10:00 Gentle Fitness 11:00 Card Games 2:30 Express yourself- Crafts 3:30Stepping out	8 10:00 IN2L Fun 10:30 Express Yourself 2:30 Bingo on Main street 3:30 You and I
9 10:15 Neighbourhood Time 2:30 Musical Moments 3:00 Church Services with Phil - SC	10 10:30 Catholic Mass 1:30 Art with Glynnis -CC 2:45 Gardening with Jenny 2:45 Creative baking 3:30 You and me 6:00 Bingo	11 Remembrance Day 9:30 Music Therapy with Shreya 10:30 Remembrance Day Service 2:30 Word games 3:30 Neighbourhood Time 4:00 You & I	12 Multi Cultural Day 09: 30 Express Yourself 10:30 Drum Fit 1:30-3 - Trip around the World 4: 00 Stepping Out	13 1:30Christmas Decorating 2:00 Neighbourhood ime 3:15 You & I 6:00 Bingo	14 10:00 Gentle Fitness 10:30 Trivia 11:30 You & I 2:30 Neighbourhood Time 3:00 Stepping Out	15 10:30 On the move 11:00 Word game 2:30 Musical moments 3:30 You & I

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16 10:00 Virtual Mass 10:30 Bingo 10:45 On the move 2:00 Neighbourhood Time 3:30 Circle of friends	17 1:15 You & I 2:45 Gardening with Jenny 3:30 Stepping Out 6:00 Bingo	18 9:30 Music Therapy with Shreya 10:00 You and I 10:30 Art With Glynnis -CC 2:30 Brains & Banter 3:30 You & I 4:00 Stepping Out	19 10:00 You and I 10:30 Residents Council-I 10:30 Drum fit 2:30 Market Prep 3:00 Trivia 4:00 You & I	20 10:00 You and I 1:30 Neighbourhood Time 2:30 Market Prep 3:30 You & I 6:00 Bingo	21 10:00 Gentle Fitness 11:00 Card games 2:30 Express yourself- Crafts 3:30 Stepping Out	22 Christmas Market 10:30 - 3:00 Family Photos 10:30-5:00pm please book your appointment
23 10:00 Virtual Mass 10:30 Brains & Banter 3:00 Church Services with Phil 3:30 You & I	24 1:30 Art with Glynnis -cc 2:45 Gardening with Jenny 2:45 Hot chocolate Social 3:30 Spa Hour 6:00 Bingo	25 9:30 Music Therapy with Shreya 10:00 You and I 11:00 Brains & Banter 2:30 In The Kitchen 3:30 4:00 Stepping Out	26 09:30 Neighbourhood Time 10:30 Drum Fit 3:00 Birthday Bash with Marcus - C, OA 4: 00 You & I	27 1:15 You and I 2:30 Java music 3:30 Neighbourhood Time 6:00 Bingo	28 10:00 Gentle Fitness 10:30 Food Committee 10:30 Board Games 11:00 Circle of Friends 2:30 Jewelry Making 3:30 You & I	29 10:30 Brains & Banter 11:00 Neighbourhood Time 2:30 Musical moments 3:30 You & I
30 10:30 Bingo 10:45 On the move 2:00 Neighbourhood Time 3:30 Circle of friends	Upcoming Events: November 22nd 10:30 - 3:00pm Christmas Market November 22nd 10:30 - 5:00 Christmas Photos - Please book your time slot in advance \$5.00 per resident Dec 3rd 2:30pm Zoo to you - E,OA Dec 6th 2:00pm Golden Oldies Christmas SIng a long Dec 8th, 22nd, 23rd Art for life with Glynnis Dec 9th Cumberland and Elliot family cocktail Parties - 6 - 8pm Dec 11th Johnston and Sanders family cocktail parties - 6- 8 pm Dec 18th Christmas light Trip - Please sign up with rec team or Jennifer Dec 25th Christmas Day Social with Ryan 10:30am Dec 31st New Years Eve Bash with Marcus 2:30pm 					