

OCTOBER

OLDCASTLE

Legend
C—Chapel or Library
GH—Green House or Community Centre
MS— Main Street or Main Floor
Other locations listed as needed



Happy Birthday to -
Joan on October 9th
Edith on October 28th
October Celebrates -
Thanksgiving on October 12th
Halloween on October 31st

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Int’l Day for Older Persons Amy & Sharon (Late) 9:30 - PAL Fitness Class 10:15 - Trivia Time 1:45 - Puck Shot 2:30 - Dominoes/Euchre 6:00 - Friendly Visits & Football	2 World Smile Day Sharon is in 9:30 - PAL Games C 10:30 - Stories & Devotions 1:30 - Music with Joe 3:00 - Bean Bag Toss	3 Amy is in 9:30 - Ball Exercise 10:30 - Music with Crystal C 1:45 - Arts & Crafts 3:00 - Friendly Visits
4 Amy is in 9:30 - TV Mass & Hymns 10:00 - Bouncy Cheese Ball 2:00 - Tower Bingo 3:30 - Creative Corner	5 Amy (Late) & Sharon 9:30 - Chair Dance Yoga 10:30 - Devotions & Stories 1:45 - Bingo 3:15 - Balloon Breeze 4:00 - Virtual Visits 6:00 - Village Choir with Joe C	6 9:30 - PAL Fitness Class 6:00 - Horticulture Club	7 Amy is in 9:30 - Flow & Glow 10:00 - Pancake Social GH 10:30 - Armchair Travel 1:45 - Spirit Circle 3:00 - Zumba	8 Amy & Sharon (Late) 9:30 - PAL Fitness Class 10:15 - Artful Moments 1:45 - Bean Bag Toss 2:30 - Dominoes/Euchre 6:00 - Friendly Visits & Football	9 Happy Birthday Joan! Amy is in 9:30 - PAL Games C 10:30 - Catholic Mass C 1:30 - Music with Joe 3:00 - Jackpot Rolling Game	10 World Mental Health Day & Hospice & Palliative Care Day - Sharon is in 9:30 - Dice Fitness 10:30 - Music with Mark C 1:45 - Floor Darts 2:30 - Aviation Presentation C
11 Sharon is in 9:30 - TV Mass & Hymns 10:00 - Salsa Dancing 2:00 - Village Games C 3:30 - Thanksgiving Trivia	12 Thanksgiving Day Amy (Late) & Sharon 9:30 - Chair Dance Yoga 10:30 - Manicures & Movies 1:45 - A Taste of Thanksgiving 3:15 - Friendly Visits 6:00 - Java Music Club	13 Amy is in 9:30 - PAL Fitness Class 10:00-2:30 Community Outing 3:00 - Volleyball 6:00 - Horticulture Club	14 Amy & Sharon (Late) 9:30 - Flow & Glow 10:30 - Word Play Social 1:45 - Spirit Circle 3:00 - Zumba 6:00 - Village Movie Night C	15 Amy & Sharon (Late) 9:30 - PAL Fitness Class 10:15 - Short Story Circus 1:45 - Arts & Crafts 2:30 - Dominoes/Euchre 6:00 - Friendly Visits & Football	16 Sharon is in 9:30 - PAL Games C 10:30 - Stories & Devotions 1:30 - Music with Joe 3:00 - Balloon Raquetball	17 Amy is in 9:30 - Finger Exercise 10:30 - Music with Ernie C 1:45 - Commuity Connections Workshop 3:00 - Friendly Visits
18 Amy is in 9:30 - TV Mass & Hymns 10:00 - Michael’s Kitchen Table 2:00 - Tower Bingo 3:30 - Making Pumpkin Lush	19 Int’l IPAC Week Starts Amy & Sharon (Both Late) 1:45 - Arts & Crafts 3:15 - Community Outing 6:00 - Village Choir with Joe	20 Sharon is in 9:30 - PAL Fitness Class 10:30 - Seamus Stories on Gos 1:15 - Balloon Raquetball 2:30 - Book Club in the Library 3:00 - Lyric Trivia 6:00 - Horticulture Club	21 Int’l Pronouns Day Amy & Sharon (Late) 9:30 - Flow & Glow 10:30 - Armchair Travel 3:00 - Zumba 6:00 - Parkwood Service C	22 9:30 - PAL Fitness Class More activities taking place! Stay tuned!	23 Amy is in 9:30 - PAL Games C 10:30 - Anglican Mass C 1:30 - Music with Joe 3:00 - Boo & Create	24 Sharon is in Art Therapy by RSVP 9:30 - Dice Fitness 10:30 - Music with Chris C 1:45 - Movies & Markers 3:00 - Dominoes
25 Spiritual Care Week Sharon is in 9:30 - TV Mass & Hymns 10:00 - Salsa Dancing 2:00 - Village Games C 3:30 - This or That? Trivia	26 Amy (Late) & Sharon 9:30 - Chair Dance Yoga 10:30 - Manicures & Movies 1:45 - Bingo 3:15 - Haunted Hands 4:00 - Virtual Visits 6:00 - Village Choir with Joe	27 Amy is in 9:30 - PAL Fitness Class 10:15 - Word Play Social 1:30 - Residents’ Council C 1:45 - Ladder Ball 3:00 - Short Story Circus 6:00 - Horticulture Club	28 Happy Birthday Edith! Amy & Sharon (Late) 9:30 - Flow & Glow 10:30 - Trivia Time 1:30 - Food Committee C 3:00 - Zumba 6:00 - Village Pub Night C	29 Amy & Sharon (Late) 9:30 - PAL Fitness Class 10:15 - Neighborhood Halloween Party 1:45 - Halloween Photoshoot 3:00 - Dominoes/Euchre 6:00 - Cat Trivia & Stories	30 Sharon is in 9:30 - PAL Games C 10:30 - Spooky Tunes C 1:30 - Music with Joe 3:00 - Halloween Trivia	31 Halloween Amy is in 9:45 to 11:30 - Kids Halloween Festival 1:45 - Trick-or-Treat Toss 3:00 - Friendly Visits