

OCTOBER

Strasburg Neighbourhood

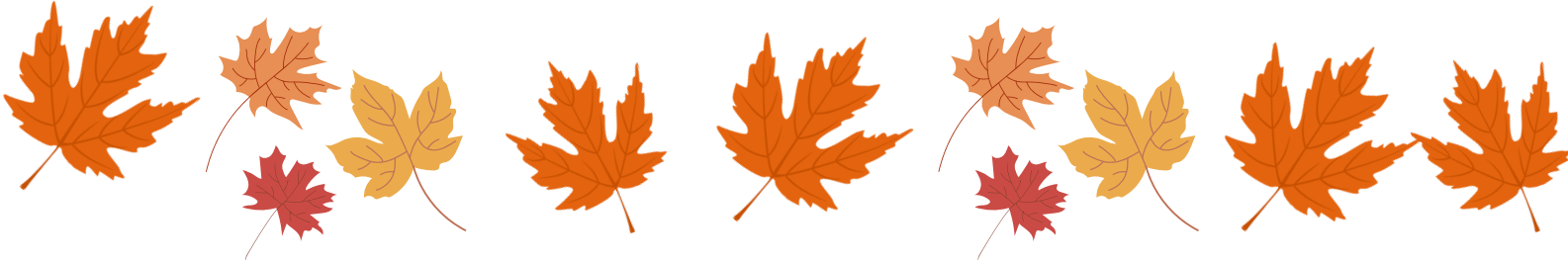
Legend

Trussler (TL)
Newberry (NB)
Strasburg (SB)
Aberdeen (AB)
Roseville (RV)
Kingsdale (KD)

Sandhills (SH)
Waldau (WD)
Haysville (HV)
Eby (EB)

LTC Pinehaven Community (PCC)
Ret. Town Hall (TH)
Ret. Spiritual Care Centre (SCC)
Ret. Fireside Lounge (FS)
Ret. Dining Room (RET DR)
Ret. John Sweeney Room (JS)

“Autumn shows us how beautiful it is to let things go”

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00 Chime Choir 11:00 Ball Exercise 1:30 Spiritual Chats 2:30 Cafe Chats 3:30 Tai Chi	2 World Smile Day 10:00 Exercise 10:30 Bowling 1:30 Time for Laughter 3:00 Neighbourhood Time 3:00 Word Games	3 10:00 Exercise 10:30 Bingo 1:30 Outdoor Walks 2:00 Euchre Party 3:30 Neighbourhood Time 3:30 Pet Visits
4 10:00 Exercise 10:30 TV Church 11:00 Java Music 1:30 Stirring up Memories 3:00 Neighbourhood Time	5 Election Day 9:30 Walmart Outing 9:30 Morning TV 1:30 Art Group 3:00 Planting Friendships 3:00 Neighbourhood Time 3:00 Planting friendships	6 10:00 Total Body Fitness 11:00 Church 1:30 Hand & Nail Spa 3:00 Bible Study 3:00 Neighbourhood Time 6:00 Game Night	7 10:00 Exercise 11:00 Hymn Sing 1:30 Resident Meeting 3:00 Neighbourhood Time 3:00 Horticulture Therapy	8 Eggs Your Way 10:00 Chime Choir 11:00 Ball Exercise 1:30 Spiritual Chats 2:30 Cafe Chats 3:30 Tai Chi	9 10:00 Exercise 10:30 Bowling 2:30 Celebration of Life 3:30 Neighbourhood Time	10 10:00 Exercise 10:30 Bingo 1:30 Afternoon Matinee with Snacks & Drinks 3:30 Neighbourhood Time 3:30 Pet Visits
11 10:00 Exercise 10:30 TV Church 11:00 Short Stories 1:30 Stirring up Memories 3:00 Neighbourhood Time	12 Happy Thanksgiving 10:00 Exercise 11:00 Word Games 2:00 Thanksgiving Social 3:00 Planting Friendships 3:00 Neighbourhood Time 3:00 Planting Friendships	13 Timbit Day 10:00 Total Body Fitness 11:00 Church 1:30 Hand & Nail Spa 3:00 Bible Study 3:00 Neighbourhood Time 6:00 Game Night	14 Chinese Order In 10:00 Exercise 11:00 Hymn Sing 1:30 Horse Racing 3:00 Neighbourhood Time 3:00 Horticulture Therapy	15 10:00 Chime Choir 11:00 Ball Exercise 1:30 Spiritual Chats 2:30 Cafe Chats 3:30 Tai Chi	16 10:00 Exercise 10:30 Bowling 1:30 Board Games 3:00 Neighbourhood Time 3:00 Word Games 3:30 Hand Therapy - PAL	17 10:00 Exercise 10:30 Bingo 2:00 Euchre Party 2:30 Social Chats 3:30 Neighbourhood Time 3:30 Pet Visits
18 10:00 Exercise 10:30 TV Church 11:00 Java Music 9:30 Fall Country Drive 3:00 Neighbourhood Time	19 10:00 Exercise 11:00 Word Games 1:30 Art Group 2:30 Autobiography (Sally Fields) 3:00 Neighbourhood Time	20 10:00 Total Body Fitness 11:00 Church 3:00 Bible Study 3:15 Hand & Nail Spa 7:00 Hofbrau Band	21 Eggs Your Way 10:00 Exercise 11:00 Hymn Sing 1:30 Horse Racing 3:00 Neighbourhood Time 3:00 Horticulture Therapy	22 10:00 Chime Choir 10:15 Throught The Ages 1:30- Afternoon TV	23 10:00 Exercise 10:30 Bowling 1:30 Board Games 3:00 Neighbourhood Time 3:00 Word Games	24 10:00 Exercise 10:30 Bingo 2:00 Beth & Cindi Sing Along 2-4 Halloween Trick or Treat 2:30 Social Chats 3:30 Neighbourhood Time
25 10:00 Exercise 10:30 TV Church 11:00 Short Stories 1:30 Apostolic Hymn Sing 3:00 Neighbourhood Time	26 1:45 Food Committee 10:00 Exercise 11:00 Word Games 1:30 Art Group 2:30 Autobiography (Tom Hanks) 3:00 Neighbourhood Time	27 10:00 Total Body Fitness 11:00 Church 1:30 Hand & Nail Spa 3:00 Bible Study 3:00 Neighbourhood Time 6:00 Tom Denomme	28 10:00 Exercise 11:00 Hymn Sing 1:30 Horse Racing 3:00 Neighbourhood Time 3:00 Horticulture Therapy	29 10:15 Residents' Council 10:00 Chime Choir 11:00 Ball Exercise 1:30 Spiritual Chats 2:30 Cafe Chats 3:30 Tai Chi	30 10:00 Exercise 10:30 Bowling 1:30 Board Games 3:00 Neighbourhood Time 3:00 Word Games 3:30 Hand Therapy - PAL	31 Happy Halloween 10:00 Exercise 10:30 Bingo 1:30 Indoor Walks 2:00 Halloween Social 3:30 Neighbourhood Time 3:30 Pet Visits

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Entertainment for October



- Oct 5 10:00 Brent Meidinger (Haysville)
Oct 6 6:00 Tom Denomme (Aberdeen)
Oct 8 2:00 Sheryl W (Kingsdale)
Oct 14 2:00 Peg Talks (Strasburg)
Oct 15 2:00 Kevin Coates (Trussler)
Oct 17 2:00 The Irregulars (Newberry)
Oct 19 2:00 Dynamic Duo (Aberdeen)
Oct 19 3:30 Dynamic Duo (Sandhills)
Oct 22 10:30 Through the Ages (PCC)
Oct 23 2:00 Erin Marie (Strasburg)
Oct 23 3:30 Erin Marie (Waldau)
Oct 24 2:00 **Beth & Cindi Sing Along (Strasburg)**
Oct 25 1:30 Apostolic Hymn Sing
Oct 27 6:00 Tom Denomme (Strasburg)
Oct 29 2:00 Jack Cooper (Eby)
Oct 30 10:00 Kevin Coates (Roseville)

Your Invited to Create Together



Join Art Therapy



Student: Riley will focus on awareness & emotional wellbeing
Monday 1:30 - 3:30
Fridays 10:00 --12:00



**Come in Join us for our
annual Trick or Treat
Community Event**
Date: October 24
Time: 2:00 - 4:00



**Happy Birthday
October People**



Georg G. Oct 02nd
Charles H. Oct 18th



Hofbrau Band

October 20th @ 7:00
**Retirement
Dining Room**



October Outings

October 5th 2026 Walmart - Monday
October 18th 2026 Country Drive - Sunday



Spiritual Programs

Catholic Rosary: Every Thursday @ 10:30
Sunday Service with Hector: Oct 4th - 2:00pm
Protestant Communion: Oct 7th - 11:00am
Celebration of Life Oct 9th - 2:30pm
Through the Ages Music Program Oct 22th - 10:15am
Sunday Service with Kathleen: Oct 18th - 2:00pm
Catholic Mass: Oct 21st - 10:30am
Sunday Service with Royal: Oct 25th - 2:00pm

All Spiritual programs will take place in the
Spiritual Care Centre

Free Button Clinic

Replace missing buttons

Reinforce loose buttons

Minor seam Repairs

Date: Friday, October 23rd

Drop off by: 9:30 am

Where: Pinehaven Community Room
Volunteer, Joanne will Repair

