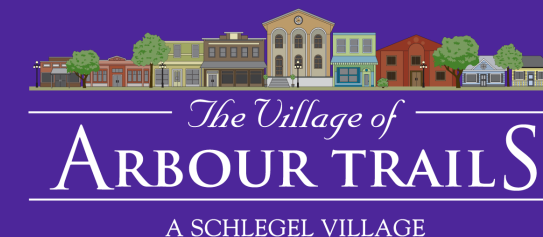




August 2019

Neighbourhood Ailsa Craig



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Where Is The Program?

C—Chapel
 HS—Hobby Shop
 L—Library
 TH—Town Hall
 EC—Egerton Café
 TS - Town Square
 FE—Front Entrance

E—Emma's (Memory Care—2nd Floor)
 EG—Egerton (Assisted Care—2nd Floor)
 MF—Main Floor
 SC—Social Club

PC - Patio Courtyard

Fitness/Program For Active Living programs held Fitness Centre FC

NOTE: Programs, their times and location are subject to change

<p>4 2:30 Chapel Service C 3:00 Fellowship MF Café 3:15 Popcorn TH 3:30 "Call the Midwife" Season 5 Special part 2 — 46 min 7:30 Movie: "Bye Bye Birdie" 112 min TH</p>	<p>5 Civic Holiday 2:45 Iced Tea & Lemonade 3rd FL 7:30 Patio Party: Entertainment with James Skarnikat Back Patio</p>	<p>6 Cameron Cards 10-2 TS 10:00 Better Balance FC 10:45 Chair Yoga FC 2:00 Get Active w Adrienne AC LLL 7:30 Golden Oldie: "North By Northwest" 136 min TH</p>	<p>7 10:00 Hiking Club 10:00 VON High Intensity FC 10:55 VON Low Intensity 3:00 Documentary: "Life in the Doghouse" 83 min TH 3:30 Outings Meeting HS *Catch the shuttle from garage at 3:15</p>	<p>8 Pendent Scarves for You TS 10-2 10:00 Better Balance FC 10:45 Mat Yoga FC 10:45 Bible Study C</p>	<p>9 Donut Day 10:00 VON Fitness FC 10:00 DIY Hand Scrub LLL 2:15 Hand Therapy LLL 4:00 Happy Hour LLL 7:15 Popcorn TH 7:30 Movie: "Minority Report" 145 min TH</p>	<p>3 2:30 "Little House on the Prairie" TH 7:30 Game Night FC</p>
<p>11 2:30 Chapel Service C 3:00 Fellowship MF Café 3:15 Popcorn TH 3:30 "Call the Midwife" Season 6 Episode 1— 50 min 7:30 Movie: "The Perfect Storm" 130 min TH</p>	<p>12 2:45 Iced Tea & Lemonade 3rd FL 7:30 Patio Party: Entertainment with Tim Clarke Emma's Patio</p>	<p>13 Leather Bag Lady 11-2 TS 10:00 Better Balance FC 10:45 Chair Yoga FC 1:00 Bridge SC 2:00 Outing: Big Bike Ride 7:30 Golden Oldie: "Paths of Glory" 88 min TH</p>	<p>14 10:00 VON High Intensity FC 10:30 Radio Hour HS 10:30 Jays Game Outing 10:55 VON Low Intensity FC 12:45 Theatre Outing: 12 Angry Men</p>	<p>15 Farmers Market TS 2-4 10:00 Better Balance FC 10:45 Mat Yoga FC 10:45 Bible Study C</p>	<p>16 10:00 Chat & Share: Travel 4th FL 2:15 Hand Therapy LLL 4:00 Happy Hour LLL</p>	<p>10 10:00 Hiking Club Garage 1:30 Self Care Saturday: 4th FL 2:30 "Little House on the Prairie" Episode 2 TH 7:30 Game Night FC</p>
<p>18 2:30 Chapel Service C 3:00 Fellowship MF Café 3:15 Popcorn TH 3:30 "Call the Midwife" Season 6 Episode 2— 50 min 7:30 Movie: "Waterloo Bridge" 130 min TH</p>	<p>19 2:45 Iced Tea & Lemonade 3rd FL 7:30 Patio Party: Entertainment Back Patio</p>	<p>20 10:00 Better Balance FC 10:45 Chair Yoga FC 2:00 Get Active w Adrienne AC LLL 2:30 Guest Speaker on Cardiovascular research project TH 7:30 Golden Oldie: "Inherit the Wind" 128 min TH</p>	<p>21 10:00 Riverside Park Outing 3:00 Hiking Club</p>	<p>22 10:45 Mat Yoga FC 10:45 Bible Study C 3:00 Guelph Storm Presents! TH *check out what Guelph Storm has to offer AT! Would you like to see a game this year?</p>	<p>23 10:00 DIY Succulent Garden 4th FL 2:15 Hand Therapy LLL 4:00 Happy Hour LLL 6:15 Murder Mystery Dinner Outing: Aberfoyle Mill</p>	<p>17 2:30 "Little House on the Prairie" Episode 3 TH 7:30 Game Night FC</p>
<p>25 Take out night! See binder or Chloe for details! 2:30 Chapel Service C 3:00 Fellowship MF Café 3:15 Popcorn TH 3:30 "Call the Midwife" Season 6 Episode 3— 50 min 7:30 Movie: "Field of Dreams"</p>	<p>26 2:45 Iced Tea & Lemonade 3rd FL 7:30 Patio Party: Entertainment Emma's Patio</p>	<p>27 The Dressing Room 10-2 HS 10:00 Better Balance FC 10:45 Chair Yoga FC 7:30 Golden Oldie: "Silk Stockings" 117 min TH</p>	<p>28 11:00– 4:00 Beach Day Outing</p>	<p>29 10:45 Mat Yoga FC 10:45 Bible Study C</p>	<p>30 10:00 Chat & Share: Art 4th FL 1:00 Hand Therapy LLL 2:30 August Birthday Party Social L 4:00 Happy Hour LLL</p>	<p>31 2:30 "Little House on the Prairie" Episode 5 TH 7:30 Game Night FC</p>