




# August 2019

## Alderwood Neighbourhood



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>LOCATION ABBREVIATIONS</b> CC- Community Centre CH- Chapel MST- Main Street FR- Family Room CK- Country Kitchen HR- Hobby Room 1:1- Individual Program CY- Courtyard	<b>LOCATION ABBREVIATIONS</b> LAM- Lambton BRU- Brule ALD- Alderwood ISL- Islington WES- Weston WADS- Wadsworth	<b>LOCATION ABBREVIATIONS</b> LO- Lounge PR- Parlor Room GH- Green House RT- Retirement TS- Town Square TH- Town Hall LIB- Library HS- Hobby Shop	P - Patio 	<b>1</b> 9:45 Shuttle Runs 10:00-1:00 Conversation Café <i>(See Flyers)</i> 10:45 Hymn Sing - CC 1:00 Fit to Flex - LO 1:30 Chimes - LIB 2:30 Prized Bingo - LO 3:30 Word Scrambler - LO	<b>2</b> 2:00 Roman Catholic Service - TH 3:00 Heart Beats - TS 4:00 Hymn Sing - LO	<b>3</b> 10:30 Move & Groove-WADS 1:30 Caribana - MST 2:30 Bingo - RT/TS 6:30 Bingo - LTC/WADS
<b>4</b> 9:30 Interfaith Service - TH 10:30 Feel 'N' Fold - CC 2:00 Lutheran Service - LIB 6:30 Movie Night - TH	<b>5</b> <b>Civic Holiday</b> 10:30 Hawaiian Luau - RT/CY 2:00 Toonie Bingo - RT/HS	<b>6</b> 9:30 Intergenerational Prgm-CC 10:00 Baking - CK 11:00 Music Therapy - LO Islington 2:30 Horticultural Therapy - CK 3:00 Java Music - CC	<b>7</b> 11-1pm Diversity Lunch: <b>India/Pakistan - Café</b> 1:30 Karaoke - LO 2:30 Music with Rina - WES 6:30 Bingo - WADS	<b>8</b> 9:45 Shuttle Runs 10:45 Hymn Sing - CC 1:00 Fit to Flex - LO 1:30 Chimes - LIB 2:00 It's Never 2 Late - LO 3:00 Friendly Visits - IP's 7:00 Music in the Gardens with <b>Emilio - RH CY</b>	<b>9</b> 10-2 Deneube Furnishings-MST 10:00 Alderwood Trip 2:00 Roman Catholic Service-TH 3:00 Heart Beats - TS 4:00 Hymn Sing - LO	<b>10</b> 10:00 Zumba - TH 1:30 Social Hour with <b>Country Kenny - MST</b> 2:30 Bingo - RT/TS 6:30 Bingo - LTC/WADS
<b>11</b> 9:30 Interfaith Service - TH 10:30 Feel 'N' Fold - CC 2:00 Baptist Service - LIB 6:30 Movie Night - TH	<b>12</b> 9:45 & 1:45 Cloverdale Trip 10:15 Horticultural Therapy - CC 10:45 Hymn Sing - LIB 1:00 Fit to Flex - LO 2:00 Mind Joggers - P 3:00 Ice Cream Cart 6:30 Sing-A-Long - LAM	<b>13</b> 9:30 Intergenerational Prgm-CC 11:00 Music Therapy - LO Neighborhood Time 2:30 Horticultural Therapy - CK	<b>14</b> 11-1pm Diversity Lunch: <b>Eastern Europe - Café</b> Spontaneous Activities 3:00 Musical Caribbean Cruise with Deirdrey - TS 6:30 Bingo - WADS	<b>15</b> 9:45 Shuttle Runs 10:30 Anglican Service - CC 1:00 Fit to Flex - LO 1:30 Chimes - LIB Neighborhood Time 3:00 Resident Council - CC 7:00 Pub Night with Steve <b>Vaughan- TS</b>	<b>16</b> 2:00 Roman Catholic Service - TH 3:00 Heart Beats - TS 4:00 Hymn Sing - LO	<b>17</b> 10:30 Move & Groove-WADS 1:30 Patio Social - LTC 2:30 Bingo - RT/TS 6:30 Bingo - LTC/WADS
<b>18</b> 9:30 Interfaith Service - TH 10:30 Feel 'N' Fold - CC 3:00 Social Hour with <b>Dolphin - TS</b> 6:30 Movie Night - TH	<b>19</b> 10-2 Worldwide <b>International Vendor-TS</b> 10:15 Horticultural Therapy-CC 10:45 Hymn Sing - LIB 1:00 Fit to Flex -LO 1:45 Walmart Trip 6:30 Sing-A-Long - LAM	<b>20</b> 9:30 Intergenerational Prgm-CC 11:00 Music Therapy - LO 11:30 Lunch Outing: Canyon <b>Creek</b> Neighborhood Time 2:30 Horticultural Therapy - CK	<b>21</b> 10-2 Barbara Jean Fashions-TS 11-1pm Diversity Lunch: <b>Tibet - Café</b> 1:30 Spa Treatments 3:00 Aroma Painting - CK 6:30 Bingo - WADS	<b>22</b> 9:45 Shuttle Runs 10:00 10:45 Hymn Sing - CC 1:00 Fit to Flex - LO 1:30 Chimes - LIB 2:30 Prized Bingo - LO 3:30 Travelodge - LO	<b>23</b> 10:00 Bingo - LO 11:00 Nature Walk 2:00 Roman Catholic Service-TH 3:00 Heart Beats - TS 4:00 Hymn Sing - LO	<b>24</b> 10:00 Zumba - TH 2:30 Bingo - RT/TS 6:30 Bingo - LTC/WADS
<b>25</b> 9:30 Interfaith Service - TH 10:30 Feel 'N' Fold - CC 2:00 Faith Sanctuary - LIB 6:30 Movie Night - TH	<b>26</b> 10:15 Horticultural Therapy-CC 10:45-4 Grand River Boat <b>Cruise Trip</b> 10:45 Hymn Sing - LIB 1:00 Fit to Flex - LO 2:00 Cooking with Cath - CK 3:00 Friendly Visits - IP's 6:30 Sing-A-Long - LAM	<b>27</b> 9:30 Intergenerational Prgm-CC 10:00 Fitness - LO 11:00 Music Therapy - LO 1:45 Superstore Trip 2:30 Horticultural Therapy - CK 2:30 Wine & Cheese with Live <b>Jazz Music - TS</b>	<b>28</b> 11-1pm Diversity Lunch: <b>Taste of the World-Café</b> 3:00 Music in the Gardens with <b>Frazer French - LAM CY</b> 6:30 Bingo - WADS	<b>29</b> 9:45 Shuttle Runs 10:45 Hymn Sing - CC 1:00 Fit to Flex - LO 1:30 Chimes - LIB 3:00 Birthday Celebration with Emilio - TS	<b>30</b> 2:00 Roman Catholic Service - TH 3:00 Heart Beats - TS 4:00 Hymn Sing - LO	<b>31</b> 10:30 Move & Groove-WADS 2:30 Bingo - RT/TS 6:30 Bingo - LTC/WADS