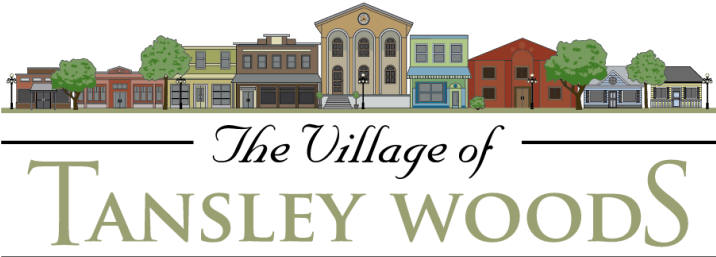


October 2026

Emma's West Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				9:30 Stepping Out 10:30 Art Therapy 2:15 Brains & Banter 3:30 For the Fun of Fit 1	1:00 Neighbourhood Time 3:00 Nachos and Cheese Social 6:30 Brains & Banter 7:30 You & Me 2	Car Show 1:00 - 3:00 Car Show (RH Turn Circle) 1:30 Church Service 4:00 Bunny Visits 3
Active Aging Week Begins 1:00 Neighbourhood Time 2:15 For the Soul 3:00 Café Time 4:00 Stepping Out 6:30 Nails 4	10:00 Java Time 2:15 For the Fun of Fit 3:30 Chocolate Bingo 5	2:00 Sing Along 3:30 Bocce Ball 6:30 Express Yourself 7:30 Hymn Sing 6	9:30 Neighbourhood Time 10:30 Java Time 2:30 Armchair Travel 3:45 Chocolate Bingo 7	9:30 Stepping Out 10:30 Art Therapy 2:00 Movie Matinee & Popcorn 3:30 You & Me 8	9:30 Neighbourhood Time 11:00 Brains & Banter 3:00 Tea Party 6:30 Bunny Visits 9	Active Aging Week Ends 9:30 Neighbourhood Time 10:00 Chocolate Bingo 1:30 Church Service 2:30 For the Fun of Fit 10
9:30 Express Yourself 10:30 Circle of Friends 2:00 Nails 3:00 Café Time 3:30 For the Soul 11	Thanksgiving 9:30 In the Kitchen 10:00 Mother Goose 2:15 For the Fun of Fit 3:30 Chocolate Bingo 12	2:00 Sing Along 3:30 Bocce Ball 6:30 Express Yourself 7:30 You & Me 13	9:30 Neighbourhood Time 10:30 Java Time 2:15 For the Fun of Fit 3:45 Chocolate Bingo 14	9:30 Stepping Out 10:30 Art Therapy 2:15 Brains & Banter 3:30 For the Fun of Fit 15	9:00 Neighbourhood Time 6:30 Musical Moments 7:30 Bunny Visits 16	1:30 Virtual Church Service 2:30 Express Yourself 4:00 Stepping Out 17
1:00 Neighbourhood Time 2:15 For the Soul 3:00 Café Time 4:00 Stepping Out 6:30 Nails 18	9:30 Neighbourhood Time 10:00 Brains & Banter 19	2:00 Sing Along 2:30 Live Entertainment: Split Decision 3:30 Bocce Ball 6:30 Express Yourself 7:30 Hymn Sing 20	9:30 Neighbourhood Time 10:30 Java Time 3:45 Chocolate Bingo 21	Country Western Day 10:30 Art Therapy 22	9:30 Neighbourhood Time 11:00 Brains & Banter 1:30 Outing 23	9:30 Neighbourhood Time 10:00 Chocolate Bingo 1:30 Church Service 2:30 For the Fun of Fit 24
9:30 Express Yourself 10:30 Circle of Friends 2:00 Nails 3:00 Café Time 3:30 For the Soul 25	10:00 Java Time 2:15 For the Fun of Fit 3:00 Birthday Party 3:30 Chocolate Bingo 26	2:00 Sing Along 3:30 Bocce Ball 6:30 Express Yourself 7:30 You & Me 27	9:30 Neighbourhood Time 10:30 Java Time 2:15 For the Fun of Fit 3:45 Chocolate Bingo 28	10:30 Art Therapy 2:15 Brains & Banter 3:30 For the Fun of Fit 29	8:00 Breakfast Club 11:00 Brains & Banter 3:00 Halloween Happy Hour 6:30 Musical Moments 7:30 Bunny Visits 30	Halloween 11:00 Halloween Parade (Main Street) 1:30 Church Service 2:30 Express Yourself 4:00 Stepping Out 31