

NOVEMBER

Emma's

Legend

C—Chapel

TH—Town Hall

MF— Main Floor

TS—Town Square

SC—Social Club

FE—Front Entrance

L—Library

EM—Emma's

HS—Hobby Shop

JPL — Jack Purcell Lounge

BP— Back Patio

FC—Fitness Centre

MFC — Main Floor Café

PC—Patio Courtyard

● — Outing

◆ —Resident Run Program

■ — Off the Neighbourhood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 08:30 Breakfast 09:30 In the Kitchen 11:00 Fitness 12:00 Lunch 02:30 Express Yourself 03:30 You & me 05:00 Dinner
2 Daylight Saving Time 09:30 Cafe Social 10:30 Church Service 11:00 Fitness 12:00 Lunch 02:30 For the fun of fit 03:00 Puzzle Buddies 05:00 Dinner	3 Farmer's Market 8-2PM 08:30 Breakfast 09:30 Neighborhood Time 11:00 Bingo 12:00 Lunch 02:00 Stepping Out 03:30 Musical Moment 05:00 Dinner	4 08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 You And Me 03:30 Express Yourself 05:00 Dinner	5 Veteran's Week 08:30 Breakfast 12:00 Lunch 01:00 Neighborhood Time 01:30 Hymn Sing With Bobo 02:00 Visits W/ Bobo 03:30 Java Music Time 05:00 Dinner 06:30 Stepping out	6 08:30 Breakfast 09:30 Neighborhood Time 10:00 Dancing W/ Parkinson's 11:00 Fitness 12:00 Lunch 02:30 For the Fun of Fit 03:30 Manicures 05:00 Dinner	7 08:30 Breakfast 09:30 Neighborhood Time 11:00 Sing along Karaoke 12:00 Lunch 02:30 Laughter Healing w/ Amanda 03:00 Happy Hour 05:00 Dinner	8 08:30 Breakfast 09:30 In the Kitchen 11:00 Fitness 12:00 Lunch 02:30 A Sharp School of Music- TS 03:30 Express Yourself 05:00 Dinner
9 08:30 Breakfast 09:30 Neighborhood Time 10:30 Church Service 11:00 Fitness 12:00 Lunch 02:30 Sunday Social 03:30 Circle Of Friends 05:00 Dinner	10 08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:00 Bill Anderson Lecture WWII- TH 03:00 Bible Story w/Motas-TH 03:30 Bingo 05:00 Dinner	11 Remembrance Day 08:30 Breakfast 09:30 Neighborhood Time 10:40 Remembrance Day Service-TS 12:00 Lunch 02:30 Remembrance Day with Zaida- TS 03:30 You & Me 05:00 Dinner	12 Warm socks and Chili day 08:30 Breakfast 10:00 Ball Toss with Amanda 12:00 Lunch 01:00 Neighborhood Time 01:30 Hymn Sing With Bobo 02:00 Visits W/ Bobo 03:30 Java Music Time 05:00 Dinner 06:30 Stepping out	13 World Kindness Day 08:00 Farmer's Vendor 08:30 Breakfast 09:30 Express Your Kindness 11:00 Fitness 12:00 Lunch 02:30 For the Fun of Fit 03:30 Manicures 05:00 Dinner	14 World Diabetes Day 08:30 Breakfast 09:30 Neighborhood Time 11:00 Bingo 12:00 Lunch 12:00 Diner's Club Lunch 02:30 Entertainment w/ Emilio 03:00 Happy Hour 05:00 Dinner	15 08:30 Breakfast 09:30 In the Kitchen 11:00 Fitness 12:00 Lunch 03:00 Swing Easy Big Band -TS 03:30 You & me 05:00 Dinner

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16 09:30 Cafe Social 10:30 Church Service 11:00 Fitness 12:00 Lunch 02:30 For the fun of fit 03:00 Puzzle Buddies 05:00 Dinner	17 08:30 Breakfast 09:30 Neighborhood Time 11:00 Bingo 12:00 Lunch 02:00 Emma’s Outing Scenic Fall Drive 03:00 Bible Story w/Motas-TH 03:30 Musical Moment 05:00 Dinner 06:45 Pub Night W/ Samira- TS	18 08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 Express Yourself 02:30 Tree Lighting Ceremony 03:30 Circle Of Friends 05:00 Dinner	19 08:30 Breakfast 12:00 Lunch 01:00 Neighborhood Time 01:30 Hymn Sing With Bobo 02:00 Visits W/ Bobo 03:30 Java Music Time 05:00 Dinner 06:30 Stepping out	20 08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 Jeopardy Trivia - TH 03:30 Manicures 05:00 Dinner 07:00 Miss Universe Finals - TH	21 08:30 Breakfast 09:30 Neighborhood Time 10:30 Celebration of Life 11:00 Sing along Karaoke 12:00 Lunch 02:30 You & Me 03:00 Happy Hour 05:00 Dinner	22 08:30 Breakfast 09:30 In the Kitchen 11:00 Fitness 12:00 Lunch 02:30 Hot Cocoa Delight 03:30 Express Yourself 05:00 Dinner
23 08:30 Breakfast 09:30 Neighborhood Time 10:30 Church Service 11:00 Fitness 12:00 Lunch 02:30 Senses & Smile 03:30 Circle Of Friends 05:00 Dinner	24 08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 November Birthday Celebrations - TS 05:00 Dinner	25 08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 Mind Joggers 03:30 Manicures 05:00 Dinner	26 08:30 Breakfast 12:00 Lunch 01:00 Neighborhood Time 01:30 Hymn Sing With Bobo 02:00 Visits W/ Bobo 03:30 Java Music Time 05:00 Dinner 06:30 Stepping out	27 08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 For the Fun of Fit 03:30 Manicures 05:00 Dinner	28 Christmas Bazaar 08:30 Breakfast 09:30 Neighborhood Time 11:00 Bingo 12:00 Lunch 02:30 You & Me 03:00 Happy Hour 05:00 Dinner	29 08:30 Breakfast 09:30 In the Kitchen 11:00 Fitness 12:00 Lunch 02:30 Express Yourself 03:30 Stepping out 05:00 Dinner
30 09:30 Cafe Social 10:30 Church Service 11:00 Fitness 12:00 Lunch 02:30 For the fun of fit 03:00 Toronto All Start Big Band 05:00 Dinner	NOVEMBER BIRTHDAYS Jan C. 4th November Nina P. 5th November Wendy W. 5th November Margaret S. 17th November					

