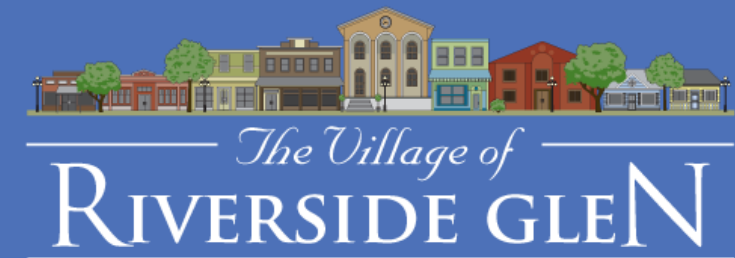




JANUARY 2021

Emma Neighbourhood



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

JAN 31st
Hot Chocolate Day

10:30 TV Church
10:45 Specialty Hot Chocolate
1:30 Fun Facts about Canada
2:30 Trivia Time
3:30 Colour Me Calm

3

10:30 TV Church
10:45 Coffee Club
1:30 Winter Reminiscing
2:30 Ice Cream Sundaes
4:00 Friendly Visits

10
9:00 Church with Brenda
10:15 Coffee Club
1:30 Reminiscing:
Family and Friends
2:30 Short Stories
3:15 Crafting with Crystal-
Snowflake Wreaths

17

10:30 TV Church
10:30 Coffee Club
1:30 Favourite TV Shows
3:00 Sing Along in the Lounge
4:00 Friendly Visits

24 National Compliment Day

9:00 Church with Brenda
10:30 Reminiscing on
Birthday Parties
2:00 January Birthday Social
4:00 The Compliment Game

4
9:30 Exercises
10:30 Coffee Club
11:00 Helping Hands
1:30 One to One Visits
3:00 Simple Treats with Crystal:
Reindeer Chow
4:00 Treat Cart

11
9:30 Exercises
10:30 Coffee Club
1:30 Active Games
3:00 Manicures
4:00 Would you Rather?

18 Martin Luther King JR Day
9:30 Exercises
10:30 Coffee Club
11:00 Helping Hands
**1:30 Let's Learn About...
Martin Luther King Jr**
3:00 Active Games
4:00 Friendly Visits

25 Florida Day
9:30 Exercises
10:30 Florida Trivia
10:30 Funny Videos on TV
11:00 Colouring Club
1:30 Reminiscing:
Florida Memories
3:00 Mocktails "The Florida"

5 Whipped Cream Day

1:30 Exercises with Derek
**2:00 Hot Chocolate and
Whipped Cream Social**
3:00 Trivia in the Lounge
4:00 Friendly Visits
6:30 Manicures

12
1:30 Exercises with Derek
2:00 Samosa Social
3:00 In the News
4:00 Friendly Visits
6:30 Trivia in the Den

19 Popcorn Day

1:30 Exercises with Derek
2:00 Creative Corner:
Popcorn Craft
2:45 Popcorn Party!
4:00 Friendly Visits
6:30 Manicures

26 Peanut Brittle Day

1:30 Exercises with Derek
2:00 How to Make Peanut Brittle
3:30 Peanut Brittle Social
4:00 Friendly Visits
6:30 Trivia in the Den

6 National Shortbread Day

9:30 Exercises
10:30 Lets Learn About Scotland
1:30 Colouring Club
2:30 Treat Cart: Shortbread
3:15 Finish the Expression
4:00 Friendly Visits

13
9:30 Exercises
10:00 Plant Club
1:30 Shuffleboard
3:00 Creative Corner
4:00 Friendly Visits

20 Cheese Lovers Day

9:30 Exercises
10:30 Lets Learn About...
History Of Cheese
10:30 Anne Murray on TV
2:00 Cheesies Social
3:00 Creative Corner

27
9:30 Exercises
10:30 Coffee Club
11:00 Sing A Long
1:30 Plant Club
3:00 Chair Yoga
4:00 Finish the Expression

7
9:30 Exercises
10:00 Coffee and Chats
11:00 Chaplains Chat
1:30 Church with Brenda
2:30 Word Games
3:15 Reading Club

14
11:00 Chaplain's Chat
1:30 Church with Brenda
2:00 Friendly Visits
2:00 Fitness with Derek
3:30 Treat Cart
4:30 Short Stories
6:45 BINGO!

21
9:30 Exercises
10:00 Coffee and Chats
11:00 Chaplains Chat
1:30 Church with Brenda
2:30 Finish the Expression...
3:15 Reading Club:
4:00 Friendly Visits

28
11:00 Chaplain's Chat
1:30 Church with Brenda
2:00 Friendly Visits
2:00 Fitness with Derek
3:30 Treat Cart
4:00 Reminiscing: Popular Songs
6:45 BINGO!

1 HAPPY NEW YEAR

9:30 Exercises
10:30 Making Resolutions
2:00 Treat Cart: Nanaimo Bites
3:00 New Years Fun Facts
4:00 Mocktails

8
9:30 Exercises
10:30 Finish The Expression
11:00 Creative Corner
2:00 Shuffleboard
4:00 Mocktails

15 National Hat Day
9:30 Exercises
10:30 Coffee Club
10:45 Let's Learn About...
History of Hats
1:30 Creative Corner
3:00 High Tea- Wear your Hat!
4:00 Friendly Visits

22
9:30 Exercises
10:30 Coffee Club
1:30 Sing a Long
3:00 Chair Yoga
4:00 Mocktails

29 National Puzzle Day

9:30 Exercises
10:30 Coffee Club
1:30 Puzzles in the Hobby Room
3:00 Guided Meditation
4:00 Friendly Visits

2 Cream Puff Day

9:30 Exercises
10:30 Creampuff Social
1:30 Monthly Horoscopes
3:00 Chair Yoga
4:00 Fact or Fiction

9
9:30 Exercises
10:30 Coffee Club
2:00 Christmas Clean Up
4:00 Friendly Visits

16
9:30 Exercises
10:30 Coffee Club
1:30 Dice Games
3:00 Creative Corner
4:00 Friendly Visits

23 Handwriting Day

9:30 Exercises
10:30 Coffee Club
1:30 Letter Writing
2:30 Let's learn about..
Handwriting Facts
4:00 Sing Along in the Lounge

30 Croissant Day

9:30 Exercises
10:30 Coffee and Croissants
1:30 Trivia Time
3:00 Shuffleboard
4:00 Friendly Visits