



October 2026

Dryden Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				9:30 Neighbourhood Time 1 11:00 Fun for the Fit 2:30 Musical Moments 3:30 Hymn Sing 6:15 Brains and Banter (FC)	9:30 Neighbourhood Time 2 10:30 Bingo 10:30 Level 1 Group Exercise 2:00 Virtual Reality Tours 3:00 Fun for the Fit LTC 3:00 You and I	9:30 Neighbourhood Time 3 10:30 For the Soul 2:30 Bingo (FC)
9:45 Sunday Worship Service (TH) 4 11:00 Neighbourhood Time 2:15 Java Music Club	Active Aging Week 5 9:30 Neighbourhood Time 10:30 Manicures 10:30 Level 1 Group Exercise 2:30 Fall Decorating 6:30 Ice Cream Social (LI)	Active Aging Week 6 9:30 Neighbourhood Time 10:30 Soothing Sensations 1:15 Music Therapy with Erin 2:30 Brains and Banter 6:30 Musical Moments (FC)	Active Aging Week 7 10:30 Level 1 Group Exercise 11:00 Bible Study (LI) 1:30 Neighbourhood Time 2:30 Birthday Party with Country Kenny 6:30 Active Games (FC)	Active Aging Week 8 9:30 Neighbourhood Time 10:00 Social with Centennial Students (MS) 2:00 Social with Centennial Students (MS) 2:30 Stepping Out 3:30 Hymn Sing 6:15 Movie Night (FC)	Active Aging Week 9 9:30 Neighbourhood Time 10:00 Sing-along with Viola 10:30 Level 1 Group Exercise 11:00 You and I 2:30 Bingo 3:00 Fun for the Fit LTC	Active Aging Week 10 World Mental Health Day World Hospice & Palliative Care Day 9:30 Neighbourhood Time 10:30 Circle of Friends 2:30 Bingo (FC)
Active Aging Week 11 9:45 Sunday Worship Service (TH) 11:00 Neighbourhood Time 2:30 Thanksgiving Social (LI)	Thanksgiving Day 12 9:30 Neighbourhood Time 10:30 Level 1 Group Exercise 11:00 Manicures 1:30 Fall Leaf Tour 6:30 Ice Cream Social (LI)	13 9:30 Neighbourhood Time 10:30 Soothing Sensations 1:15 Music Therapy with Erin 2:30 Brains and Banter 6:30 Bingo (FC)	14 10:30 Level 1 Group Exercise 11:00 Bible Study (LI) 1:30 Neighbourhood Time 2:15 Karaoke 6:30 Pub Night with Mike Barnes	15 9:30 Neighbourhood Time 10:30 Anglican Service 10:30 Fun for the Fit 2:30 You and I 3:30 Hymn Sing 6:15 Brains and Banter (FC)	16 9:30 Neighbourhood Time 10:30 Bingo 10:30 Level 1 Group Exercise 2:30 Stepping Out 3:00 Fun for the Fit LTC	17 9:30 Neighbourhood Time 10:30 In the Kitchen 2:30 Bingo (FC)
18 9:45 Sunday Worship Service (TH) 11:00 Neighbourhood Time 2:30 Sunday Social (LI)	19 9:30 Neighbourhood Time 10:30 Manicures 10:30 Level 1 Group Exercise 2:30 Stepping Out 6:30 Ice Cream Social (LI)	20 9:30 Neighbourhood Time 10:30 Soothing Sensations 12:00 Subway Diner Club 1:15 Music Therapy with Erin 2:30 Brains and Banter 2:30 Gather Group 5:00 Supportive Diner's club 6:30 Musical Moments (FC)	21 10:30 Level 1 Group Exercise 11:00 Bible Study (LI) 1:30 Neighbourhood Time 2:00 Kitchen tour 2:30 Kitchen tour 6:30 Active Games (FC)	22 9:30 Neighbourhood Time 2:00 Baking for Bazaar 3:30 Hymn Sing	Pink Shirt day 23 9:30 Neighbourhood Time 10:00 Catholic Mass (TH) 10:30 Bingo 10:30 Level 1 Group Exercise 2:00 Baking for Bazaar 3:00 Fun for the Fit LTC	24 9:30 Neighbourhood Time 10:30 Express Yourself 2:30 Bingo (FC)
25 9:45 Sunday Worship Service (TH) 11:00 Neighbourhood Time 2:30 Fall Social (LI)	Spiritual Care Week 26 9:00 Election Day-Voting Polls All Day 9:30 Neighbourhood Time 10:30 Level 1 Group Exercise 2:30 Manicures 6:30 Ice Cream Social (LI)	Spiritual Care Week 27 9:30 Neighbourhood Time 10:30 Soothing Sensations 12:00 Ruby Lunch of Elegance 1:15 Music Therapy with Erin 2:30 Brains and Banter 6:30 Bingo (FC)	Spiritual Care Week 28 10:30 Level 1 Group Exercise 11:00 Bible Study (LI) 1:30 Neighbourhood Time 2:00 Baking for Bazaar 6:30 Active Games (FC)	Spiritual Care Week 29 9:30 Neighbourhood Time 10:00 Tulip Visits (MS) 2:00 Baking for Bazaar 2:30 Residents Council (FC) 3:30 Hymn Sing 6:15 Brains and Banter (FC)	Spiritual Care Week 30 9:30 Neighbourhood Time 10:30 Level 1 Group Exercise 10:30 Pumpkin Carving (CC) 2:00 Halloween Parade 2:30 Halloween Party with Entertainment 3:00 Fun for the Fit LTC	Spiritual Care Week 31 Happy Halloween 1:00 Haunted house