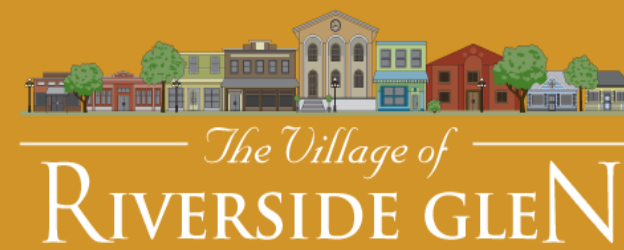




# AUGUST 2021

Arthur



SUNDAY

MONDAY





TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1 Neighbourhood Time	2 10:15 Manicures (L) 11:15 August Window (L) 2:15 Virtual Visits (RR) 3:30 Plant Watering (O) 4:15 Happy Hour (L)	3 9:45 Exercise Group (L) 11:00 Outdoor Time (O) 2:15 Horticulture Corner (L) 3:00 Get Fit with Victoria (PAL) 3:15 Bookmobile (O)	4 1:30 Virtual Visits 2:15 Active Game (L) 3:30 Virtual Visits (RR) 6:30 BINGO (L) 7:30 Evening Stroll (O)	5 Neighbourhood Time	6. <b>Root Beer Float Day!</b> <b>Music Shirt Day</b> 9:45 Ball Toss (L) 10:00 Sit n Get Fit (PAL) 10:15 Outdoor Time (O) 11:00 BINGO (L) 2:15 Virtual Visits (RR) <b>3:00 Root Beer Floats!</b>	7 9:45 Morning Stretches (L) 10:30 Plant Watering (O) 11:00 Outdoor Time (O) 2:15 IN2L (RR) 3:00 Friendly Visits (RR) 3:30 Brains and Banter (L)
8 9:45 Virtual Church Service(L) 10:30 Plant Watering (O) 11:00 Outdoor Walks (O) 2:15 Painting Club (DR) 3:30 Virtual Visits (RR)	9 <b>Safari Week!</b> 10:15 Manicures (L) 11:15 Walk n Talk (O) 2:15 Virtual Visits (RR) 3:30 Flamingo (L) 4:15 Happy Hour (L) 	10 Neighbourhood Time 3:00 Get Fit with Victoria (PAL)	11 1:30 Virtual Visits 2:15 Hungry Hippos (L) 3:30 Virtual Visits (RR) 6:30 Safari BINGO (L) 7:30 Movie in the lounge (L) 	12 <b>World Elephant Day</b> 9:45 Mix n Match (L) 10:30 Plant Watering (O) 11:00 Planet Earth (L) 11:15 Outdoor Time (O) 2:15 Music Therapy  3:00 Elephant Ball	13 9:45 Giraffe Craft (L) 10:00 Sit n Get Fit (PAL) 10:15 Outdoor Time (O) 11:00 BINGO(L) 2:15 Virtual Visits (RR)  3:00 Jungle Jenga (L)	14 Neighbourhood Time
15 Neighbourhood Time	16 10:15 Manicures (L) 11:15 Walk n Talk (O) 2:15 Virtual Visits (RR) 3:30 Plant Watering (O) 4:15 Happy Hour (L)	17 9:45 Exercise Group (L) 11:00 Outdoor Time (O) 2:15 Flower Arrangement(DR) 3:00 Get Fit with Victoria (PAL) 3:15 Bookmobile (O)	! 18 <b>Fajita Day</b> 1:30 Virtual Visits (RR) 2:15 Outdoor Walks (O) 3:30 Virtual Visits (RR) 6:30 BINGO (L) 7:30 Trivia (L)	19 Neighbourhood Time 2:15 Music Therapy (RR)	20 <b>National Lemonade Day</b> 9:45 Outdoor Ball Toss (O) 10:00 Sit n Get Fit (PAL) 11:00 BINGO (L) 2:15 Virtual Visits (RR) 3:00 <b>Lemonade Stand</b> 	21 <b>National Seniors Day</b> 9:45 Morning Stretches (L) 10:30 Plant Watering (O) 11:00 Outdoor Time (O) 2:15 IN2L(RR) 3:30 Friendly Visits (RR) 3:30 Ball Toss (L)
22 9:45 Virtual Church Service(L) 10:30 Plant Watering (O) 11:00 Outdoor Walks (O) 2:15 Creative Works (DR) 3:30 Virtual Visits (RR)	23 Neighbourhood Time	24 Neighbourhood Time 3:00 Get Fit with Victoria (PAL)	25 1:30 Virtual Visits (RR) 2:15 Move and Groove (L) 3:30 Virtual Visits (RR) 6:30 BINGO (L) 7:30 Movie in the Lounge (L)	26 9:45 Word Searches (L) 10:15 Outdoor Time (O) 11:00 Painting Club 2:15 Music Therapy (RR) 2:30 Travelling Treat Cart (N) 3:00 Friendly Visits (RR)	27 9:45 Horticulture Corner (L) 10:00 Sit n Get Fit (PAL) 11:00 BINGO (L) 2:15 Virtual Visits (RR) 3:00 Fresh Air Friday (O)	28 Neighbourhood Time
29 Neighbourhood Time	30 Neighbourhood Time	31 Neighbourhood Time 3:00 Get Fit with Victoria (PAL) 3:15 Bookmobile (O)			<b>Recreation Aide</b> <b>Natalie Fraser</b>  <b>Neighbourhood Coordinator</b> <b>Jody Gawne</b>	(L) = Lounge (DR)= Dining Room (RR0 = Resident Room (O) = Outdoors (N) = Neighbourhood