

OCTOBER

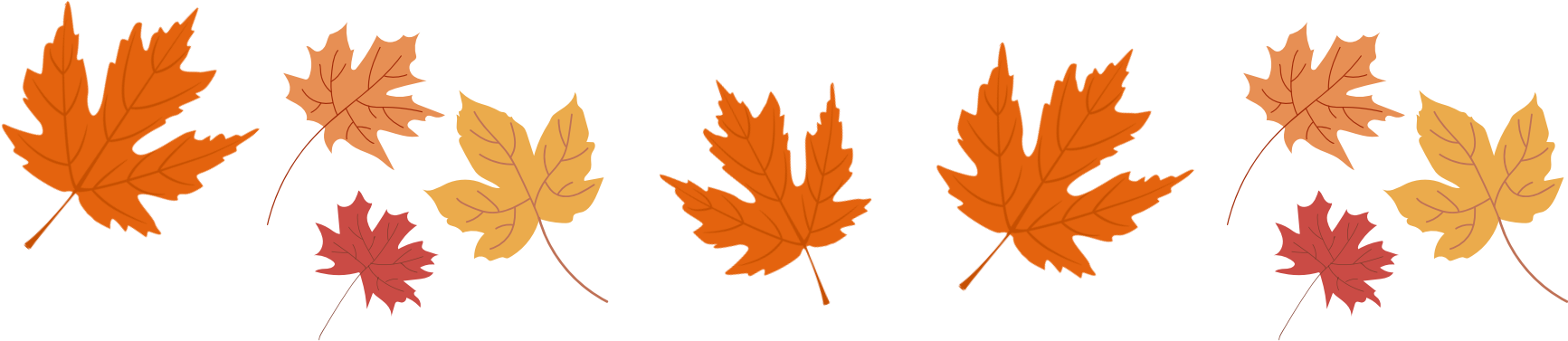
Johnston Neighbourhood

Legend

Do - Downey
Ha - Hagey
Jo - Johnston
Ma - Matthews
Po - Pollock

Wr - Wright
C - Chapel
CC - Community Centre
CY - Courtyard
FC - Fitness Centre

L - Library
MS - Main Street
RH - Retirement

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30 Chapel Service (C) 10:00 Green Thumbs 10:30 Zumba (FC) 12:30 Greenhouse Drop-in	2 1:00 You and Me 2:00 Brains and Banter 3:30 Circle of Friends 3:30 Active Games (FC) 6:30 Crafting Club (CC)	3 9:30 Daily Perk 10:30 Manicures 11:30 Stepping Out 2:00 Family Games (CC)
4 9:30 You and Me 10:00 For the Soul 11:00 Stepping Out 2:00 Bingo	5 Active Aging Week 9:00 Neighbourhood Time 10:00 Meditation 10:30 Meet with Mayor Canndidate Shannon Weber 12:30 Greenhouse Drop-in 1:00 Stepping Out 2:00 Express Yourself: Fall craft 3:45 Music with Mallory 6:30 Game Show Trivia 	6 9:30 Rosary (C) 10:00 For the fun of it 1:30 Art with Jordan 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 3:30 Express yourself 6:30 Karaoke Outing (please note sign up is required)	7 9:00 Neighbourhood Time 10:00 Conversation Cafe with Students 2:00 PEG Talk: Baseball Legends (C) 3:30 Balance Class (FC) 6:30 Film & Popcorn (C) 	8 9:30 Chapel Service (C) 10:00 Green Thumbs 10:30 Active Competition 12:30 Greenhouse Drop-in 2:15 Manicures 3:30 You and Me 6:30 Active Games (MS)	9 9:00 You and Me 9:30 Outing 1:30 Neighbourhood Time 2:00 Express Yourself 3:30 Active Games (FC) 6:30 Crafting Club (CC)	10 9:30 Daily Perk 10:00 In the kitchen 2:00 Entertainment with Lynne & Rick (Do) 4:00 Stepping Out
11 9:30 You and Me 10:00 For the Soul 11:00 Card Games 2:00 Bingo 3:30 Stepping Out	12 Thanksgiving 9:00 Neighbourhood Time 10:30 For the Fun of Fit 11:15 Quality Update 2:00 In the Kitchen: Cinnamon Buns 6:30 Game Show Trivia (CC)	13 9:30 Rosary (C) 9:45 Short Stories 10:30 Calendar Planning and Bill of Rights Meeting 1:30 Art with Jordan 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 6:30 Devotions (C)	14 9:00 Meditation 10:00 For the fun of it 2:00 Games Afternoon with Eugenio (C) 3:30 Balance Class (FC) 3:30 Stepping Out 6:30 Games Night (CC)	15 9:30 Chapel Service (C) 10:00 Green Thumbs 10:30 Zumba (FC) 12:30 Greenhouse Drop-in 2:00 Residents Council (C) 2:15 Manicures 6:30 Active Games (MS)	16 1:00 You and Me 2:00 Brains and Banter 3:30 Circle of Friends 3:30 Active Games (FC) 6:30 Crafting Club (CC)	17 9:30 Daily Perk 10:00 For the Fun of Fit 11:00 You and Me 2:00 Entertainment with Barry (Ma)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 9:30 You and Me 10:00 For the Soul 11:00 Stepping Out 2:00 Bingo	19 9:00 You and Me 10:00 Meditation 10:30 Sit N Get Fit 12:30 Greenhouse Drop-in 1:00 Stepping Out 2:00 Circle of Friends: Pumpkin Carving 3:45 Music with Mallory 6:30 Game Show Trivia (CC)	20 9:30 Outing 9:30 Rosary (C) 1:30 Art with Jordan 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 3:30 Stepping Out 6:30 In the Kitchen: Caramel Apple Cider (CC)	21 9:00 Neighbourhood Time 10:00 Door Decorating 10:30 Chat with Mayor McCabe 11:00 Manicures 2:00 Food Committee (Do) 2:00 Movie and Popcorn 3:30 Balance Class (FC) 6:30 Games Night (CC)	22 9:30 Chapel Service (C) 10:30 Zumba (FC)	23 9:00 Neighbourhood Time 10:00 You and Me 11:00 Word Game 1:30 Door Decorating 3:00 Stepping Out 3:30 Active Games (FC) 6:30 Crafting Club (CC)	24 9:30 Daily Perk 10:00 Express Yourself 2:00 Oktoberfest Party with Rich (MS) 4:00 You and Me
25 Spiritual Care Week 9:30 You and Me 10:00 For the Soul 11:00 Java Music 2:00 Bingo 3:30 Stepping Out	26 Municipal Election 10am-3pm in Retirement 9:00 Neighbourhood Time 9:30 Short Stories 10:30 Sit N Get Fit 12:30 Greenhouse Drop-in 1:00 Stepping Out 3:45 Music with Mallory 6:30 Game Show Trivia (CC)	27 9:00 Neighbourhood Time 9:30 Rosary (C) 10:00 In the Kitchen: Oatmeal Cookies 1:30 Art with Jordan 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 6:30 Devotions (C)	28 9:00 Meditation 10:00 Express Yourself 2:00 For the fun of it 3:30 Balance Class (FC) 3:30 You and Me 6:30 Games Night (CC)	29 9:30 Chapel Service (C) 10:00 Green Thumbs 10:30 Zumba (FC) 12:30 Greenhouse Drop-in 2:15 Manicures 3:30 You and Me 6:30 Active Games (MS)	30 1:00 You and Me 2:00 Brains and Banter 3:30 Circle of Friends 3:30 Active Games (FC) 6:30 Crafting Club (CC)	31 Halloween 9:30 Daily Perk 10:00 In the Kitchen 2:00 Entertainment with Michael (Wr) 

Outings:

October 9th: Van Outing to Williams Café with Julia
October 20th : Bus Outing to Conestoga Mall with Pearl and Faguni

Your Recreation Team:

Full-Time - Julia
Part-Time - Faguni

Calendar Planning and Resident Bill of Rights

We invite you to attend this meeting on your neighbourhood. Learn about your Bill of Rights. Have your input as we plan next month’s activities, programs, and outings!
Hosted by your Recreation Team Member.

