



SEPTEMBER 2022

APPLEBY NEIGHBOURHOOD



The Village of

TANSLEY WOODS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p>1</p> <p>8:00 Breakfast 9:30 Daily Perks 10:00 Calendar drop-off 11:00 Music Therapy W/ Angela 12:00 Lunch 1:00 Chapel W/ Lisa 2:00 Fall Decorating 3:00 Pilates 4:00 1:1 Visits</p>	<p>2 <u>Blueberry Popsicle Day</u> 8:00 Breakfast Club-CC 9:30 Daily Perks 10:00 Java Music Club 10:45 Horticulture W/ Lindsay 12:00 Lunch 1:45 Drum Fit— Lounge 2:30 Standing Balance W/ Sarah 5:00 Dinner 6:30 Brent M performs and Happy hour-MS</p>	<p>3 <u>International Bacon Day</u></p> <p>8:00 Breakfast 12:00 Lunch 2:00 Spa Day— MS 5:00 Dinner</p>
<p>4</p> <p>8:00 Breakfast 12:00 Lunch 2:00 Church Service W/ Lisa-- MS 5:00 Dinner</p>	<p>5 <u>National Cheese Pizza Day</u></p> <p>8:00 Breakfast 9:15 Fun Fit W/ Charlene 12:00 Lunch 1:30 Daily Perks 2:00 Travelogue 3:00 Music And Moves 4:00 Family Visits 5:00 Dinner 6:00 Bingo night</p>	<p>6</p> <p>8:00 Breakfast 9:30 Trivia 10:30 Standing Balance W/ Sarah 12:00 Lunch 1:30 Bible Study— L 3:00 Group Exercise Class-FC 4:00 Name That Tune 5:00 Dinner</p>	<p>7</p> <p>8:00 Breakfast 12:00 Lunch 5:00 Dinner</p>	<p>8</p> <p>8:00 Breakfast 9:30 Daily Perks 10:00 Active Game 11:00 Music Therapy W/ Angela 12:00 BBQ Lunch 1:00 Chapel W/ Lisa 2:00 Brain And Banter 3:00 Yoga Class— FC 4:00 1:1 Visits 5:00 Dinner</p>	<p>9</p> <p>8:00 Breakfast 10:45 Horticulture W/ Lindsay 12:00 Lunch 1:30 Daily Perks 1:45 Drum Fit— Lounge 2:30 Standing Balance W/ Sarah 3:00 Java Music Club 4:00 Family Visits 5:00 Dinner 6:30 Popcorn Social</p>	<p>10</p> <p>8:00 Breakfast 10:00 Daily Perks 10:30 Tai Chi—FC 11:00 Courtyard Social 12:00 Lunch 2:00 Gerry Larkins Performs 3:00 Let's Get Creative 5:00 Dinner</p>
<p>11 <u>Grandparents Day</u></p> <p>8:00 Breakfast 10:30 Grandparents Card Delivering 11:00 Outdoor Strolls 12:00 Lunch 2:00 Church Service W/ Lisa— MS 3:00 Travelling Photo Booth 5:00 Dinner</p>	<p>12</p> <p>8:00 Breakfast 9:15 Fun Fit W/ Charlene 12:00 Lunch 1:30 Daily Perks 2:00 Let's get creative 4:00 Family Visits 5:00 Dinner 6:00 Happy Hour</p>	<p>13</p> <p>8:00 Breakfast 9:30 Let's Get Creative 10:30 Standing Balance W/ Sarah 12:00 Lunch 1:30 Bible Study— L 3:00 Group Exercise Class— FC 4:00 Karaoke 5:00 Dinner</p>	<p>14 <u>National Kreme Filled Donut Day</u></p> <p>8:00 Breakfast 12:00 Lunch 5:00 Dinner</p>	<p>15 <u>National Guacamole Day</u></p> <p>8:00 Breakfast 9:30 Daily Perks 10:00 Brains And Banter 11:00 Music Therapy W/ Angela 12:00 Lunch 1:00 Chapel W/ Lisa 2:00 Let's get creative 2:30 Bike Rides 3:00 Yoga Class— FC 4:00 1:1 Visits 5:00 Dinner</p>	<p>16</p> <p>8:00 Breakfast 9:30 Daily Perks 10:00 Java Music Club 10:45 Horticulture W/ Lindsay 12:00 Lunch 1:45 Drum Fit— Lounge 2:30 Standing Balance W/ Sarah 3:30 Paula French Performs-MS 5:00 Dinner</p>	<p>17 <u>Oktoberfest Begins</u></p> <p>8:00 Breakfast 12:00 Lunch 1-3pm Car Show— Front parking Lot 5:00 Dinner</p>
<p>18</p> <p>8:00 Breakfast 12:00 Lunch 2:00 Church Service W/ Lisa— MS 3:00 Terry Fox Walk— Pond 5:00 Dinner</p>	<p>19 <u>Talk Like a Pirate Day</u></p> <p>8:00 Breakfast 9:15 Fun Fit W/ Charlene 12:00 Lunch 1:30 Daily Perks 2:00 Let's get creative 4:00 Family Visits 5:00 Dinner 6:00 Pirate Movie Night</p>	<p>20</p> <p>8:00 Breakfast 9:30-1:30 Neighborhood Time (TM) 10:30 Standing Balance W/ Sarah 12:00 Lunch 1:30 Bible Study— L 3:00 Group Exercise Class-FC 4:00 Name That Tune 5:00 Dinner</p>	<p>21</p> <p>8:00 Breakfast 12:00 Lunch 5:00 Dinner</p>	<p>22 <u>Autumnal Equinox</u></p> <p>8:00 Breakfast 9:30 Daily Perks 10:00 Fall decorating—MS 11:00 Music Therapy W/ Angela 12:00 Lunch 1:00 Chapel W/ Lisa 2:00 Crosswords 3:00 Yoga Class— FC 4:00 Friendly Visits 5:00 Dinner</p>	<p>23</p> <p>8:00 Breakfast 10:45 Horticulture W/ Lindsay 12:00 East Side Mario's Lunch Club-MS 2:00 Drum Fit— Lounge 2:30 Standing Balance W/ Sarah 3:00 Java Music Club 4:00 Family Visits 5:00 Dinner 6:30 Pretty Polish</p>	<p>24</p> <p>8:00 Breakfast 10:00 Daily Perks 10:30 Let's Get Creative 10:30 Tai Chi— FC 12:00 Lunch 2:00 David Skolnik 3:00 Courtyard Social 4:00 1:1 Visits 5:00 Dinner</p>
<p>25</p> <p>8:00 Breakfast 10:00 Daily Perks 10:00 Brains And Banter 11:00 Outdoor Strolls 12:00 Lunch 2:00 Church Service W/ Lisa— MS 3:00 Let's Get Creative 5:00 Dinner</p>	<p>26</p> <p>8:00 Breakfast 9:15 Fun Fit W/ Charlene 12:00 Lunch 1:30 Daily Perks 2:00 Let's get creative 4:00 Family visits 5:00 Dinner 6:00 Bingo Night</p>	<p>27</p> <p>8:00 Breakfast 10:30 Standing Balance W/ Sarah 12:00 Lunch 1:30 Bible Study-L 2:00 Brains and Banter 3:00 Group Exercise Class-FC 4:00 Karaoke 5:00 Dinner</p>	<p>28 <u>National Good Neighbor Day</u></p> <p>8:00 Breakfast 12:00 Lunch 5:00 Dinner</p>	<p>29</p> <p>8:00 Breakfast 9:30 Daily Perks 10:00 Crosswords 11:00 Music Therapy W/ Angela 12:00 Lunch 1:00 Chapel W/ Lisa 2:00 Let's get creative 3:00 Yoga Class—FC 3:00 Resident Council Meeting— CC 4:00 1:1 Visits 5:00 Dinner</p>	<p>30 <u>Day Of Truth & Reconciliation</u> <u>Orange Shirt Day</u></p> <p>8:00 Breakfast 9:30 Daily Perks 10:00 Java Music Club 10:45 Horticulture W/ Lindsay 12:00 Lunch 1:45 Drum Fit— Lounge 2:30 Standing balance W/ Sarah 3:00 Pretty polish 4:00 Family Visits 5:00 Dinner</p>	<p>Residents Bill Of Rights</p> <p>23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential.</p>