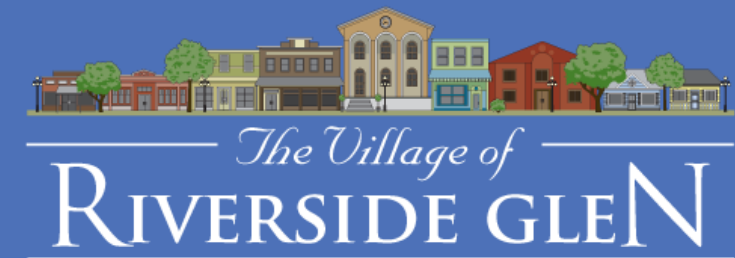


# JANUARY 2021

## Egerton Neighbourhood



### SUNDAY

### MONDAY

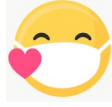
### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

### SATURDAY

Please remember to wear  
your mask at ANY  
& ALL programs! 

					1 <b>New Year's Day!</b> 10:00 NORTH Exercises 10:45 New Year High Tea Party! 2:30 New Year's Bingo 3:45 Egerton Wishing Wall	2 10:00 Neighbourhood Chats 10:30 Short Stories 2:30 Wheel of Fortune 3:45 Snacks and Chats
3 10:00 Neighbourhood Chats 10:30 Meditation & Chair Yoga 2:00 Friendly Visits 2:30 Movie Afternoon: The Last Laugh	4 <b>National Spaghetti Day!</b> 10:00 SOUTH Exercises 10:45 Meeting of the Minds 2:00 Tasting: Spaghetti! 3:30 Egerton Book Club: The Forgotten Home Child	5 <b>National Bird Day!</b> 10:00 NORTH Exercise 10:30 Name That Bird 11:00 Chaplain's Chat 1:30 Friendly Visits 2:30 Church with Brenda 3:30 Wine Tasting	6 10:00 What's Your Horoscope? 10:45 Fad's & Fashion of the 40's 2:30 NORTH Fitness with Derek <b>2:30 Egerton General Store</b> 3:00 SOUTH Fitness with Derek	7 <b>Favourite Sports Team Day!</b> <b>Wear Your Team's Attire</b> 10:00 SOUTH Stretches 10:45 What's the Sport? 2:30 Bingo on Egerton 3:30 Sports Trivia	8 <b>Elvis Presley's Birthday!</b> 10:00 Neighbourhood Chats 10:30 Elvis Presley Trivia and Crosswords 2:00 NORTH Fitness with Derek 2:30 SOUTH Fitness with Derek 3:30 Happy Hour	9 <b>Law Enforcement Appreciation Day!</b> 10:00 NORTH Stretches 10:45 Show & Share: Law Enforcement News Articles 1:30 Christmas Clean Up!
10 <b>Houseplant Appreciation Day!</b> 10:00 North Church with Brenda 10:45 South Church with Brenda 11:30 Friendly Visits 2:30 Let's Talk... Houseplants 3:30 Mindful Minute: Positive Energy	11 10:00 SOUTH Exercises 10:45 Meeting of the Minds 2:30 Riverside Zoo Tour 3:45 Friendly Visits: Manicures	12 10:00 Tai Chi with Derek 10:30 Word Games 11:00 Chaplain's Chat 2:30 Church with Brenda 3:30 Wine Tasting	13 <b>National Rubber Ducky Day!</b> 10:30 Java Music with Karleigh 2:30 NORTH Fitness with Derek <b>2:30 Egerton General Store</b> 3:00 SOUTH Fitness with Derek 4:00 Daily Perk: Rubber Ducky	14 <b>10:30 DRUMFIT!</b> 11:30 Helping Hands: Cleaning and Organizing 2:30 Bingo on Egerton 4:00 Praying the Rosary	15 <b>Strawberry Ice Cream Day!</b> 10:00 NORTH Exercises 10:30 You Be The Judge <b>12:00 Order In Lunch: Fish and Chips</b> (sign up only) 2:30 Lets Eat... Strawberry Ice Cream! 3:30 Happy Hour	16 10:00 Walk and Talk 10:30 Short Stories 2:30 Musical Bingo! 3:30 Friendly Visits: Manicures
17 <b>National Snowflake Day!</b> 10:00 Neighbourhood Chats 10:30 Dice Games! 2:30 Snowflake Day Poetry 3:00 Snowflake Creative Corner	18 10:00 SOUTH Exercises 10:45 Meeting of the Minds <b>2:00 North Residents Council</b> <b>3:00 South Residents Council</b>	19 <b>National Popcorn Day!</b> <b>9:00 North Food Committee</b> <b>9:45 South Food Committee</b> 10:00 NORTH Exercise 11:00 Chaplain's Chat 2:30 Church with Brenda 3:30 Popcorn & Drinks!	20 <b>Cheese Lover's Day!</b> 10:00 You Be the Judge 2:30 NORTH Fitness with Derek <b>2:30 Egerton General Store</b> 3:00 SOUTH Fitness with Derek 3:30 Cheese Tasting	21 <b>National Hugging Day!</b> 10:00 SOUTH Stretches 10:30 Research on Hugs! <b>12:00 Order In Lunch: Fish and Chips</b> (sign up only) 2:30 Handing Out Hugs 3:30 Word Search Puzzles	22 10:00 Friendly Visits 10:30 Bingo on Egerton! 2:00 NORTH Fitness with Derek 2:30 SOUTH Fitness with Derek 3:30 Happy Hour	23 10:00 NORTH Stretches 10:45 Would You Rather? 2:30 Creative Corner: Winter Centerpieces 3:30 Friendly Visits
24 <b>National Compliment Day!</b> 10:00 North Church with Brenda 10:45 South Church with Brenda 2:00 The Compliment Project 3:00 Mindful Minute: Inner Peace	25 <b>8:00/9:00 Egerton Breakfast Special: Fried Eggs</b> 10:00 SOUTH Exercises 10:45 Meeting of the Minds 2:30 Western Movie on the TV	26 <b>Australia Day!</b> 10:00 Tai Chi with Derek 10:30 Let's Travel to... Australia! 11:00 Chaplain's Chat 2:30 Church with Brenda 3:30 Wine Tasting	27 <b>Chocolate Cake Day!</b> 10:30 Java Music with Karleigh 2:30 NORTH Fitness with Derek <b>2:30 Egerton General Store</b> 3:00 SOUTH Fitness with Derek 3:30 Chocolate Cake Social	28 <b>10:30 DRUMFIT!</b> 11:30 Helping Hands: Cleaning and Organizing 2:30 Word Games 4:00 Friendly Visits	29 <b>Fab' Fourties Friday!</b> <b>Wear Your 40's Attire</b> 10:00 Morning Walks 10:45 Let's Learn About... Glenn Miller <b>2:30 Boogie Woogie Bash!</b> 3:30 Helping Hands: Cleaning and Organizing	30 10:00 Friendly Visits 10:30 You Be the Judge 2:30 Rhyming Riddles 3:30 Crossword Puzzles
31 <b>National Hot Chocolate Day!</b> 10:00 Meditation & Chair Yoga 10:45 Hot Chocolate by the Fire 2:30 Birthday Cake Social 3:30 Friendly Visits						