




July 2021

Emma's Neighbourhood



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1. Canada Day!  8:00 Breakfast 11:15 Fitness 12:00 Lunch 2:45 In The Kitchen 5:00 Dinner	2. 8:00 Breakfast 11:00 You and Me 12:00 Lunch 2:30 Patio Time 5:00 Dinner	3. 8:00 Breakfast 11:00 You and Me 12:00 Lunch 2:30 Patio Time 5:00 Dinner
4. 8:00 Breakfast 10:00 You and Me 12:00 Lunch 2:00 Patio Time 5:00 Dinner	5. 8:00 Breakfast 12:00 Lunch 2:00 Patio Time 5:00 Dinner	6. 8:00 Breakfast 11:00 Express Yourself 12:00 Lunch 2:00 Fitness 3:30 You and Me 5:00 Dinner	7. 8:00 Breakfast 11:00 Express Yourself 12:00 Lunch 2:00 Musical Moments 5:00 Dinner	8. 8:00 Breakfast 10:30 Brains and Banter 11:15 Fitness 12:00 Lunch 2:00 In the Kitchen 3:00 You and Me 5:00 Dinner	9. 8:00 Breakfast 11:00 Brains and Banter 12:00 Lunch 1:30 Stepping Out 3:00 Pictionary 5:00 Dinner	10. 8:00 Breakfast 11:00 For the Fun of Fit 12:00 Lunch 1:00 You and Me 2:30 Soothing Sensations 5:00 Dinner
11. 8:00 Breakfast 10:30 For the Soul 12:00 Lunch 1:00 Music in the Living Room 3:00 Stepping Out 5:00 Dinner	12. 8:00 Breakfast 12:00 Lunch 2:00 In the Kitchen 5:00 Dinner 6:30 Circle of Friends	13. 8:00 Breakfast 11:00 You and Me 12:00 Lunch 2:00 Fitness 2:30 Watermelon Snack 5:00 Dinner	14. 8:00 Breakfast 11:00 Express Yourself 12:00 Lunch 2:00 Musical Moments 3:00 Stepping Out 5:00 Dinner 6:30 Soothing Sensations	15. 8:00 Breakfast 10:30 Brains and Banter 11:15 Fitness 12:00 Lunch 2:00 In the Kitchen 3:00 You and Me	16. 8:00 Breakfast 10:00 Musical Moments 12:00 Lunch 1:30 Stepping Out 3:00 Pub Social 5:00 Dinner	17. 8:00 Breakfast 11:00 For the Fun of Fit 12:00 Lunch 1:00 You and Me 2:30 Soothing Sensations 5:00 Dinner
18. 8:00 Breakfast 10:30 For the Soul 12:00 Lunch 2:00 Musical Moments 3:00 Stepping Out 5:00 Dinner	19. 8:00 Breakfast 12:00 Lunch 2:00 In the Kitchen 5:00 Dinner 6:30 Circle of Friends	20. 8:00 Breakfast 11:00 Movie 12:00 Lunch 2:00 Fitness 5:00 Dinner	21. 8:00 Breakfast 11:00 Express Yourself 12:00 Lunch 3:30 You and Me 5:00 Dinner	22. 8:00 Breakfast 10:30 Brains and Banter 11:15 Fitness 12:00 Lunch 2:00 In the Kitchen 3:00 You and Me 5:00 Dinner	23. 8:00 Breakfast 11:00 Circle of Friends 12:00 Lunch 2:00 Dairy Queen Treats 3:00 Stepping Out 5:00 Dinner	24. 8:00 Breakfast 11:00 For the Fun of Fit 12:00 Lunch 1:00 You and Me 2:30 Soothing Sensations 5:00 Dinner
25. 8:00 Breakfast 10:30 For the Soul 12:00 Lunch 1:00 Music in the Living Room 3:00 Stepping Out 5:00 Dinner	26. 8:00 Breakfast 12:00 Lunch 2:00 In the Kitchen 5:00 Dinner 6:30 Circle of Friends	27. 8:00 Breakfast 12:00 Lunch 12:00 Diner's Club 2:00 Fitness 5:00 Dinner	28. 8:00 Breakfast 11:00 Express Yourself 12:00 Lunch 2:00 Craft Project 5:00 Dinner 6:30 Soothing Sensations	29. 8:00 Breakfast 10:30 Brains and Banter 11:15 Fitness 12:00 Lunch 2:00 Craft Project 3:00 You and Me 5:00 Dinner	30. 8:00 Breakfast 10:00 Musical Moments 12:00 Lunch 1:30 Stepping Out 3:00 Pub Social 5:00 Dinner	31. 8:00 Breakfast 11:00 For the Fun of Fit 12:00 Lunch 1:00 You and Me 2:30 Soothing Sensations 5:00 Dinner