

OCTOBER

Lambton

Legend

C—Chapel

TH—Town Hall

MF— Main Floor

TS—Town Square

SC—Social Club

FE—Front Entrance

L—Library

EM—Emma’s

HS—Hobby Shop

JPL — Jack Purcell Lounge

BP— Back Patio

FC—Fitness Centre

MFC — Main Floor Café

PC—Patio Courtyard

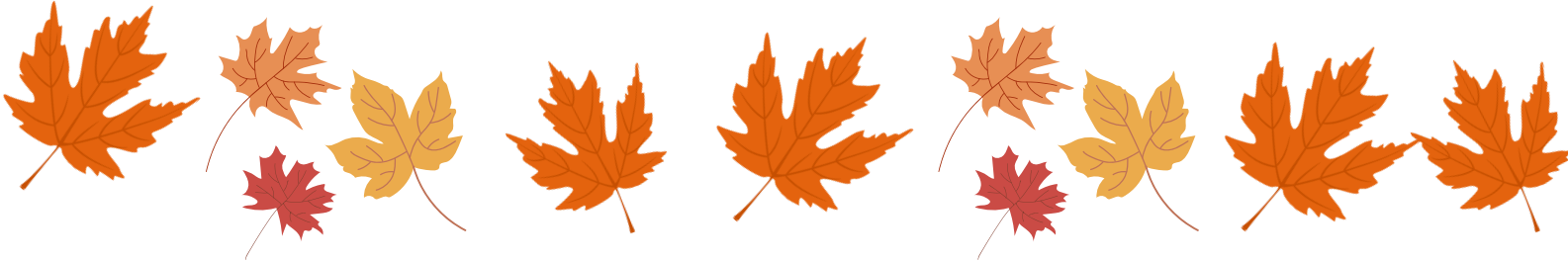
● — Outing

◆ —Resident Run Program

■ — Off the Neighbourhood

Note/Announcement:

words go here.....

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 International Day For Older Person 10:00 Pretzels Social 11:00 Excercise 02:30 OktoberFest Live Entertainment With Antonella 04:00 You & I	2 World Smile Day 01:00 You & I 02:00 Catholic Mass 03:00 In the Kitchen: Confetti Cake 4:30 Manicures 6:00 Stepping Out	3 10:00 In the Kitchen: Pumpkin Bread 11:00 Musical Moments 02:30 Ice Cream Social 04:00 You & I
4 10:00 Fellowship Service 10:00 Soothing Sensations 11:00 You & I 02:30 For the Fun Of Fit 04:00 Stepping Out	5 Active Aging Week 10:00 Outing: Centennial Park 10:30 Presentation With Dagmara 02:00 Baptist Church 02:30 Zumba With Aeron 04:00 You & I	6 09:30 Neighborhood Time 10:00 Manicures 02:00 Movement Bingo 03:00 Spiritual Service 03:30 For the Fun Of Fit 04:00 Dominos	7 11:00 Horticultural Therapy 01:00 Neighborhood Time 01:30 You & I 02:00 Music Therapy 03:00 For the fun Of Fit 06:00 Stepping Out	8 Vendor - Monika 09:30 Neighborhood Time 10:00 Fall Crafts 10:00 Soothing Sensations 11:00 Knitting 02:30 Java Music 04:00 Stepping Out	9 World Mental Health Day 09:30 Reading Time 10:00 For the Fun Of Fit 11:00 Outing: Mandarin 02:00 Catholic Mass 03:00 Social 04:00 Stepping Out	10 Tradition Alive Vendor 10:00 For the Fun Of Fit 11:00 Musical Moments 02:00 Ice Cream Social 03:00 Express Yourself 03:30 For the Fun of Fit 04:00 Stepping Out
11 10:00 Fellowship Service 11:00 Feel & Fold 02:30 Manicures 03:00 For the Fun of Fit 04:00 Stepping Out	12 Thanksgiving Day 09:30 Neighborhood Time 10:00 In the Kitchen: Cinnamon Rolls 02:30 Live Entertainment With Zack 04:00 You & I	13 09:30 Neighborhood Time 10:00 Neighborhood Drive 03:00 Spiritual Service 03:30 For the Fun Of Fit 04:00 You & I	14 11:00 Horticultural Therapy 01:00 Neighborhood Time 02:00 Music Therapy 02:30 Latin Dance with Amir 03:30 Dominos 06:00 Stepping Out	15 10:00 For the Fun Of Fit 11:00 Stepping Out 03:00 Resident Council Meeting 03:00 Social: Hot chocolate 04:00 You & I	16 01:00 Soothing Sensations 02:00 Catholic Mass 03:00 Fall Crafts 03:30 Reading Time 04:00 Dominos 06:00 Stepping Out	17 10:00 In the Kitchen: CheeseCake 11:00 Circle Of Friends 02:30 Social 04:00 Stepping Out
18 10:00 Fellowship Service 10:00 Soothing Sensations 02:30 Birthday Celebration With Emilio 04:00 You & I	19 10:00 In the Kitchen: Apple Strudel 11:00 Musical Moments 02:30 Movement Bingo 03:30 Soothing Sensations 04:00 Stepping Out	20 10:00 Outing: Black Creek 10:00 Manicures 03:00 Spiritual Service 03:30 For the Fun Of Fit 04:00 Stepping Out	21 Diann’s -Vendor 11:00 Horticultural Therapy 01:00 Neighborhood Time 01:30 Reading Time 02:00 Music Therapy 03:00 For the fun Of Fit 06:00 Stepping Out	22 10:00 Neighborhood Time 02:30 Express Yourself 03:30 Circle of Friends 04:00 You & I	23 Dolores -Vendor 10:00 Express Yourself: Halloween 11:00 Musical Moments 02:00 Catholic Mass 03:00 Java Music 04:00 You & I	24 10:00 In the Kitchen: Pumpkin Bars 11:00 Express Yourself 02:30 Manicures 03:00 For the Fun of Fit 04:00 Stepping Out
25 10:00 Fellowship Service 10:00 Feel & Fold 11:00 Reading Time 02:30 Malta Big Band 04:00 Stepping Out	26 Election Day 09:30 Neighborhood Time 10:00 Election Day 10:00 For the Fun Of Fit 11:00 Dominos 02:30 Java Music 04:00 Stepping Out	27 10:00 Pumpkin Outing 10:00 Manicures 03:00 Spiritual Service 03:30 For the Fun Of Fit 04:00 You & I 06:30 Pub Night With Noah	28 11:00 Horticultural Therapy 01:00 Neighborhood Time 02:00 Music Therapy 03:00 Pumpkin Decoration 04:00 You & I 06:00 Stepping Out	29 09:30 Neighborhood Time 10:00 Social: Pumpkin Spice Latte 11:00 Circle of Friends 03:00 Pumpkin Decoration 04:00 You & I	30 Halloween 10:00 Halloween Parade 02:00 Catholic Mass 02:30 Pumpkin Contest 04:00 You & I	31 Halloween 10:00 In the Kitchen: Banana Bread 11:00 Table Blowing 02:30 Express Yourself 04:00 Stepping Out

OCTOBER

Popcorn and Movie Night

Popcorn can be picked up at HS 15 minutes before the movie plays.

Friday Movies for the month:

4 - Twister

11 - Notebook

18 - La La Land

25 - Top Gun

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 11:30 Bus pick up - LTC	19 11:30 Bus pick up - LTC	20 11:30 Bus pick up - LTC	21 11:30 Bus pick up - LTC	22 11:30 Bus pick up - LTC	23 11:30 Bus pick up - LTC	24 11:30 Bus pick up - LTC
25 11:30 Bus pick up - LTC	26 11:30 Bus pick up - LTC	27 11:30 Bus pick up - LTC	28 11:30 Bus pick up - LTC	29 11:30 Bus pick up - LTC	30 11:30 Bus pick up - LTC	31 11:30 Bus pick up - LTC

Note/Highlights:
Delete if you don't need it

Extra Notes - Delete if you don't need

