

OCTOBER

Rymal Neighbourhood

Legend

C - Chapel

TH - Town Hall

MS - Main Street

TS - Town Square

FC - Fitness Centre

CY - Courtyard

BP - Back Patio

CC - Community Centre

L - Library

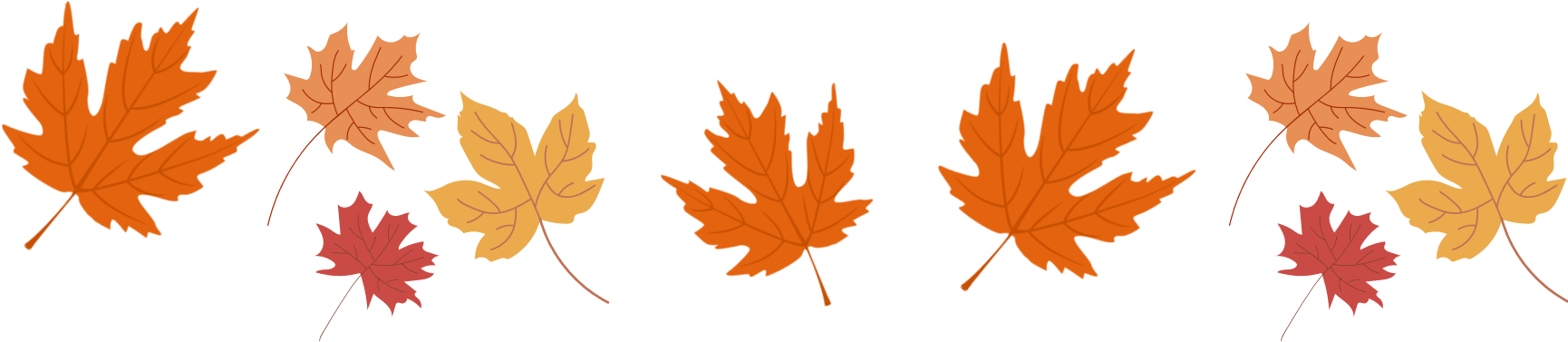
CK - Country Kitchen

FP - Front Patio

HS - Hobby Shop

Note/Announcement:

Don't forget to flip your calendar over on the 17th to see the 18th to 31st.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Happy 25th Anniversary Long-Term Care! 9am-1pm Recreation Team Meeting 9:45am Sing-Along-CH 11:00am Fit to Function-FC 3:00pm 25 th Anniversary Celebration with Entertainment by Samira Yeo-MS	2 11:00am Stay Strong-FC 12:00pm Men's Lunch-CC	3 Happy Birthday Robert! 9:30am Neighbourhood Time 10:45am Circle of Friends -CC 11:00am Ron Schlegel's Funeral Service (Virtual)-TH 2:00pm Pub with Ana Garzaro-MS 3:30pm Brains & Banter-CC
4 10:00am Church Service-TH 10:45am Specialty Tea & Coffee-HS 2:00pm Bowling on Main Street 3:30pm Express Yourself-CC	5 9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy-SC 2:00pm Bingo-CC 3:30pm Soothing Sensations 6:15pm Musical Moments - CC	6 10:00am Rosary-CH 11:00am Stay Strong-FC	7 9:30am Neighbourhood Time 10:00am Garden Club with Crystal-GH 11:00am Circle of Friends 2:00pm Tai Chi-FC 2:00pm In the Kitchen 3:30pm Stepping Out 6:15pm Active Games-MS	8 9:45am Sing-Along with Janet-CH 11:00am Fit to Function-FC 1:30pm Outing: Walmart 2:00pm Residents' Council-CC 6:15pm Trivia Night-CC	9 9:30am Neighbourhood Time 11:00am Brains & Banter 11:00am Stay Strong-FC 2:00pm You & Me 3:30pm Java Music Club	10 Happy Birthday Leota! 10:45am Active Games-CC 2:00pm Entertainment with Blue-Eyed Bill on Carrington 3:30pm Word Games-CC
11 10:00am Thanksgiving Church Service-TH 10:45am Specialty Tea & Coffee-HS 2:00pm Weekend Bingo-CC 3:30pm Card Games-CC	12 Thanksgiving 9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy-SC 2:00pm Bingo-CC 3:30pm You & Me	13 National M&M Day 9:30am For the Soul with Janet 10:00am Rosary-CH 11:00am Stay Strong-FC 1:30pm Neighbourhood Time 3:00pm M&M's Cookies Travelling Cart 6:15pm Games Night - CC	14 9:30am Neighbourhood Time 10:00am Garden Club with Crystal-GH 10:00am Outing: Fall Country Drive 11:00am Soothing Sensations 2:00pm Tai Chi-FC 2-3:30pm Harvest Happenings Petting Zoo - BP 6:15pm Active Games-MS	15 9:45am Sing-Along with Janet-CH 11:00am Fit to Function-FC 2:00pm Outing: Fall Country Drive 2:00pm Neighbourhood Time 3:30pm Express Yourself 6:15pm Trivia Night-CC	16 11:00am Stay Strong-FC 12:00pm Lunch Bunch: Fish & Chips at the Ruby 2:15pm Music Therapy with Natalie 3:00pm Happy Hour with Dave Murphy-MS	17 9:30am Neighbourhood Time 10:45am Musical Moments-CC 2:00pm Curling on Main Street 3:30pm Circle of Friends-CC

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Your Recreation Team:
Ravi

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 9:30am Neighbourhood Time 10:30am Christmas Bazaar Crafts & Preserves-CC 2:30pm Virtual Church Service-TH 3:15pm Fellowship	19 Happy Birthday Paul! 9:30am Neighbourhood Time 10:30am Integenerational Jamboree Music Therapy-SC 2:00pm Bingo-CC 3:00pm Gather: Grief Group-CH 3:30pm Stepping Out 6:15pm Musical Moments - CC	20 9:30am For the Soul with Janet 10:00am Rosary-CH 11:00am Stay Strong-FC 2:00pm to 4:00pm Autumnn Spa Day	21 9:30am Neighbourhood Time 10:00am Garden Club with Crystal-GH 10:30am Roman Catholic Mass-TH 2:00pm Tai Chi-FC 2:00pm You & Me 2:00pm Outing: Lifting Souls by Renewing Souls with Janet 3:30pm For the Fun of Fit 6:15pm Active Games-MS	22 9:45am Sing-Along with Janet-CH 11:00am Fit to Function-FC 2:00pm Entertainment on Main Street	23 9:30am Neighbourhood Time 11:00am Circle of Friends 11:00am Stay Strong-FC 1:30pm Outing: Mum Show 2:00pm Stepping Out 3:30pm Soothing Sensations	24 10:45am For the Fun of Fit-CC 2:00pm Entertainment with John & Sheila Ludgate on Stonechurch 3:30pm Brains & Banter-CC
25 10:30am Christmas Bazaar Crafts & Preserves-CC 2:30pm Church Service-TH 3:15pm Fellowship	26 9:30am Neighbourhood Time 10:30am Integenerational Jamboree Music Therapy-SC 2:00pm Bingo-CC 3:00pm Spiritual Pause with Janet-CH 3:30pm Soothing Sensations	27 9:30am For the Soul with Janet 10:00am Rosary-CH 11:00am Stay Strong-FC 1:30pm Neighbourhood Time 3:00pm You & Me 6:15pm Games Night - CC	28 10:00am Greeting the Day 10:00am Garden Club with Crystal-GH 11:00am Celebration of Life-TH 2:00pm Tai Chi-FC 2:00pm Neighbourhood Time 3:30pm Circle of Friends 5:00pm Diner’s Club: Toma La (Portuguese Food)	29 9:45am Sing-Along with Janet-CH 11:00am Fit to Function-FC 1:30pm Neighbourhood Time 3:00pm Stepping Out 6:15pm Trivia Night-CC	30 Candy Corn Day 11:00am Stay Strong-FC 2:00pm Birthday Bash-CC 2:15pm Music Therapy with Natalie	31 Halloween 10:30am Halloween Howl - Childrens’ Costume Parade-MS 2:00pm Halloween Party-CC 3:30pm Halloween Word Games-CC

Birthdays This Month:

- Robert B. - October 3rd
- Leota O. - October 10th
- Paul M. - October 19th

