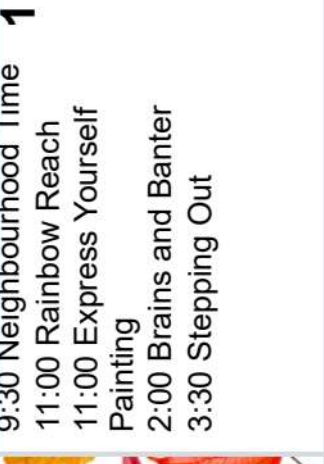
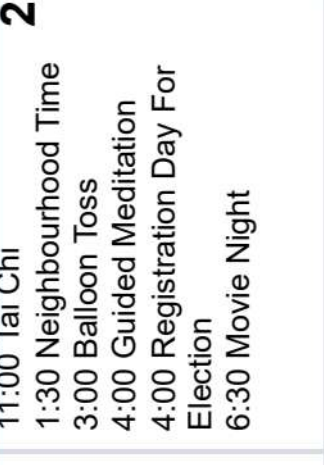
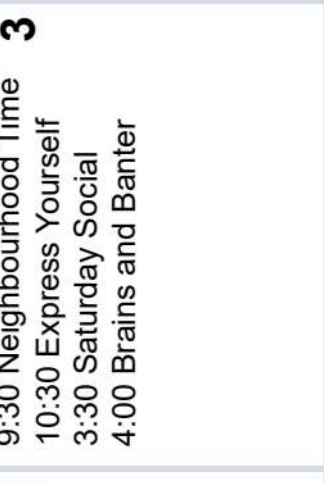
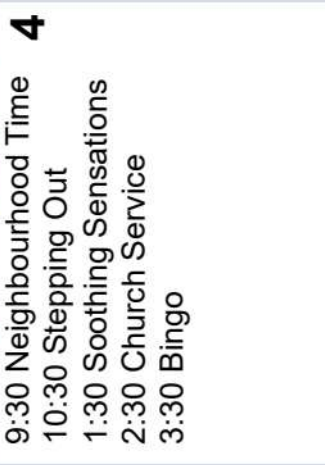
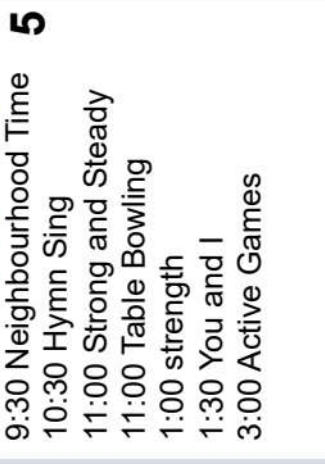
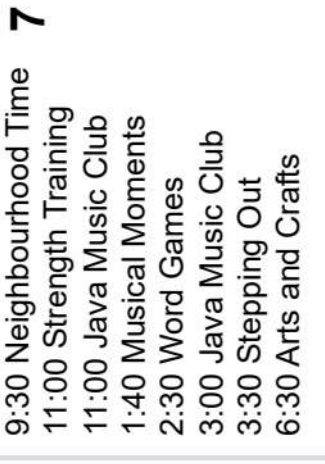
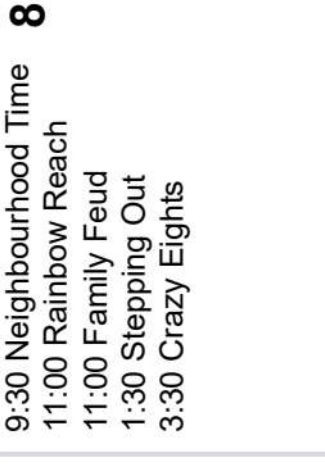
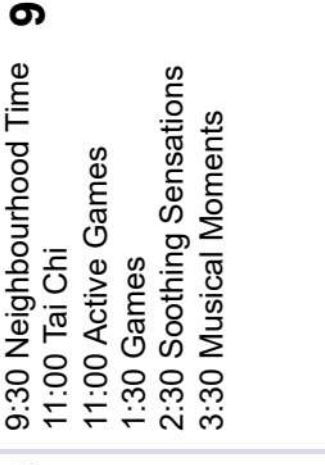
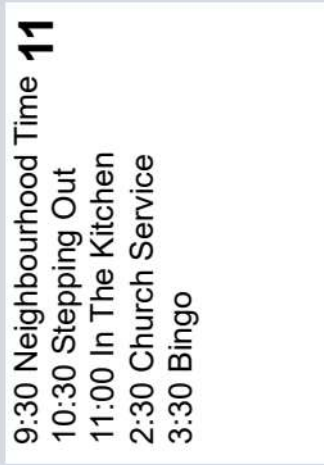
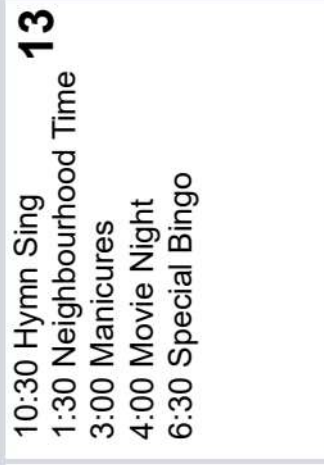
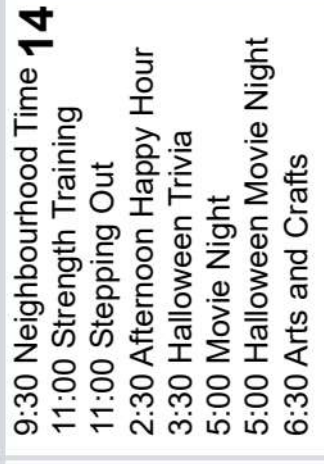
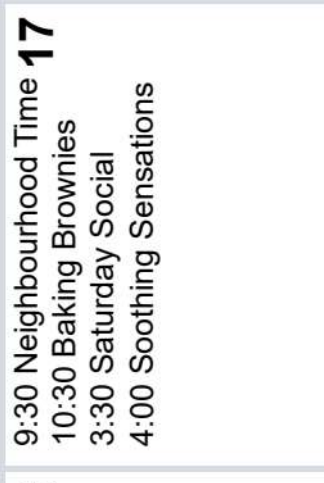
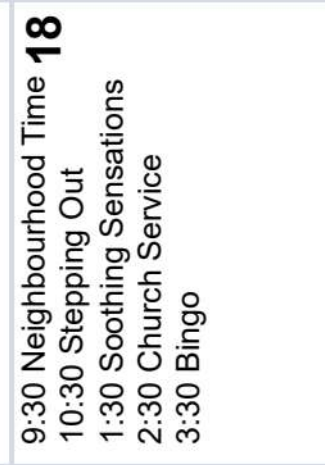
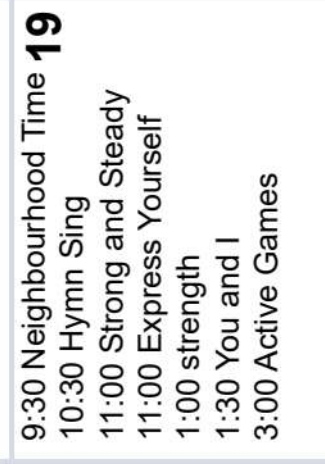
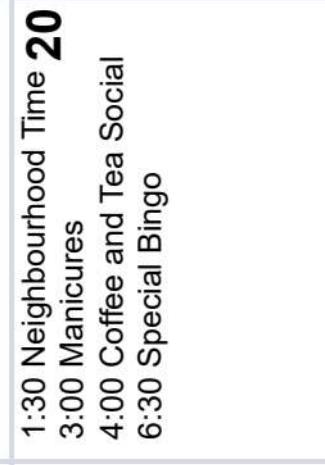
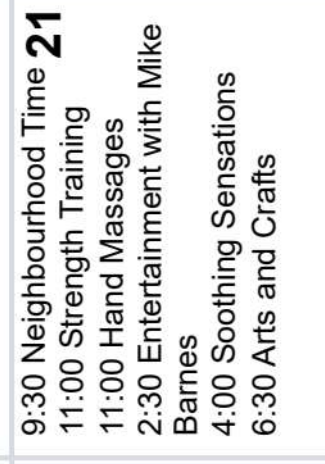
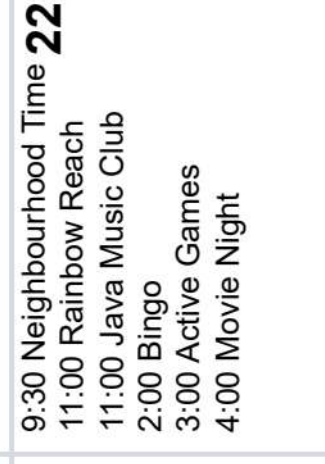
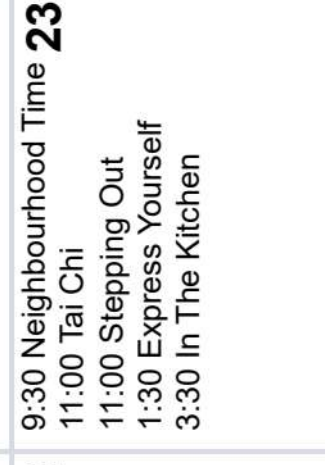


October 2026

Duffins Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 9:30 Neighbourhood Time 10:30 Stepping Out 1:30 Soothing Sensations 2:30 Church Service 3:30 Bingo	 9:30 Neighbourhood Time 10:30 Hymn Sing 11:00 Strong and Steady 11:00 Table Bowling 1:00 strength 1:30 You and I 3:00 Active Games	 1:30 Neighbourhood Time 3:00 Manicures 4:00 Balloon Toss 6:30 Special Bingo	 9:30 Neighbourhood Time 11:00 Strength Training 11:00 Java Music Club 1:40 Musical Moments 2:30 Word Games 3:00 Java Music Club 3:30 Stepping Out 6:30 Arts and Crafts	 9:30 Neighbourhood Time 11:00 Rainbow Reach 11:00 Express Yourself Painting 2:00 Brains and Banter 3:30 Stepping Out	 11:00 Tai Chi 1:30 Neighbourhood Time 3:00 Balloon Toss 4:00 Guided Meditation 4:00 Registration Day For Election 6:30 Movie Night	 9:30 Neighbourhood Time 10:30 Express Yourself 3:30 Saturday Social 4:00 Brains and Banter
 9:30 Neighbourhood Time 10:30 Stepping Out 11:00 In The Kitchen 2:30 Church Service 3:30 Bingo	 Thanksgiving 9:30 Neighbourhood Time 11:00 Strong and Steady 11:00 You and I 1:00 strength 1:30 Thanksgiving Social 3:30 Active Games 4:00 Express Yourself	 10:30 Hymn Sing 1:30 Neighbourhood Time 3:00 Manicures 4:00 Movie Night 6:30 Special Bingo	 9:30 Neighbourhood Time 11:00 Strength Training 11:00 Stepping Out 2:30 Afternoon Happy Hour 3:30 Halloween Trivia 5:00 Movie Night 5:00 Halloween Movie Night 6:30 Arts and Crafts	 9:30 Neighbourhood Time 11:00 Rainbow Reach 11:00 Fall Painting 1:30 Word Game/ Games 3:00 Musical Moments 4:00 Cards	 11:00 Tai Chi 1:30 Neighbourhood Time 3:00 Balloon Toss 4:00 Guided Meditation 6:30 Movie Night	 9:30 Neighbourhood Time 10:30 Baking Brownies 3:30 Saturday Social 4:00 Soothing Sensations
 9:30 Neighbourhood Time 10:30 Stepping Out 1:30 Soothing Sensations 2:30 Church Service 3:30 Bingo	 9:30 Neighbourhood Time 10:30 Hymn Sing 11:00 Strong and Steady 11:00 Express Yourself 1:00 strength 1:30 You and I 3:00 Active Games	 1:30 Neighbourhood Time 3:00 Manicures 4:00 Coffee and Tea Social 6:30 Special Bingo	 9:30 Neighbourhood Time 11:00 Strength Training 11:00 Hand Messages 2:30 Entertainment with Mike Barnes 4:00 Soothing Sensations 6:30 Arts and Crafts	 9:30 Neighbourhood Time 11:00 Rainbow Reach 11:00 Java Music Club 2:00 Bingo 3:00 Active Games 4:00 Movie Night	 9:30 Neighbourhood Time 11:00 Tai Chi 11:00 Stepping Out 1:30 Express Yourself 3:30 In The Kitchen	 9:30 Neighbourhood Time 11:00 For the Fun of Fit 2:00 Brains and Banter 3:30 Saturday Social
 9:30 Neighbourhood Time 10:30 Stepping Out 11:00 In The Kitchen Bingo 2:30 Church Service 3:30 Bingo	 9:30 Neighbourhood Time 9:30 Halloween Cookie Decorating 11:00 Strong and Steady 1:00 strength 1:30 Halloween Movie 3:30 Active Games 4:00 Soothing Sensations	 10:30 Hymn Sing 1:30 Neighbourhood Time 3:00 Manicures 4:00 Musical Moments 6:30 Special Bingo	 9:30 Neighbourhood Time 11:00 Strength Training 11:00 Stepping Out 1:30 Hand Messages/ Hand Exercises 6:30 Pumpkin Painting & Paper Bats	 9:30 Neighbourhood Time 11:00 Rainbow Reach 11:00 Express Yourself Fall Craft 1:30 In The Kitchen 2:30 Musical Moments 3:30 Circle of Friends	 10:00 Grandview Kids 11:00 Tai Chi 1:30 Neighbourhood Time 3:00 Balloon Toss 4:00 Guided Meditation 6:30 Ghost Busters- Movie	 Halloween 9:30 Neighbourhood Time 10:30 Halloween Bingo 1:30 For the Soul 2:30 Halloween Entertainment Jay & Leah 4:00 Halloween Movie Night