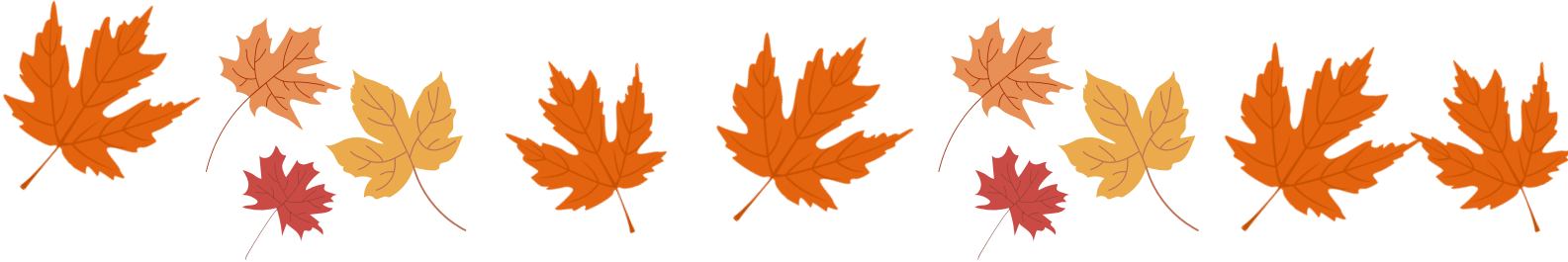


OCTOBER

Kingsdale Neighbourhood

Legend	Trussler (TL) Newberry (NB) Strasburg (SB) Aberdeen (AB) Roseville (RV) Kingsdale (KD)	Sandhills (SH) Waldau (WD) Haysville (HV) Eby (EB)	LTC Pinehaven Community (PCC) Ret. Town Hall (TH) Ret. Spiritual Care Centre (SCC) Ret. Fireside Lounge (FS) Ret. Dining Room (RET DR) Ret. John Sweeney Room (JS)
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:15 Morning TV 2:00 UNO Card Game 3:00 Bowling 4:00 Neighbourhood Time 6:15 Movie Night	2 10:00 Exercise 11:00 Sentimental Journey 2:00 Ring Toss 3:00 Church 4:00 Neighbourhood Time	3 10:00 Exercise 11:00 Dice Games 2:00 Express Yourself 3:00 Stepping Out 4:00 Neighbourhood Time
4 10:00 Spiritual Connection 11:00 Morning Trivia 2:00 Active Games 3:00 Afternoon Movie 4:00 Neighbourhood Time	5 10:00 Total Body Fitness 11:00 Creative Corner 2:00 Bingo 3:00 Spiritual Moments 4:00 Neighbourhood Time	6 9:45 Horticulture 11:00 Spooky Hangman 2:00 Manicures 3:00 Card Games 4:00 Neighbourhood Time	7 9:45 Music Therapy 11:00 Short Stories 2:00 Java Music Club 3:00 Fun and Fitness 4:00 Neighbourhood Time	8 10:15 Morning TV 2:00 Ring Toss 3:00 Dominoes 4:00 Neighbourhood Time 6:15 Games Corner	9 10:00 Exercise 11:00 Knock-Out-Dice Games 2:00 Jigsaw Puzzle Solving 2:30 Celebration of Life (RET) 4:00 Neighbourhood Time	10 10:00 Exercise 11:00 Arts and Crafts 2:00 Bingo 3:00 Colouring Me Calm 4:00 Neighbourhood Time
11 10:00 Spiritual Connection 11:00 Active Games 2:00 Scrabble 3:00 Stepping Out 4:00 Neighbourhood Time	12 Thanksgiving Day 10:00 Total Body Fitness 11:00 Music Corner 2:00 Thanksgiving Social 3:00 Spiritual Moments 4:00 Neighbourhood Time	13 Timbit Day 9:45 Horticulture 11:00 Word Scramble 2:00 Manicures 3:00 Coloring Me Calm 4:00 Neighbourhood Time	14 9:45 Music Therapy 11:00 Active Games 2:00 Java Music Club 3:00 Fun and Fitness 4:00 Neighbourhood Time	15 10:15 Morning TV 2:00 Crazy 8's Card Game 3:00 Bowling 4:00 Neighbourhood Time 6:15 Movie Night	16 10:00 Exercise 11:00 Neighbourhood Resident Meeting 2:00 Sip and Paint 3:00 Church 4:00 Neighbourhood Time	17 10:00 Exercise 11:00 Balloon Toss 2:00 Aqua Painting 3:00 Stepping Out 4:00 Neighbourhood Time
18 10:00 Spiritual Connection 11:00 Plant Care 2:00 You and Me 3:00 Aqua Painting 4:00 Neighbourhood Time	19 10:00 Total Body Fitness 11:00 Creative Corner 2:00 Bingo 3:00 Spiritual Moments 4:00 Neighbourhood Time	20 9:45 Horticulture 11:00 Scattergories 2:00 Halloween Trivia 4:00 Neighbourhood Time 7:00 Oktoberfest Party with Hofbrau band	21 9:45 Music Therapy 11:00 Express Yourself 2:00 Java Music Club 3:00 Fun and Fitness 4:00 Neighbourhood Time	22 10:15 Morning TV 2:00 Sentimental Journey 3:00 UNO Card Games 4:00 Neighbourhood Time 6:15 Games Corner	23 10:00 Exercise 11:00 Scrabble 2:00 Active Games 3:00 Church 4:00 Neighbourhood Time	24 10:00 Exercise 11:00 Bingo 2-4 Halloween Trick or Treat Event
25 10:00 Spiritual Connection 11:00 Morning Trivia 2:00 Express Yourself 3:00 Colouring Me Calm 4:00 Neighbourhood Time	26 10:00 Total Body Fitness 11:00 Food Committee 2:00 Bingo 3:00 Spiritual Moments 4:00 Neighbourhood Time	27 9:45 Horticulture 11:00 Word Scramble 2:00 Manicures 3:00 Balloon Toss 4:00 Neighbourhood Time	28 9:45 Music Therapy 11:00 Active Games 2:00 Java Music Club 3:00 Fun and Fitness 4:00 Neighbourhood Time	29 10:15 Residents' Council - TH 2:00 Brains and Banter 3:00 Bowling 4:00 Neighbourhood Time 6:15 Movie Night	30 10:00 Exercise 11:00 Knock-Out Dice Games 3:00 Church 4:00 Neighbourhood Time	31 Halloween 10:00 Exercise 11:00 Halloween Bingo 2:00 Halloween Social 4:00 Neighbourhood Time

OCTOBER

OCTOBER SPECIAL EVENTS

Oct. 1st 10:30am - Chime Choir Town Hall

Oct. 5th 10:00am - Brent Meidinger on Haysville

Oct. 6th 6:00pm - Tom Denomme on Aberdeen

Oct. 8th 2:00pm - Sheryl W on Kingsdale

Oct. 14th 2:00pm - Peg Talks on Strasburg

Oct. 15th 2:00pm - Kevin Coates on Trussler

Oct. 15th 2:00pm - Cyber Security & Technology
for Seniors

Oct. 17th 2:00pm - The Irregulars on Newberry

Oct. 19th 2:00pm - Dynamic Duo on Aberdeen

Oct. 19th 3:30pm - Dynamic Duo on Sandhills

Oct. 20th 7:00pm - Oktoberfest Party with
Hofbrau Band in Retirement

Oct. 23rd 2:00pm - Erin Marie on Strasburg

Oct. 23rd 3:30pm - Erin Marie on Waldau

Oct. 24th 2:00-4:00pm - Halloween Trick or Treat

Oct. 26th 2:00pm - Dance Party on TL

Oct. 27th 6:00pm - Tom Denomme on Strasburg

Oct. 29th 2:00pm - Jack Cooper on Eby

Oct. 30th 10:00am - Kevin Coates on Roseville

Monthly Meetings

VAT Committee 10:30am

3rd Tuesday of the Month
Ret. Library

Kingsdale Resident Meeting
October 16th at 11:00

Residents' Council
October 29th at 10:15am - PHCC

Food Committee
October 26th at 1:45pm -PHCC



SPIRITUAL PROGRAMS

Catholic Rosary:

Thursdays at 10:30am

Protestant Communion:

Oct 7th - 11:00am

Celebration of Life:

Oct 9th - 2:00pm

Through the Ages Music Program:

Oct 15th - 10:15am

Catholic Mass:

Oct 21st - 10:30am

Sunday Services:

Oct 4th - 2:00pm (Hector)

Oct 18th - 2:00pm (Kathleen)

Oct 25th - 2:00pm (Royal)

All Spiritual programs will take place
in the Spiritual Care Centre