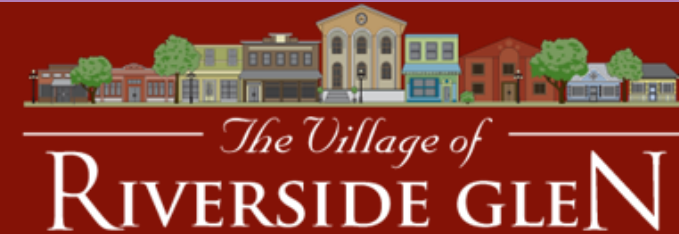




NOVEMBER 2022

Emma



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
W/B—Williamsburg		1 8:00 Breakfast 11:00 Fitness with Dylan 12:00 Lunch 1:30 Hymn Sing with Brenda 2:30 Circle of Friends 5:00 Dinner 6:30 Soothing Sensations	2 8:00 Breakfast 10:00 Greeting the Day 11:00 Hand Therapy 12:00 Lunch 1:30 Painting with Bridget 3:00 Church Service (W/B) 5:00 Dinner	3 8:00 Breakfast 11:00 Fitness with Dylan 12:00 Lunch 2:00 Brains and Banter 3:30 Musical Moments 5:00 Dinner 6:30 You and Me	4 8:00 Breakfast 10:00 Greeting the Day 11:00 In the Kitchen 12:00 Lunch 2:00 Neighbourhood Time 3:30 Café Cart 5:00 Dinner	5 8:00 Breakfast 10:00 Greeting the Day 11:00 You and Me 12:00 Lunch 2:00 Movie Matinee 3:00 Fitness with Dylan 5:00 Dinner
6 Clocks go Back 8:00 Breakfast 10:00 Greeting the Day 11:00 For the Soul 12:00 Lunch 2:00 Circle of Friends 3:30 You and Me 5:00 Dinner	7 8:00 Breakfast 10:00 Greeting the Day 11:00 Musical Moments 12:00 Lunch 2:00 Express Yourself 3:30 Soothing Sensations 5:00 Dinner	8 8:00 Breakfast 11:00 Fitness with Dylan 12:00 Lunch 1:30 Hymn Sing with Brenda 2:30 Circle of Friends 5:00 Dinner 6:30 Soothing Sensations	9 8:00 Breakfast 10:00 Greeting the Day 11:00 Express Yourself 12:00 Lunch 2:00 Neighbourhood Time 3:30 Stepping Out 5:00 Dinner	10 8:00 Breakfast 10:00 Greeting the Day 11:00 Fitness with Dylan 12:00 Lunch 2:00 Brains and Banter 3:30 Praying the Rosary (W/B) 5:00 Dinner	11 Happy Birthday Pauline Remembrance Day 8:00 Breakfast 10:00 Greeting the Day 10:45 Remembrance Day Service (W/B) 12:00 Lunch 1:00 Sing along with Hilda 3:00 Happy Hour 5:00 Dinner	12 8:00 Breakfast 10:00 Greeting the Day 11:00 For the Fun of Fit 12:00 Lunch 2:00 Movie Matinee 3:30 You and Me 5:00 Dinner
13 8:00 Breakfast 10:00 Greeting the Day 11:00 For the Soul 12:00 Lunch 2:00 Circle of Friends 3:30 You and Me 5:00 Dinner	14 8:00 Breakfast 10:00 Greeting the Day 11:00 Brains and Banter 12:00 Lunch 2:00 Musical Moments 3:00 Fitness with Dylan 5:00 Dinner	15 8:00 Breakfast 11:00 Fitness with Dylan 12:00 Lunch 1:30 Hymn Sing with Brenda 2:30 Circle of Friends 5:00 Dinner 6:30 Soothing Sensations	16 8:00 Breakfast 10:00 Greeting the Day 11:00 Roman Catholic Church Service 12:00 Lunch 2:00 Express Yourself 3:00 Stepping Out 5:00 Dinner	17 8:00 Breakfast 11:00 Fitness with Dylan 12:00 Lunch 2:00 Brains and Banter 3:30 Musical Moments 5:00 Dinner 6:30 You and Me	18 8:00 Breakfast 10:00 Greeting the Day 11:00 In the Kitchen 12:00 Lunch 2:00 Café Cart 3:30 Stepping Out 5:00 Dinner	19 Christmas Market (Pond)
20 8:00 Breakfast 10:00 Greeting the Day 11:00 For the Soul 12:00 Lunch 2:00 Toronto Christmas Parade on TV 3:30 You and Me 5:00 Dinner	21 8:00 Breakfast 10:00 Greeting the Day 11:00 Guelph Storytellers 12:00 Lunch 2:00 Express Yourself 3:30 Soothing Sensations 5:00 Dinner	22 8:00 Breakfast 11:00 Fitness with Dylan 12:00 Lunch 1:30 Hymn Sing with Brenda 2:30 Circle of Friends 5:00 Dinner 6:30 Soothing Sensations	23 8:00 Breakfast 10:00 Greeting the Day 11:00 Stepping Out 12:00 Lunch 2:00 Express Yourself 3:00 Church Service (W/B) 5:00 Dinner	24 8:00 Breakfast 10:00 Greeting the Day 11:00 Fitness with Dylan 12:00 Lunch 2:00 Brains and Banter 3:30 Musical Moments 5:00 Dinner	25 8:00 Breakfast 10:00 Greeting the Day 11:00 In the Kitchen 12:00 Lunch 1:00 Sing along with Hilda 3:00 Birthday Social 5:00 Dinner	26 8:00 Breakfast 10:00 Greeting the Day 11:00 For the Fun of Fit 12:00 Lunch 2:30 Birthday Social (W/B) 5:00 Dinner
27 8:00 Breakfast 10:00 Greeting the Day 11:00 For the Soul 12:00 Lunch 2:00 Circle of Friends 3:30 You and Me 5:00 Dinner	28 8:00 Breakfast 10:00 Greeting the Day 11:00 Musical Moments 12:00 Lunch 2:00 Brains and Banter 3:00 Fitness with Dylan 5:00 Dinner	29 8:00 Breakfast 11:00 Fitness with Dylan 12:00 Lunch 1:30 Hymn Sing with Brenda 2:30 Aiden Purnell 5:00 Dinner 6:30 Soothing Sensations	30 8:00 Breakfast 10:00 Greeting the Day 10:30 In the Kitchen (W/B) 12:00 Lunch 3:00 Memorial Service (W/B) 5:00 Dinner			