



July 2021

Neighbourhood of Emma's



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Recreation Team Members:
Katie, Full-Time Recreation Team Member
Ciara, Part-Time Recreation Team Member

Contact:
Phone—226-251-3065, ext. 811
Email—arbourtrails.recreation@schlegelvillages.com

Enjoy Food Trucks Every Tuesday from 4:30pm to 6:00pm!
 *Will take cash and card




1 Canada Day
 8:30 Breakfast
 11:15 Canada Day Reminiscing
 12:00 Lunch
2:30 Outdoor Entertainment: Kevin Coates
 4:00 In the Garden
 5:00 Dinner



2
 8:30 Breakfast
 10:15 Music and Memory
 11:00 Read and Reminisce: Chicken Soup for the Soul
 12:00 Lunch
 2:30 Dance Train
 3:15 Happy Hour Cart
 5:00 Dinner

3
 11:00 Balloon Volleyball
 3:00 Musical Moments
 3:30 Movie Matinee: "Classic Moments with Laurel & Hardy"

4
 8:30 Breakfast
 11:00 Café Cart: Featuring Iced Tea
 12:00 Lunch
 3:00 Chapel Service
 3:45 Sunday TV Series: "The Beverly Hillbillies"
 5:00 Dinner

5 The Boutique Vendor: Outside 10-4 Front Entrance
 8:30 Breakfast
 11:00 Let's Connect
 12:00 Lunch
 2:00 Arbour Trails Travels to: The Yukon
 3:00 Stepping Out
 4:00 Musical Moments
 5:00 Dinner
7:00 LIVE Virtual Classic Country Sing-Along

6
 8:30 Breakfast
 11:00 Pamper Me
 12:00 Lunch
 3:00 In the Garden
 4:00 Express Yourself
 5:00 Dinner
 6:15 Neighbourhood Time

7
 8:30 Breakfast
 10:30 Friendly Visits
 11:15 Drumfit
 12:00 Lunch
 2:00 Java Time
 3:00 Men's Conversation Connection
 3:45 Music and Memory
 5:00 Dinner

8
 8:30 Breakfast
 11:15 In the Garden
 12:00 Lunch
 2:00 For the Soul: Devotion Time
 2:30 Let's Connect
 3:00 In the Garden
 5:00 Dinner

9
 8:30 Breakfast
 10:15 Music and Memory
 11:00 Read and Reminisce: Memories of the Summertime
 12:00 Lunch
 2:30 Dance Train
 3:15 Happy Hour Cart
 5:00 Dinner

10

11
 8:30 Breakfast
 10:30 Salvation Army Band
 12:00 Lunch
 3:00 Virtual Chapel Service
 3:45 Sunday TV Series: "The Beverly Hillbillies"
 5:00 Dinner

12
 8:30 Breakfast
 10:30
 12:00 Lunch
 2:00 Arbour Trails Travels to: Exhibition Park, Guelph
 3:00 Stepping Out
 4:00 Musical Moments
 5:00 Dinner
 7:00 Classic Country Sing-Along

13
 8:30 Breakfast
 11:00 Pamper Me
 12:00 Lunch
 2:30 Brains and Banter
 3:00 In the Garden
 4:00 Express Yourself
 5:00 Dinner
 6:15 Neighbourhood Time

14
 8:30 Breakfast
 10:30 Friendly Visits
 11:15 Drumfit
 12:00 Lunch
 2:00 Java Time
 3:00 Men's Conversation Connection
 3:45 Music and Memory
 5:00 Dinner

15
 8:30 Breakfast
 11:15 Stepping Out
 12:00 Lunch
 2:00 For the Soul: Inspirations Bible Study Group
 2:30 Let's Connect
 2:45 Chaplain Visits
 3:00 In the Garden
 5:00 Dinner

16
 8:30 Breakfast
 10:15 Music and Memory
 11:00 Read and Reminisce: Short Stories
 12:00 Lunch
2:30 Outdoor Entertainment: The Remedy Band
 3:15 Happy Hour Cart
 5:00 Dinner

17

18
 8:30 Breakfast
 11:00 Café Cart: Featuring Lemonade
 12:00 Lunch
 3:00 Chapel Service
 3:45 Sunday TV Series: "The Beverly Hillbillies"
 5:00 Dinner


19
 8:30 Breakfast
 12:00 Lunch
 2:00 Arbour Trails Travels to: The Guelph Countryside
 3:00 Stepping Out
 4:00 Musical Moments
 5:00 Dinner
7:00 LIVE Virtual Classic Country Sing-Along

20 Bijoux Boutique 1-2
 8:30 Breakfast
 11:00 Pamper Me
 12:00 Lunch
 2:00 Brains and Banter
 3:00 In the Garden
 4:00 Express Yourself
 5:00 Dinner
 6:15 Neighbourhood Time

21
 8:30 Breakfast
 10:30 Friendly Visits
 11:15 Drumfit
 12:00 Lunch
2:30 Outdoor Entertainment: Aiden Purnell
 5:00 Dinner

22
 8:30 Breakfast
 11:15 Stepping Out
 12:00 Lunch
 2:00 For the Soul: Pathways Music
 2:30 Let's Connect
 3:00 In the Garden
 5:00 Dinner

23 Olympics Begin!
 8:30 Breakfast
 10:15 Music and Memory
 11:00 Read and Reminisce: the History of the Olympics
 12:00 Lunch
 3:15 Happy Hour Cart
 5:00 Dinner



24

25
 8:30 Breakfast
 11:00 Café Cart: Featuring Summer Punch
 12:00 Lunch

26
 8:30 Breakfast
 11:00 Let's Connect
 12:00 Lunch
 2:00 Arbour Trails Travels to:

27
 8:30 Breakfast
 11:00 Pamper Me
 12:00 Lunch
 2:00 Brains and Banter

28
 8:30 Breakfast
 10:30 Friendly Visits
 11:15 Fun and Fitness
 12:00 Lunch

29 Christmas in July 11-3
 8:30 Breakfast
 11:15 Stepping Out
 12:00 Lunch
 2:00 In the Garden



30
 8:30 Breakfast
 10:15 Music and Memory
 11:00 Read and Reminisce: What's in the Bag

31