

NOVEMBER

Sanders

Legend

- SC - Spiritual Centre
MS—Main Street
OA— Open Area
- L—Library
D-Den
CC-Community Centre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:00 Reading Circle 11:30 Express Yourself 2:30 Fun for the fit 3:45 Afternoon Trivia
2 9:30 Virtual Mass 10:30 You & Me 2:30 Brains and Banter 4:00 Walk & Talk	3 10:00 Soothing Sensations 11:30 Manicures 2:30 For The Soul 3:00 Express yourself 4:00 You and Me	4 1:30 Circle of friends 2:30 Brains & Banter 2:45 Music Therapy with Shreya :3:30 Musical Moments 6:30 Card games	5 10:00 Soothing Sensations 11:00 Musical Moments 2:30 Java Musical Moments 3:30 You & me 6:30 Bingo	6 10:00 You & Me 11:30 Ball Toss 3:30 Express Yourself 6:30 Happiness Program	7 10:00 Garden club w/Jenny 10:30 Morning Trivia 2:30 Express Yourself 3:30 You & Me 6:30 Bingo	8 10:00 Neighbourhood Time 2:30 You & I 3:30 For the fun of fit 4:00 Stepping Out
9 10:00 Hymn Sing 11:00 Stepping Out 2:30 Express Yourself 3:00 Church Services with Phil-SC 4:00 Ball Toss	10 10:30 Musical Moments 10:30 Catholic Mass -SC 11:00 Mix and Match 1:30 Art with Glynnis -CC 2:30 Soothing Sensations 3:45 Walk & Talk	11 Remembrance Day 10:00 Musical Moments 10:30 Remembrance Day Services - MS 2:30 Reading Circle 2:45 Music Therapy with Shreya 3:30 Express Yourself	12 Multi Cultural Day 10:00 You & me 11:00 in the Kitchen 1:30-3:00 Trip around the World 6:30 Bingo	13 1:30 You & Me 2:00 Music with Joe - MS 3:30 Musical Moments 6:30 Happiness program	14 10:00 Garden club w/Jenny 10:30 Fun for the Fit 2:30 Circle of Friends 4:00 Musical Moments	15 10:30 Reading Circle 11:00 Musical Moments 2:30 In the kitchen 3:45 Mix & match

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E,OA - Elliot Open area

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 9:30 Virtual Mass 11:00 Morning Trivia 2:30 Card Games 3:30 Stepping Out 4:00 You & Me	17 10:00 Circle of Friends 11:00 Soothing Sensations 2:30 in the kitchen 3:30 Express Yourself 6:15Word Games	18 10:30 Art with Glynnis -CC 1:30 Express Yourself 2:30 You & Me 2:45 Music Therapy with Shreya 3:30 IN2L games 6:30 Walk & talk	19 10:00 Soothing Sensations 10:30 Residents Council -L 11:00 Circle of Friends 2:30 Java Music 3:00 Fun for the fit 6:30 Bingo	20 10:00 Brains & Banter 11:30 Express Yourself 2:30 You & Me 3:15 in the Kitchen 4:00 Walk & Talk	21 10:00 Garden club w/Jenny 10:30 Fun for the fit 11:00 in the Kitchen 2:30 Mix and Match 4:00 Brains and Banter 6:30 You & Me	22 Christmas Market 10:30- 3:00 Family Photos 10:30-5:00 please book your slots in advance
23 10:00 Hymn Sing 10:30 Board Games 2:30 Musical Moments 3:00 Church Services with Phil-SC 3:30 Stepping out 4:00 Coloring Together	24 10:30 Morning Trivia 11:00 Card Games 1:30 Art with Glynnis-CC 2:30 For The Soul 2:30 Fun for the fit 3:30 You & Me	25 10:00 You & Me 2:45 Music Therapy with Shreya 2:30 Mix & Match 3:30 Fun for the fit 4:00 Musical Moments	26 10:30 Soothing sensations 11:00 Card games 2:00 Birthday Party with Marcus-oa 6:30 Bingo	27 1:30 Fun for the fit 2:30 Brains and Banter 3:30 You & Me 6:30 IN2L games	28 10:00 Garden club w/Jenny 10:30 Food Committee 10:30 You & Me 2:30 Express yourself 3:15 Fun for the fit 4:00 Musical Moments	29 10:30 Reading Circle 11:00 Musical Moments 2:30 Fun for the fit 3:45 Mix & match
30 9:30 Virtual Mass 11:00 Game Hour 2:30 Card Games 3:30 Stepping Out 4:00 You & Me	Upcoming Events: November 22nd 10:30 - 3:00pm Christmas Market November 22nd 10:30 - 5:00 Christmas Photos - Please book your time slot in advance \$5.00 per resident Dec 3rd 2:30pm Zoo to you - E,OA Dec 6th 2:00pm Golden Oldies Christmas SIng a long Dec 8th, 22nd, 23rd Art for life with Glynnis Dec 9th Cumberland and Elliot family cocktail Parties - 6 - 8pm Dec 11th Johnston and Sanders family cocktail parties - 6- 8 pm Dec 18th Christmas light Trip - Please sign up with rec team or Jennifer Dec 25th Christmas Day Social with Ryan 10:30am Dec 31st New Years Eve Bash with Marcus 2:30pm 					

