

# SEPTEMBER

## Belle River Neighbourhood

### Wisdom of the Elder Question Series

What is one choice you believe everyone should always have for themselves?



| Sunday                                                                                                                             | Monday                                                                                                                                                                         | Tuesday                                                                                                                              | Wednesday                                                                                                                                                                                 | Thursday                                                                                                                                                            | Friday                                                                                                                                                                | Saturday                                                                                                            |
|------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|
|                                                    |                                                                                               | <b>1</b><br>9:00 Neighbourhood Time<br>10:30 Target Toss<br>2:00 Shake Loose a Memory<br>3:15 Outdoor Walks                          | <b>2</b><br>9:15 Fitness Class<br>10:00 Chapel Service<br>11:00 Word Puzzles<br>2:00 Patio Time & Ice Cream Treats<br>3:15 Uno Game                                                       | <b>3</b><br>9:30 Ceramics<br>11:00 Music Therapy<br>1:15 Neighborhood Time<br>2:30 Craft Corner<br>"Ice Cream Cones"<br>6:15 Word in a Word                         | <b>4</b><br>9:00 Neighbourhood Time<br>9:15 Fitness Class<br>10:00 BINGO<br>2:30 George in the Kitchen<br>3:00 Greenhouse Club                                        | <b>5</b><br>9:00 Neighbourhood Time<br>10:30 Latin Salsa Dance Class<br>2:00 Colour Your World<br>3:30 Trivia Time  |
| <b>6</b><br>9:00 Neighbourhood Time<br>10:30 For the Soul<br>2:00 Bocce Ball<br>3:15 Have You Ever?                                | <b>7 Labour Day</b><br>12:45 Neighbourhood Time<br>2:00 Legacy Players Drama<br>3:15 You and I<br>6:15 Family Feud                                                             | <b>8</b><br>9:00 Neighbourhood Time<br>10:30 Zumba (Ch)<br>2:00 Resident Council Meeting<br>2:30 Circle of Friends                   | <b>9</b><br>9:15 Fitness Class<br>10:00 Chapel Service<br>11:00 Trivia Time<br>2:00 Muisic by the Belle River Fun Band                                                                    | <b>10 Conversation Cafe</b><br>9:00 Neighbourhood Time<br>10:00 Library Visits<br>11:00 Music Therapy<br>2:00 Basketball Fun<br>3:15 Snack Attack!<br>"Chips & Pop" | <b>11</b><br>9:00 Neighbourhood Time<br>9:15 Fitness Class<br>10:00 BINGO<br>2:30 George in the Kitchen<br>3:00 Greenhouse Club                                       | <b>12 Family BBQ</b><br>9:00 Neighbourhood Time<br><br>FAMILY BBQ - 11:30am-1pm<br><br>3:15 It's Puzzling!          |
| <b>13 Grandparents Day</b><br>9:00 Neighbourhood Time<br>10:30 "Grand" Word Games<br>2:30 Parkwood Gospel Chruch<br>3:15 You and I | <b>14</b><br>9:15 Fitness Class<br>12:45 Neighbourhood Time<br>2:30 Autumn Photos & Cider Social<br>6:15 2-12 Dice Game                                                        | <b>15</b><br>8:30 Breakfast Bunch<br>9:00 Neighbourhood Time<br>10:30 Zumba (Ch)<br>2:00 Roman Catholic Mass<br>3:15 Java Music Club | <b>16 Main Street Sale</b><br>9:15 Fitness Class<br>10:00 Chapel Service<br>2:00 Word Puzzles<br>3:15 Horse Races<br>6:30 Pub Night with Mark Crampsie                                    | <b>17</b><br>9:00 Neighbourhood Time<br>11:00 Music Therapy<br>2:00 Celebration of Life<br>3:00 Crossword Challenge                                                 | <b>18 LTC Community Engagement Day</b><br>9:00 Neighbourhood Time<br>9:15 Fitness Class<br>10:00 Car Show & BBQ<br>2:30 George in the Kitchen<br>3:00 Greenhouse Club | <b>19</b><br>9:00 Neighbourhood Time<br>10:30 Latin Salsa Dance Class<br>2:30 Autumn Scrapbooking<br>3:15 You and I |
| <b>20</b><br>9:00 Neighbourhood Time<br>10:30 For the Soul<br>2:00 Ladderball<br>3:15 You Be the Judge                             | <b>21 International Peace Day</b><br>9:15 Fitness Class<br>10:00 Chapel Music Service<br>2:00 Family Feud<br>3:15 Snack Attack!<br>"Coffee & Timbit"<br>6:15 Circle of Friends | <b>22</b><br><br>10:00 Funny Videos<br><br>2:00 Afternoon Movie                                                                      | <b>23</b><br>9:00 Neighbourhood Time<br>9:15 Fitness Class<br>10:00 Chapel Service<br>2:30 McDonalds Picture BINGO<br>5:15 Order-In Meal<br>"McDonalds"                                   | <b>24 Arts &amp; Aging Day</b><br>9:00 Neighbourhood Time<br>9:30 Ceramics<br>11:00 Music Therapy<br>1:15 Neighbourhood Time<br>2:00 Carpentry Club                 | <b>25</b><br>9:00 Neighbourhood Time<br>9:15 Fitness Class<br>10:00 BINGO<br>2:30 George in the Kitchen<br>3:00 Greenhouse Club                                       | <b>26</b><br>9:00 Neighbourhood Time<br>10:30 Musical Moments<br>2:00 Target Toss<br>3:30 Trivia Time               |
| <b>27</b><br>9:00 Neighbourhood Time<br>10:30 Craft Corner<br>"Fall Leaves"<br>2:00 Banwell Church Service<br>3:15 You and I       | <b>28</b><br>9:00 Neighbourhood Time<br>9:15 Fitness Class<br>12:45 Neighbourhood Time<br>2:00 Colour Your World<br>3:15 Java Music Club<br>6:15 Fun & Games                   | <b>29</b><br>9:00 Neighbourhood Time<br>10:30 Zumba (Ch)<br>1:30 You and I<br>2:00 Food Committee Meeting                            | <b>30 National Day for Truth and Reconciliation</b><br>9:00 Neighbourhood Time<br>9:15 Fitness Class<br>10:00 Chapel Service<br>2:00 Armchair Travel "Canada"<br>3:15 Maple Treats Social |                                                                                |                                                                                                                                                                       |                                |