



# AUGUST 2019

## EGERTON NEIGHBOURHOOD



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DR= Dining Room</b>  <b>WF= WaterFall Room</b>  <b>L= Lounge</b>  <b>CK = Country Kitchen</b>  <b>Friendly Visits= I:I Programs</b>  <b>C = Chapel</b>  <b>MS = Main Street</b></p>				<p><b>1</b>            8:30 Breakfast            12:00 Lunch            2:00 IN2L (CK)            3:00 Coffee &amp; Tea Social (DR)            4:00 Brains &amp; Banter (DR)            5:00 Dinner            6:30 Spin Class (L)            7:00 Friendly Visits</p>	<p><b>2</b>            8:30 Breakfast            10:30 Crosswords (L)            11:30 Spin Class (L)            12:00 Lunch            1:30 Slap Stick Hockey (DR)            2:30 Balloon Badminton (DR)            3:00 Coffee &amp; Tea Social (DR)            5:00 Dinner</p>	<p><b>3</b>            8:30 Breakfast            10:00 Color me Happy Art Class (CK)            11:00 Stepping Out            12:00 Lunch            1:00 Spin Class (L)            1:30 Crosswords (L)            2:30 Brains &amp; Banter (L)            3:00 Coffee &amp; Tea Social (DR)</p>
<p><b>4</b>            8:30 Breakfast            10:30 Church (CH)            11:30 Finishing Lines (L)            12:00 Lunch            1:30 Stepping Out            2:30 BINGO (DR)            5:00 Dinner</p>	<p><b>5</b>            8:30 Breakfast            10:30 Crosswords (L)            12:00 Lunch            1:30 Mindful Meditation (WF)            2:00 Chair Yoga (WF)            3:00 Manicules (CK)            5:00 Dinner</p>	<p><b>6</b>            8:30 Breakfast            12:00 Lunch            2:00 Java Time Music (CK)            3:00 Coffee &amp; Tea Social (DR)            4:00 Balloon Badminton (DR)            5:00 Dinner            6:00 Spin Class (L)            6:30 Chair Yoga (L)</p>	<p><b>7</b>            8:30 Breakfast            12:00 Lunch            2:00 Entertainment w/ Vivianna Castell &amp; Social (L)            4:00 Balloon Badminton (L)            5:00 Dinner            6:30 Spin Class (L)            7:00 Arm Chair Travel - Brazil (L)</p>	<p><b>8</b>            8:30 Breakfast            12:00 Lunch            2:00 Chair Yoga w/Deborah (WF)            3:00 Coffee &amp; Tea Social (DR)            4:00 Balloon Badminton (DR)            5:00 Dinner            6:30 Spin Class (L)            7:00 Arm Chair Travel - Mexico (L)</p>	<p><b>9</b>            8:30 Breakfast            12:00 Lunch            2:00 Slap Stick Hockey (DR)            3:00 Coffee &amp; Tea Social (DR)            4:00 Balloon Badminton (DR)            5:00 Dinner            6:00 Friday Night Movie Under the Stars (L)</p>	<p><b>10</b>            8:30 Breakfast            10:00 Chair Yoga (WF)            11:00 Stepping Out            12:00 Lunch            2:00 Crosswords (L)            3:00 Musical Moments (CK)            5:00 Dinner</p>
<p><b>11</b>            8:30 Breakfast            10:30 Church (CH)            11:30 Finishing Lines (L)            12:00 Lunch            1:30 Stepping Out            2:30 BINGO (DR)            5:00 Dinner</p>	<p><b>12</b>            8:30 Breakfast            10:30 Crosswords (L)            11:30 Hymn Sing w/ Chaplain (WF)            12:00 Lunch            1:30 Mindful Meditation (WF)            2:00 Chair Yoga (WF)            3:00 Manicules (CK)            5:00 Dinner</p>	<p><b>13</b>            8:30 Breakfast            10:30 Chair Yoga w/Deborah (WF)            11:30 Trivia &amp; Finishing Lines (WF)            12:00 Lunch            1:30 Ball Pong (DR)            2:30 Balloon Badminton (DR)            3:00 Coffee &amp; Tea Social (DR)            5:00 Dinner</p>	<p><b>14</b>            8:30 Breakfast            10:00 Fireside Philosophers (L)            11:00 Chair Yoga w/Deborah (WF)            12:00 Lunch            2:00 Welcome Social (DR)            3:00 Spin Class (L)            5:00 Dinner</p>	<p><b>15</b>            8:30 Breakfast            12:00 Lunch            2:00 IN2L (CK)            3:00 Coffee &amp; Tea Social (DR)            5:00 Dinner            6:30 Spin Class (L)            7:00 Friendly Visits</p>	<p><b>16</b>            8:30 Breakfast            10:30 Chair Yoga w/Deborah(WF)            11:30 Spin Class w/Deborah (L)            12:00 Lunch            1:30 Slap Stick Hockey (DR)            2:30 Balloon Badminton (DR)            3:00 Coffee &amp; Tea Social (DR)            5:00 Dinner</p>	<p><b>17</b>            8:30 Breakfast            10:00 Color Me Happy Art Class (CK)            11:00 Stepping Out            12:00 Lunch            1:00 Spin Class (L)            1:30 Crosswords (L)            3:00 Coffee &amp; Tea Social (DR)            5:00 Dinner</p>
<p><b>18</b>            8:30 Breakfast            10:30 Church (CH)            11:30 Finishing Lines (L)            12:00 Lunch            1:30 Stepping Out            2:30 BINGO (DR)            5:00 Dinner</p>	<p><b>19</b>            8:30 Breakfast            10:30 Crosswords (L)            11:30 Hymn Sing w/ Chaplain (WF)            12:00 Lunch            1:30 Mindful Meditation (WF)            2:00 Chair Yoga (WF)            3:00 Manicules (CK)            5:00 Dinner</p>	<p><b>20</b>            8:30 Breakfast            12:00 Lunch            2:00 Java Time Music (CK)            3:00 Coffee &amp; Tea Social (DR)            4:00 Balloon Badminton (DR)            5:00 Dinner            6:00 Spin Class (L)            6:30 Chair Yoga (L)</p>	<p><b>21</b>            8:30 Breakfast            12:00 Lunch            2:00 Welcome Social (DR)            4:00 Balloon Badminton (DR)            5:00 Dinner            6:30 Spin Class (L)            7:00 Arm Chair Travel - El Salvador (L)</p>	<p><b>8</b>            8:30 Breakfast            12:00 Lunch            2:00 Chair Yoga w/Deborah (WF)            3:00 Coffee &amp; Tea Social (DR)            4:00 Balloon Badminton            5:00 Dinner            6:30 Spin Class (L)            7:00 Arm Chair Travel - Peru (L)</p>	<p><b>9</b>            8:30 Breakfast            12:00 Lunch            2:00 Slap Stick Hockey (DR)            3:00 Coffee &amp; Tea Social (DR)            4:00 Balloon Badminton (DR)            5:00 Dinner            6:00 Friday Night Movie Under the Stars (L)</p>	<p><b>24</b>            8:30 Breakfast            10:00 Chair Yoga (WF)            11:00 Stepping Out            12:00 Lunch            2:00 Crosswords (L)            3:00 Musical Moments (CK)            5:00 Dinner</p>
<p><b>25</b>            8:30 Breakfast            10:30 Church (CH)            11:30 Finishing Lines (L)            12:00 Lunch            1:30 Stepping Out            2:30 BINGO (DR)            5:00 Dinner</p>	<p><b>26</b>            8:30 Breakfast            10:30 Crosswords (L)            11:30 Hymn Sing w/ Chaplain (WF)            12:00 Lunch            1:30 Mindful Meditation (WF)            2:00 Chair Yoga (WF)            3:00 Manicules (CK)</p>	<p><b>27</b>            8:30 Breakfast            10:30 Chair Yoga w/Deborah(WF)            11:30 Trivia &amp; Finishing Lines (WF)            12:00 Lunch            1:30 Ball Pong (DR)            2:30 Balloon Badminton (DR)            3:00 Coffee &amp; Tea Social (DR)</p>	<p><b>28</b>            8:30 Breakfast            10:00 Fireside Philosophers (L)            11:00 Chair Yoga w/Deborah (WF)            12:00 Lunch            2:00 Welcome Social (DR)            3:00 Spin Class (L)            5:00 Dinner</p>	<p><b>29</b>            8:30 Breakfast            12:00 Lunch            2:00 IN2L (CK)            3:00 Coffee &amp; Tea Social (DR)            5:00 Dinner            6:30 Spin Class (L)            7:00 Friendly Visits</p>	<p><b>30</b>            8:30 Breakfast            10:30 Chair Yoga w/Deborah (L)            11:30 Spin Class w/Deborah (L)            12:00 Lunch            1:30 Slap Stick Hockey (DR)            2:30 Balloon Badminton (DR)            3:00 Coffee &amp; Tea Social (DR)</p>	<p><b>31</b>            8:30 Breakfast            10:00 Color Me Happy Art Class (CK)            11:00 Stepping Out            12:00 Lunch            1:00 Spin Class (L)            1:30 Crosswords (L)            3:00 Coffee &amp; Tea Social (DR)</p>