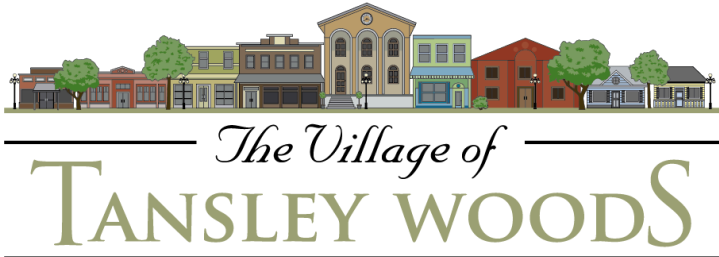


October 2026

Emma's East Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				10:30 Neighbourhood Time 1 11:00 Circle of Friends 3:15 Bingo 4:15 You & Me	10:00 Bazaar Crafts 2 11:00 Exercise Class 2:00 Brains & Banter 3:30 Musical Moments	Car Show 3 9:30 Neighbourhood Time 10:00 Church Service 1:00 - 3:00 Car Show (RH Turn Circle)
Active Aging Week Begins 4 10:00 For the Soul 11:00 Exercise Class 2:00 Armchair Travel	10:30 Art Therapy 5 11:00 Neighbourhood Time 2:15 Stepping Out 3:00 Active Games	10:00 Neighbourhood Time 6 11:00 Exercise Class 11:30 Musical Moments	11:00 Exercise Class 7 4:00 Chocolate Bingo 6:30 Musical Moments 7:30 Nails	10:30 Neighbourhood Time 8 11:00 Circle of Friends 3:15 Bingo 4:15 You & Me	10:00 Bazaar Crafts 9 11:00 Exercise Class	Active Aging Week Ends 10 9:30 Neighbourhood Time 10:00 Church Service 2:00 Bunny Visits
11:00 Exercise Class 11 1:00 Armchair Travel 2:00 Timbits & Coffee	Thanksgiving 12 10:30 Express Yourself 11:00 Neighbourhood Time 2:15 Stepping Out 3:00 Active Games	10:30 Neighbourhood Time 13 11:00 Exercise Class 2:30 Stepping Out 4:00 Active Games	11:00 Exercise Class 14 2:30 Coffee & Conversation 4:00 Chocolate Bingo 6:30 You & Me	10:30 Neighbourhood Time 15 11:00 Circle of Friends 3:15 Bingo 4:15 You & Me	10:00 Bazaar Crafts 16 11:00 Exercise Class 2:30 In the Kitchen 3:45 Active Games	9:30 Neighbourhood Time 17 10:00 Virtual Church Service 2:00 Stepping Out
10:00 For the Soul 18 11:00 Exercise Class 2:00 Armchair Travel	10:30 Art Therapy 19 11:00 Neighbourhood Time 3:00 Active Games	10:30 Neighbourhood Time 20 11:00 Exercise Class 1:30 Outing	11:00 Exercise Class 21 4:00 Chocolate Bingo 6:30 Musical Moments 7:30 Nails	Country Western Day 22 10:00 Monty Visits	10:00 Bazaar Crafts 23 11:00 Exercise Class 2:30 Little Hobby Hill Farm	9:30 Neighbourhood Time 24 10:00 Church Service 2:00 Bunny Visits
11:00 Exercise Class 25 1:00 Armchair Travel 2:00 Timbits & Coffee	10:30 Art Therapy 26 11:00 Neighbourhood Time 3:00 Birthday Party	10:30 Neighbourhood Time 27 11:00 Exercise Class 2:15 Express Yourself 3:00 Bowling	11:00 Exercise Class 28 2:30 Apple Social 4:00 Chocolate Bingo 6:30 You & Me	10:30 Neighbourhood Time 29 11:00 Circle of Friends 3:15 Bingo 4:15 You & Me	8:00 Breakfast Club 30 10:00 Bazaar Crafts 11:00 Exercise Class 3:00 In the Kitchen	Halloween 31 9:30 Neighbourhood Time 10:00 Church Service 11:00 Halloween Parade (Main Street) 2:00 Stepping Out