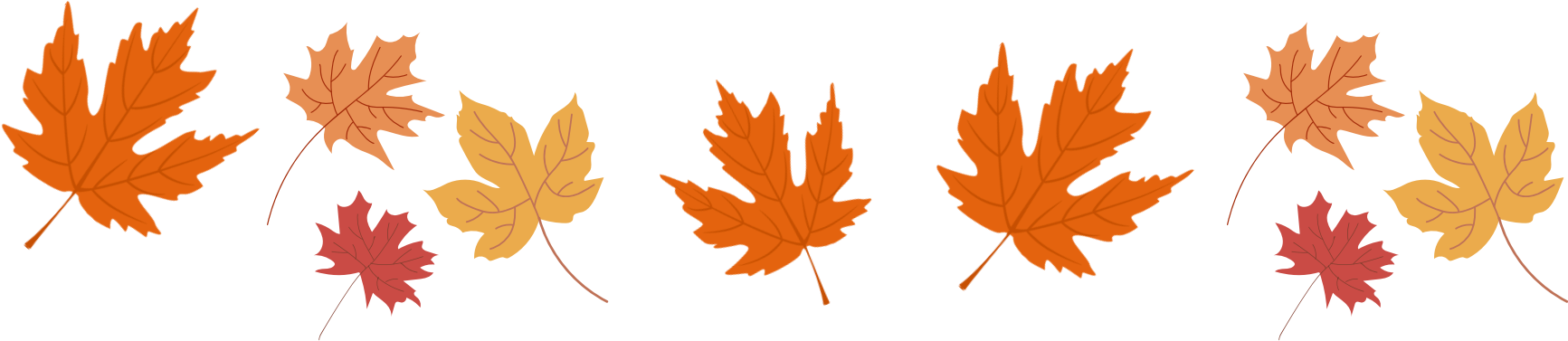


OCTOBER

Johnston

Legend	
SC - Spiritual Centre	L—Library
MS—Main Street	D-Den
OA— Open Area	CC-Community Centre
C,OA-Cumberland open area	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Oktoberfest 1:30 Neighbourhood time 230 Oktoberfest Celebration 3:30 You & I 6:00 Bingo	2 Smile Day 10:00 Gentle Fitness 11:00 Neighbourhood Time 2:30 For the Fit of Fun 3:30 Musical Moments	3 10:00 For the Soul 11:00 Neighbourhood Time 2:30 Bingo On Main Street 3:45 Soothing sensations
4 10:00 Music Appreciation 10:30 Brains and Banter 2:30 Ball Toss 3:00 Manicures	5 10:00 Gentle Fitness 11:00 For the Soul 1:30 Express Yourself 2:30 For the Fit of Fun 2:45 Gardening with Jenny 6:00 Bingo	6 10:00 Java Club 11:00 Brains & Banter 2:30 In The Kitchen 3:30 You & I	7 10:00 Express Yourself 11:00 IN2L Fun 2:30 Happy Hour 3:30 You and I 6:00 Balloon Tennis	8 9:30 Neighbourhood Time 10:30 For the Fun of Fit 2: 30 Manicures 3:30 You & I 6:00 Bingo	9 9:00 Neighbourhood Time 10:00 Gentle Fitness 11:00 Musical Moments 2:30 Express Yourself 3:30 You & I	10 10:00 Neighbourhood Time 11:00 Brains & Banter 2:30 Bingo On Main Street 3:30 Music Appreciation
11 10:00 Virtual Mass 10:30 Express Yourself 2:30 Sunday Social 3:00 Church Services with Phil - SC	12 10:30 Catholic Mass 12:30 Neighbourhood Time 2:30 Thanksgiving Social - MS 2:45 Gardening with Jenny 6:00 Bingo	13 10:00 Express Yourself 11:00 Neighbourhood Time 2:30 In The Kitchen 3:30 You & I	14 10:00 Java Club 11:00 Neighbourhood Time 3:00 Birthday Bash with Marcus 6:00 Mini manicures	15 1:30 Neighbourhood Time 2: 30 Movie Of The Month: Hocus Pocus 3:30 You & I 6:00 Bingo	16 10:00 Gentle Fitness 11:00 IN2L fun 1:00 Neighbourhood Time 2:00 Colouring 3:30 Brains and Banter 6:00 For the Fun of Fit	17 10:00 For the Soul 11:00 Neighbourhood Time 2:00 Golden Oldies - MS 3:45 Soothing sensations

OCTOBER

Johnston

Legend

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MS—Main Street

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 10:00 Music Appreciation 10:30Brains and Banter 2:30 Ring Toss 3:00 Express Yourself	19 10:00 Gentle Fitness 11:00 For the Soul- 1:30 Neighbourhood Time 2:30 For the Fit of Fun 2:45 Gardening with Jenny	20 10:00 Java Club 11:00 Express Yourself 2:30 Neighbourhoof Time 4:00 You & I Fall Leaf Trip 10 - 12 & 2 - 4	21 10:00 Neighbourhood Time 10:30 Residents Council-L 11:00 For the Fit of fun 2:30 Happy Hour 6:00 Tech Play	22 10:30 Neighbourhood time 2:30 You and I	23 10:00 Gentle Fitness 10:30 Musical Moments 11:00 IN2L fun 2:30 Express Yourself 3:30 Stepping Out	24 10:00 Express yourself 11:00 Brains & Banter 2:30 Bingo On Main Street 3:30 Music Appreciation
25 10:15 Virtual Mass 10:30 Neighbourhood Time 2:30 Sunday Social 3:00 Church Services with Phil - SC	26 Election Day 12:30 Neighbourhood Time 1:30 Art with Glynnis - CC 2:15 Balloon Tennis 2:45 Gardening with Jenny 6:00 Bingo	27 10:00 Java Club 11:00 Express Yourself 2:30 Halloween Baking 4:00 You & I	28 10:00 Brains & Banter 11:00 For the Fit of Fun 1:00 Neighbourhood Time 2:30 Halloween Craft 3:30 You & I 6:00 Circle of Friends	29 1:30 Neighbourhood Time 2:30 Pumpkin Carving 3:30 You & I 6:00 Bingo	30 10:00 Gentle Fitness 10:30 Food Committee 10:30 Musical Moments 11:00 IN2L fun 2:00 Hallween Bash - MS 3:30 Stepping Out	31 Halloween 10:00 Express yourself 11:00 Brains & Banter 2:30 Halloween Cart 3:30 Music Appreciation

Upcoming Events :

- Friday, November 6th - Diwali Celebration
- Monday, November 9th - Art 4 Life
- Wednesday, November 11th - Remembrance Days
- Wednesday, November 18th - Birthday Bash with Ryan
- Saturday, November 21st - Christmas Market
- Monday, November 23rd - Art 4 Life
- Friday, November 27th - Food Committee

