

SEPTEMBER

Riverside Neighbourhood

Wisdom of the Elder Question Series

What is one choice you believe everyone should always have for themselves?



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 1:00 Neighbourhood Time 2:00 Manicures 3:00 Afternoon Movie 6:00 Evening Social	2 9:30 Fitness Class 1:00 Neighbourhood Time 2:30 Popsicles on the Balcony 3:30 All About You Visits (1:1) 6:00 Crossword Challenge	3 9:00 Neighbourhood Time 9:30 Ceramics 10:00 Music Therapy 11:00 Chapel Service 2:30 IN2L Games 3:30 All About You Visits (1:1)	4 9:00 Neighbourhood Time 10:00 Nature Club 11:00 Fitness Class 2:30 Bingo 3:00 Greenhouse Club 3:30 All About You Visits	5 9:00 Neighbourhood Time 10:30 Latin Salsa Dance Class 2:30 Java Music Club 3:30 All About You Visits (1:1)
6 9:00 Neighbourhood Time 10:30 Online Church Service 2:30 Sunshine Walks 3:30 All About You Visits (1:1)	7 Labour Day 9:00 Neighbourhood Time 10:00 Music on the Balcony 11:00 Fitness Class 2:00 Legacy Players Drama 3:30 All About You Visits (1:1)	8 9:00 Neighbourhood Time 10:30 Zumba (Ch) 2:00 Resident Council Meeitng 2:00 Patio Chats	9 9:30 Fitness Class 1:00 Neighbourhood Time 2:00 Music by the Belle River Fun Band 3:30 All About You Visits (1:1) 6:00 Word in a Word	10 Conversation Cafe 9:00 Neighbourhood Time 10:00 Music Therapy 11:00 Chapel Service 2:30 Family Feud 3:30 All About You Visits (1:1)	11 9:00 Neighbourhood Time 10:00 Crafty Creations 'Sunflowers' 11:00 Fitness Class 2:30 Bingo 3:00 Greenhouse Club	12 Family BBQ 9:00 Neighbourhood Time FAMILY BBQ 11:30am-1pm 2:30 Sunshine Walks 3:30 All About You Visits
13 Grandparents Day 9:00 Neighbourhood Time 10:30 Music & Hand Massages 2:30 Parkwood Gospel Church 3:30 All About You Visits (1:1)	14 9:00 Neighbourhood Time 10:00 Manicures 11:00 Fitness Class 2:30 Picture Bingo 'Favourite Food' 3:30 All About You Visits (1:1)	15 8:30 Breakfast Bunch 10:30 Zumba (Ch) 1:00 Neighbourhood Time 2:00 Roman Catholic Mass 3:30 All About You Visits (1:1) 6:00 Evening Fun	16 Main Street Sale 9:30 Fitness Class 1:00 Neighbourhood Time 2:00 Afternoon Movie 3:30 All About You Visits (1:1) 6:30 Pub Night with Mark Crampsie	17 9:00 Neighbourhood Time 10:00 Music Therapy 11:00 Chapel Service 2:00 Celebration of Life 3:30 All About You Visits (1:1)	18 LTC Community Engagement Day 9:00 Neighbourhood Time 10:00 Car Show & BBQ? 11:00 Fitness Class 2:30 Bingo 3:00 Greenhouse Club	19 9:00 Neighbourhood Time 10:30 Latin Salsa Dance Class 2:30 Apple Pie Social 3:30 All About You Visits (1:1)
20 9:00 Neighbourhood Time 10:30 Online Church Service 2:30 Ice-cream Social 3:30 All About You Visits (1:1)	21 Intl Day of Peace 9:00 Neighbourhood Time 10:00 Chapel Music Service 11:00 Fitness Class 2:30 Crafty Creations 'Autumn' 3:30 All About You Visits (1:1)	22 10:00 Funny Videos 2:00 Afternoon Movie	23 9:00 Neighbourhood Time 9:30 Fitness Class 10:30 Word in a Word 2:30 Checkers Challenge 3:30 All About You Visits (1:1)	24 Arts & Aging Day 9:00 Neighbourhood Time 9:30 Ceramics 10:00 Music Therapy 11:00 Chapel Service 2:00 Carpentry Club 3:30 All About You Visits (1:1)	25 9:00 Neighbourhood Time 10:00 Sunshine Walks 11:00 Fitness Class 2:30 Bingo 3:00 Greenhouse Club 3:30 All About You Visits (1:1)	26 9:00 Neighbourhood Time 10:30 Manicures 2:30 Johnny Appleseed Trivia 3:30 All About You Visits (1:1)
27 9:00 Neighbourhood Time 10:30 Music & Hand Massages 2:00 Banwell Church Service 3:30 All About You Visits (1:1)	28 9:00 Neighbourhood Time 10:00 Balcony 11:00 Fitness Class 2:30 Picture Bingo 'Woodland' 3:30 All About You Visits (1:1)	29 10:30 Zumba (Ch) 1:00 Neighbourhood Time 2:00 Food Committee Meeting 2:30 All About You Visits (1:1) 6:00 Fun & Games	30 National Day for Truth and Reconciliation 9:30 Fitness Class 1:00 Neighbourhood Time 2:30 Armchair Travel 3:30 All About You Visits (1:1) 6:00 Crossword Challenge			