

OCTOBER

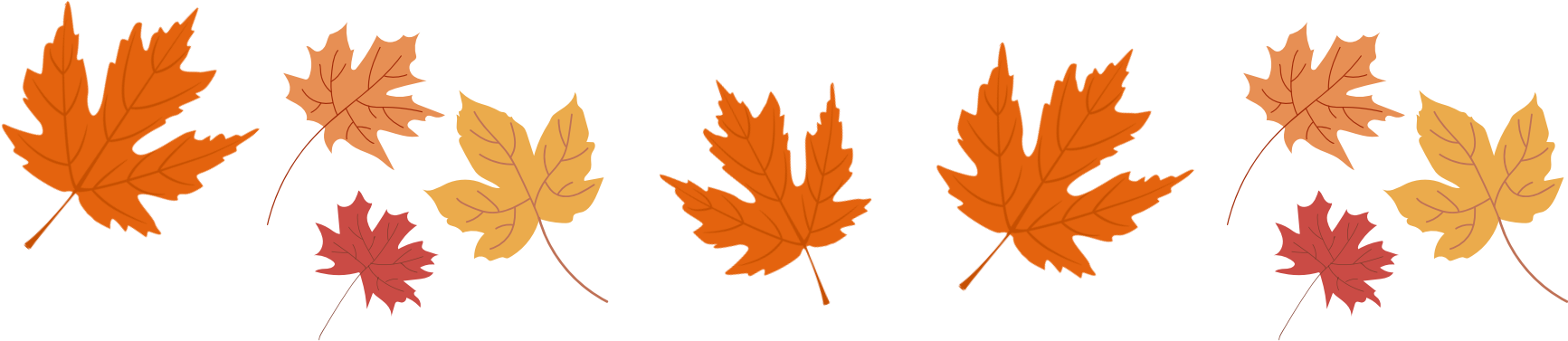
Wright Neighbourhood

Legend

Do - Downey
Ha - Hagey
Jo - Johnston
Ma - Matthews
Po - Pollock

Wr - Wright
C - Chapel
CC - Community Centre
CY - Courtyard
FC - Fitness Centre

L - Library
MS - Main Street
RH - Retirement

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30 Chapel Service (C) 10:30 Zumba (FC) 12:30 Greenhouse Drop-in 1:30 Art with Jordan	2 9:00 Bingo Outing 3:30 Active Games (FC) 6:30 Crafting Club (CC)	3 9:30 Daily Perk 11:00 Drum Fit 2:00 Family Games (CC) 4:00 Stepping Out
4 9:45 Hymn Sing 10:00 For the Soul 11:15 Muscle Relaxation 2:15 Creative Moments 3:30 For the Fun of Fit	5 Active Aging Week 10:00 Green Thumbs 12:30 Greenhouse Drop-in 3:30 Card Bingo 6:30 Game Show Trivia (CC)	6 9:30 Rosary (C) 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 3:45 Music with Mallory 6:30 Karaoke Outing	7 10:00 Conversation Cafe with Students 10:30 Sit and Get Fit 11:30 Balloon Time 2:00 PEG Talk: Baseball Legends (C) 3:30 Balance Class (FC) 6:30 Film & Popcorn (C)	8 9:30 Chapel Service (C) 10:30 Active Competition 12:30 Greenhouse Drop-in 1:30 Art with Jordan 2:30 Men's Club - Nacho Day 6:30 Active Games (MS)	9 10:00 Bingo (Ma) 11:00 You & Me 2:30 I saw that on the internet 3:30 Active Games (FC) 6:30 Crafting Club (CC)	10 9:30 Daily Perks 10:00 Neighbourhood Time 2:00 Entertainment with Lynne & Rick (Do) 3:30 You and Me
11 10:00 For the Soul 10:30 Stepping Out 2:00 In the Kitchen 3:30 Circle of Friends	12 Thanksgiving 2:00 For the Fun of Fit 3:00 Travelogue: Australia 4:00 Stepping Out 6:30 Game Show Trivia (CC)	13 9:30 Rosary (C) 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 3:45 Music with Mallory 6:30 Devotions (C)	14 10:00 Brains and Banter 10:30 Sit and Get Fit 11:00 Patio Time 2:00 Games Afternoon with Eugenio (C) 3:30 Manicures 3:30 Balance Class (FC) 6:30 Games Night (CC)	15 9:30 Chapel Service (C) 10:30 Zumba (FC) 12:30 Greenhouse Drop-in 1:30 Art with Jordan 2:00 Residents' Council (C) 2:30 Stepping Out 6:30 Active Games (MS)	16 10:00 Bingo (Wr) 11:00 You & Me 2:30 Movie Matinee - The making of Mary Poppins 3:30 Active Games (FC) 6:30 Crafting Club (CC)	17 9:30 Daily Perk 11:00 Java Music 2:00 Entertainment with Barry (Ma) 4:00 Stepping Out

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18 9:45 Hymn Sing 10:00 For the Soul 11:15 Muscle Relaxation 2:00 Creative Moments 3:30 For the Fun of Fit	19 10:00 Green Thumbs 11:00 Card Bingo 12:30 Greenhouse Drop-in 2:00 Express Yourself 3:30 Card Games 6:30 Game Show Trivia (CC)	20 9:30 Rosary (C) 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 3:45 Music with Mallory 6:30 In the Kitchen: Caramel Apple Cider (CC)	21 10:30 Sit and Get Fit 12:00 Diner’s Club 2:00 Food Committee (Do) 3:30 Balance Class (FC) 6:30 Games Night (CC)	22 9:30 Chapel Service (C) 1:30 Art with Jordan 2:00 Chaplain’s Chat	23 10:00 Bingo (Ma) 11:00 You & Me 2:30 Travelling Cart: 80s Candy 3:30 Active Games (FC) 6:30 Crafting Club (CC)	24 9:30 Daily Perks 10:30 Neighbourhood Time 2:00 Oktoberfest Party with Rich (MS) 3:30 You & Me
25 Spiritual Care Week 10:00 For the Soul 11:00 October Trivia 2:30 Brains & Banter 3:30 Exercise with Danica	26 Municipal Election 10am-3pm in Retirement 10:00 Green Thumbs 12:30 Greenhouse Drop-in 2:00 Calendar Planning and Resident Bill of Rights 4:15 Poetry Reading 6:30 Game Show Trivia (CC)	27 9:30 Rosary (C) 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 3:45 Music with Mallory 6:30 Devotions (C)	28 9:00 In the Kitchen with Kim 10:30 Sit and Get Fit 2:30 Red Hat Ladies 3:30 Balance Class (FC) 6:30 Games Night (CC)	29 9:30 Chapel Service (C) 10:30 Zumba (FC) 12:30 Greenhouse Drop-in 1:30 Art with Jordan 2:30 Stepping Out 6:30 Active Games (MS)	30 10:00 Bingo (Wr) 11:00 You & Me 2:30 IN2L: Driving 3:30 Active Games (FC) 6:30 Crafting Club (CC)	31 Halloween 9:30 Daily Perek 11:00 Java Music 2:00 Entertainment with Michael (Wr) 4:00 Stepping Out

Outings:

October 2nd - Bingo & Lunch

October 6th - Chicago Karaoke

Your Recreation Team:

Full-Time - Tiffany

Part-Time - Sydney

Calendar Planning and Resident Bill of Rights

We invite you to attend this meeting on your neighbourhood. Learn about your Bill of Rights. Have your input as we plan next month’s activities, programs, and outings!

Hosted by your Recreation Team Member.

