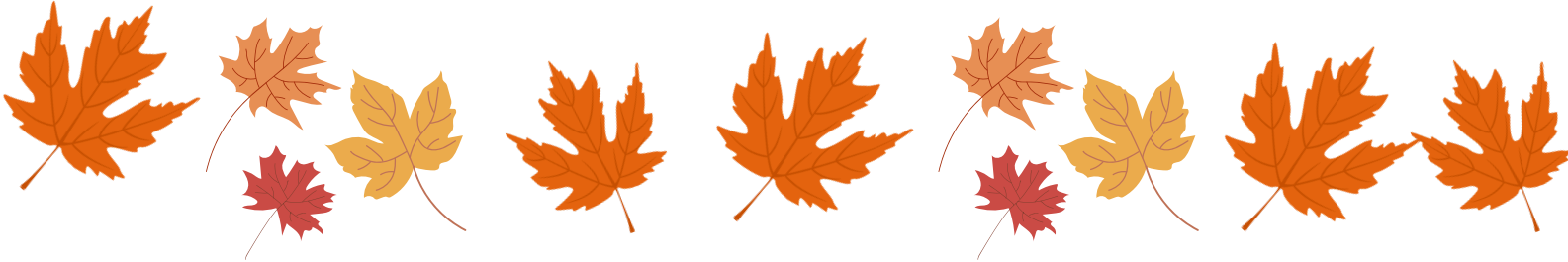


# OCTOBER

Emma's

- Legend
- — Outing
  - ◆ — Resident Run Program
  - — Off the Neighbourhood

| Sunday                                                                                                          | Monday                                                                                            | Tuesday                                                                                                    | Wednesday                                                                                                                                          | Thursday                                                                                                         | Friday                                                                                                                                          | Saturday                                                                                                                       |
|-----------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|
|                               |                                                                                                   |                                                                                                            |                                                                                                                                                    | <b>1</b><br>10:00 Neighbourhood Time<br>11:00 For the Spirit<br>2:00 Hand Therapy<br>3:30 Bath Bomb Making       | <b>2</b><br>10:00 Neighbourhood Time<br>11:00 Zumba<br>2:00 Exercise with heather<br>3:30 In the Kitchen                                        | <b>3</b><br>10:00 Neighbourhood Time<br>11:00 Express Yourself<br>2:30 Bingo<br>3:30 Stepping Out                              |
| <b>4</b><br>10:30 Church Sing along - TH<br>11:00 TV Church<br>2:00 Movies & Popcorn<br>4:00 Neighbourhood Time | <b>5</b><br>1:00 Neighbourhood Time<br>2:00 Outing●                                               | <b>6</b><br>10:00 Neighbourhood Time<br>11:00 Musical Moments<br>2:00 Exercise with Rec<br>3:00 Bingo■     | <b>7</b><br>10:00 Intergenerational Music<br>11:00 Neighbourhood Time<br>2:00 For the Soul<br>3:30 for the fun of Fit                              | <b>8</b><br>11:00 For the Spirit<br>2:00 Manicures<br>3:00 Pumpkin Roll                                          | <b>9</b><br>10:00 Neighbourhood Time<br>11:00 Circle of Friends<br>2:00 Exercise with heather<br>2:30 Celebration of Life■<br>3:30 Laundry Toss | <b>10</b><br>10:00 Neighbourhood Time<br>11:00 Express Yourself<br>2:30 Manicures<br>3:00 Relay                                |
| <b>11</b><br>10:00 TV Church<br>11:00 Church Sing along<br>2:00 Movies & Popcorn<br>3:30 Rock Painting          | <b>12</b> <b>Thanksgiving</b><br>1:00 Neighbourhood Time<br>2:00 Outing●                          | <b>13</b><br>10:00 Neighbourhood Time<br>11:00 Musical Moments<br>2:30 Exercise with Rec<br>3:30 Manicures | <b>14</b><br>10:00 Intergenerational Music<br>11:00 Neighbourhood Time<br>12:00 Ocktoberfest Lunch<br>2:00 For the Soul<br>3:30 For the Fun of Fit | <b>15</b><br>11:00 For the Spirit<br>2:00 Entertainment■<br>3:30 Hot Chocolate Social                            | <b>16</b><br>10:00 Neighbourhood Time<br>11:00 Circle of Friends<br>2:00 Exercise with heather<br>3:30 In the Kitchen                           | <b>17</b><br>10:00 Neighbourhood Time<br>11:00 Express Yourself<br>2:30 Bingo<br>3:30 Stepping Out                             |
| <b>18</b><br>10:00 TV Church<br>11:00 Church Sing along<br>2:00 Movies & Popcorn<br>4:00 Neighbourhood Time     | <b>19</b><br>1:00 Neighbourhood Time<br>2:00 Outing●                                              | <b>20</b><br>2:30 Exercise with Rec<br>3:30 Manicures<br>7:00 Ocktoberfest■                                | <b>21</b><br>10:00 Intergenerational Music<br>11:00 Neighbourhood Time<br>2:00 For the Soul<br>3:30 For the Fun of Fit                             | <b>22</b><br>Recreation Away<br>10:00 Neighbourhood Time<br>11:00 For the Spirit                                 | <b>23</b><br>10:00 Neighbourhood Time<br>11:00 Circle of Friends<br>2:00 Exercise with heather<br>3:30 In the Kitchen                           | <b>24</b><br>10:00 Neighbourhood Time<br>11:00 Express Yourself<br>2:30 Halooween Event■                                       |
| <b>25</b><br>10:00 TV Church<br>11:00 Church Sing along<br>2:00 Movies & Popcorn<br>4:00 Neighbourhood Time     | <b>26</b><br>10:00 Neighbourhood Time<br>11:00 Musical Moments<br>2:30 Bingo<br>3:30 Stepping Out | <b>27</b><br>10:00 Neighbourhood Time<br>11:00 Musical Moments<br>2:30 Exercise with Rec<br>3:30 Manicures | <b>28</b><br>10:00 Intergenerational Music<br>11:00 Neighbourhood Time<br>2:00 For the Soul<br>3:30 Entertainment                                  | <b>29</b><br>10:00 Neighbourhood Time<br>11:00 For the Spirit<br>2:30 Express yourself<br>3:30 Brains and Banter | <b>30</b><br>0:00 Neighbourhood Time<br>11:00 Circle of Friends<br>2:00 Exercise with heather<br>3:30 In the Kitchen                            | <b>31</b> <b>Halloween</b><br>10:00 Neighbourhood Time<br>11:00 Express Yourself<br>2:30 Halloween Crafts<br>3:30 Stepping Out |

# OCTOBER

## SPIRITUAL EVENTS

- For the Spirit is offered every Tuesday at 11:00 am.
- For the Soul is offered every Wednesday at 2:00pm.
- Protestant Service is on second Wednesday of October at 10:30am in PCC.
- Catholic Communion is on third Wednesday of October at 10:30 in Roseville.
- Rosary every Thursday at 10:30am in Spiritual Care LTC.
- Church Services from third Sunday with Hector (2:00pm) Kathleen(at 2:00pm) and Royal (at 2:00pm).
- Gather group for Dementia 8<sup>th</sup> and 22<sup>nd</sup> .

## VENDORS

- Plattsville Paperwork is on 7<sup>nd</sup> from 10:00-2:00pm.
- Fashion Vault on 21<sup>th</sup> from 11:00- 2:30pm.
- KMW Clothing on 22<sup>nd</sup> from 10:00- 3:00pm.

\*ALL OUR VENDOR ARE DOWNSTAIRS IN LIBRARY\*

## SPECIAL EVENT

- Zumba on on 2<sup>nd</sup> at 11:00am
- Oktoberfest on 6<sup>th</sup> at 7:00pm on Main Street.
- Entertainment on 15<sup>th</sup> at 2:00pm in Main dining room.
- Oktoberfest on 20<sup>th</sup> at 7:00pm on Main street.
- Emma's Oktoberfest Lunch on 14<sup>th</sup> at 12:00pm.
- Halloween Event on 23<sup>rd</sup> at 2:30pm on Main Street.
- Entertainment on 28<sup>th</sup> at 3:30pm on Emmas.

## Outing

- Autumn Drive on 5<sup>th</sup> and 12<sup>th</sup> at 2:00 pm.
- Farm Outing on 19<sup>th</sup> at 2:00pm (Sign ups required).