



July 2021

COLCHESTER Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				CANADA DAY 1 8:15 Breakfast 12:15 Lunch 2:00 In the Kitchen 3:00 Java Music Ladies 5:15 Dinner 6:30 Soothing Sensations	2 8:15 Breakfast 9:30 Morning Greeting 10:00 Stepping Out 11:00 Music with Joe 12:15 Lunch 2:00 Pub Day 5:15 Dinner	3 8:15 Breakfast 9:30 Morning Greeting 10:30 Bingo 12:15 Lunch 2:00 For the Fun of Fit 3:00 You and Me 5:15 Dinner
4 8:15 Breakfast on OC 9:15 Morning Greeting 10:30 For the Soul 12:15 Lunch 1:30 Indoor Picnic 5:15 Dinner	5 8:15 Breakfast 9:30 Morning Greetings 10:00 In the Kitchen 12:15 Lunch 2:00 Express Yourself 3:00 You and Me 5:15 Dinner	6 8:15 Breakfast 12:15 Lunch 1:15 Worship Service 2:30 Brains and Banter 5:15 Dinner 6:30 Musical Moments	7 8:15 Breakfast 9:30 Morning Greeting 10:30 Men's Java Club 12:15 Lunch 2:00 Armchair Travel 3:00 You and Me 5:15 Dinner	8 8:15 Breakfast 9:30 Morning Greetings 10:30 Brains and Banter 12:15 Lunch 1:15 Short Stories 4:00 Java Music Ladies 5:15 Dinner 6:30 Soothing Sensations	9 8:15 Breakfast 9:30 Morning Greeting 10:00 Stepping Out 11:00 Music with Joe 12:15 Lunch 2:00 Pub Day 5:15 Dinner	10 8:15 Breakfast 9:30 Morning Greeting 10:30 Brains and Banter 12:15 Lunch 2:30 Musical Moments 5:15 Dinner
11 8:15 Breakfast 9:15 Morning Greeting 10:30 For the Soul 12:15 Lunch 1:30 You and Me 2:30 Circle of Friends 5:15 Dinner	12 8:15 Breakfast 9:30 Morning Greetings 10:30 In the Kitchen 12:15 Lunch 2:00 Express Yourself 3:00 You and Me 5:15 Dinner	13 8:15 Breakfast Rec Ed Day 9am-12pm 1:15 Hallway Service 2:30 Brains and Banter 5:15 Dinner	14 8:15 Breakfast 9:30 Morning Greetings 10:30 Men's Java Club 12:15 Lunch 2:00 Armchair Travel 3:00 You and Me 5:15 Dinner	15 8:15 Breakfast 12:15 Lunch 2:00 Kitchen Social 4:00 Java Music Ladies 5:15 Dinner 6:30 Soothing Sensations	16 8:15 Breakfast 9:30 Morning Greeting 10:00 Stepping Out 11:00 Music with Joe 12:15 Lunch 2:00 Pub Day 5:15 Dinner	17 8:15 Breakfast 9:30 Morning Greeting 10:30 Bingo 12:15 Lunch 2:00 For the Fun of Fit 3:00 You and Me 5:15 Dinner
18 8:15 Colchester Breakfast 9:15 Morning Greeting 10:15 For the Soul 12:15 Lunch 1:30 Watermelon Social 5:15 Dinner	19 8:15 Breakfast 9:30 Morning Greetings 10:30 In the Kitchen 12:15 Lunch 2:00 Express Yourself 3:00 You and Me 5:15 Dinner	20 8:15 Breakfast 12:15 Lunch 1:15 Hallway Service 2:30 Brains and Banter 5:15 Dinner 6:30 Musical Moments	21 8:15 Breakfast 9:30 Morning Greetings 10:30 Men's Java Club 12:15 Lunch 2:00 Armchair Travel 3:00 You and Me 5:15 Dinner	22 8:15 Breakfast 9:30 Morning Greetings 10:30 Brains and Banter 12:15 Lunch 1:15 Short Stories 2:30 For the Fun of Fit 4:00 Java Music-Ladies 5:15 Dinner 6:30 Soothing Sensations	23 8:15 Breakfast 9:30 Morning Greeting 10:00 Stepping Out 11:00 Music with Joe 12:15 Lunch 2:00 Pub Day 5:15 Dinner	24 8:15 Breakfast 9:30 Morning Greeting 10:30 Brains and Banter 12:15 Lunch 2:30 Musical Moments 5:15 Dinner
25 8:15 Breakfast 9:15 Morning Greeting 10:30 For the Soul 12:15 Lunch 1:30 You and Me 2:30 Circle of Friends 5:15 Dinner	26 8:15 Breakfast 9:30 Morning Greetings 10:30 In the Kitchen 12:15 Lunch 2:00 Express Yourself 3:00 You and Me 5:15 Dinner	27 8:15 Breakfast 9:30 Morning Greetings 10:30 For the Fun of Fit 12:15 Lunch 2:00 Circle of Friends 3:00 You and Me 5:15 Dinner 6:30 Christmas in July	28 8:15 Breakfast 9:30 Morning Greetings 10:30 Men's Java Club 12:15 Lunch 2:00 Armchair Travel 3:00 You and Me 5:15 Dinner	29 8:15 Breakfast 12:15 Lunch 2:00 Kitchen Social 3:00 Java Music Ladies 5:15 Dinner 6:30 Soothing Sensations	30 8:15 Breakfast 9:30 Morning Greeting 10:30 Stepping Out 11:00 Music with Joe 12:15 Lunch 2:00 Pub Day 5:15 Dinner	31 8:15 Breakfast 9:30 Morning Greeting 10:30 Bingo 12:15 Lunch 2:00 For the Fun of Fit 3:00 You and Me 5:15 Dinner