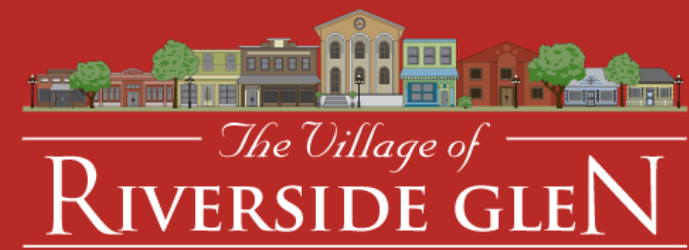





# OCTOBER 2021

## Emma Neighbourhood



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>31 Happy Halloween!</b> 8:00 Breakfast 10:00 In the Kitchen: Halloween Cookies 11:00 Coffee and Chat 12:00 Lunch 2:00 Trick or Treat Parade 4:30 Stepping Out 5:00 Dinner					<b>1 National Coffee Day</b> 8:00 Breakfast 10:00 Greeting The Day 10:45 Coffee Social 12:00 Lunch 2:30 Oktoberfest Celebration with David Skolnick 4:30 Stepping Out 5:00 Dinner	<b>2</b> 8:00 Breakfast 10:00 Greeting the Day 11:15 For the Fun of Fit 12:00 Lunch 2:00 In the Kitchen 4:00 Travelling Manicure Cart 5:00 Dinner
<b>3</b> 8:00 Breakfast 10:00 Greeting the Day 11:00 Circle of Friends 12:00 Lunch 2:00 Express Yourself 3:30 Outdoor Walks 5:00 Dinner	<b>4</b> 8:00 Breakfast 10:00 Greeting The Day 11:00 You and Me 12:00 Lunch 2:00 In The Kitchen: Apple Tasting 3:30 Musical Moments 5:00 Dinner	<b>5 Happy Birthday Paul!</b> 8:00 Breakfast 10:00 Greeting The Day 11:00 For The Fun of Fit 12:00 Lunch 2:00 For the Soul 3:30 Travelling Manicure Cart 5:00 Dinner	<b>6</b> 8:00 Breakfast 10:00 Greeting The Day 11:00 Soothing Sensations 12:00 Lunch 2:30 You and Me 4:00 Stepping Out 5:00 Dinner	<b>7</b> 8:00 Breakfast 11:00 Fitness Class 12:00 Lunch 2:00 In the Kitchen 3:30 For the Soul 5:00 Dinner 6:15 Bingo!	<b>8</b> 8:00 Breakfast 10:00 Greeting The Day 11:00 Brains and Banter 12:00 Lunch 2:00 Apple Cider Social 3:30 You and Me 5:00 Dinner	<b>9</b> 8:00 Breakfast 10:00 Greeting The Day 11:00 For the Fun of Fit 12:00 Lunch 2:00 Bingo Afternoon 3:00 Circle of Friends 5:00 Dinner
<b>10 Happy Birthday Jane!</b> 8:00 Breakfast 10:00 Greeting The Day 11:00 You and Me 12:00 Lunch 2:00 News + Views 3:30 Musical Moments 5:00 Dinner	<b>11 Happy Thanksgiving!</b> 8:00 Breakfast 10:00 Greeting the Day 11:00 For the Fun of Fit! 12:00 Lunch 2:00 We are Thankful 3:30 Thanksgiving Social 5:00 Dinner	<b>12</b> 8:00 Breakfast 10:00 Greeting The Day 11:00 For The Fun of Fit 12:00 Lunch 2:30 Live Entertainment: Aiden Purnell 4:00 Stepping Out 5:00 Dinner	<b>13</b> 8:00 Breakfast 10:00 Greeting The Day 11:00 Brains and Banter 12:00 Lunch 2:30 Express Yourself: Fall Wreath Making 4:00 You and Me 5:00 Dinner	<b>14</b> 8:00 Breakfast 10:00 Greeting The Day 11:00 Soothing Sensations 12:00 Lunch 2:30 In The Kitchen: Making Apple Crisp 3:30 Eating Apple Crisp 5:00 Dinner	<b>15</b> 8:00 Breakfast 10:00 Greeting The Day 11:00 For the Fun of Fit 12:00 Lunch 2:30 Musical Moments 4:00 You and Me 5:00 Dinner	<b>16</b> 8:00 Breakfast 10:00 Greeting the Day 11:00 Outdoor Walks 12:00 Lunch 2:30 Express Yourself: Dried Leaf Paintings 4:00 Travelling Manicure Cart 5:00 Dinner
<b>17</b> 8:00 Breakfast 10:00 Greeting the Day 11:00 Circle of Friends 12:00 Lunch 2:30 In the Kitchen 4:00 For the Soul 5:00 Dinner	<b>18</b> 8:00 Breakfast 10:00 Greeting The Day 11:00 You and Me 12:00 Lunch 2:00 In the Kitchen: Cupcakes 3:30 Cupcake Social 5:00 Dinner	<b>19</b> 8:00 Breakfast 10:00 Greeting The Day 11:00 For The Fun of Fit 12:00 Lunch 2:00 For the Soul 3:30 Travelling Manicure Cart 5:00 Dinner	<b>20</b> 8:00 Breakfast 10:00 Greeting The Day 11:00 Soothing Sensations 12:00 Lunch 2:30 Lets Learn about... Sloths 4:00 Stepping Out 5:00 Dinner	<b>21</b> 8:00 Breakfast 11:00 Fitness Class 12:00 Lunch 1:30 Stepping Out 3:00 Apple Treat Social 5:00 Dinner 6:15 Bingo!	<b>22</b> 8:00 Breakfast 10:00 Greeting The Day 11:00 Meditation 12:00 Lunch 2:30 Brains and Banter 4:00 You and Me 5:00 Dinner	<b>23</b> 8:00 Breakfast 10:00 Greeting The Day 11:00 For the Fun of Fit 12:00 Lunch 2:00 Bingo Afternoon 3:30 Circle of Friends 5:00 Dinner
<b>24</b> 8:00 Breakfast 10:00 Greeting The Day 11:00 You and Me 12:00 Lunch 2:00 News + Views 3:30 Musical Moments 5:00 Dinner	<b>25</b> 8:00 Breakfast 10:00 Greeting the Day 12:00 Lunch 2:30 Live Entertainment: James Skarnikat 4:00 You and Me 5:00 Dinner	<b>26</b> 8:00 Breakfast 10:00 Greeting The Day 11:00 For The Fun of Fit 12:00 Lunch 2:00 Emma's Memorial Service 4:00 Stepping Out 5:00 Dinner	<b>27</b> 8:00 Breakfast 10:00 Greeting The Day 11:00 Lets Talk about... Pumpkins 12:00 Lunch 2:30 Pumpkin Carving 5:00 Dinner	<b>28</b> 8:00 Breakfast 10:00 Greeting The Day 11:00 Decorating for Halloween 12:00 Lunch 2:30 Chocolate Social 3:30 Movie: Willy Wonka and The Chocolate Factory 5:00 Dinner	<b>29</b> 8:00 Breakfast 10:00 Greeting The Day 11:00 For the Fun of Fit 12:00 Lunch 2:00 Halloween Party Prep 3:00 Halloween Party 5:00 Dinner	<b>30</b> 8:00 Breakfast 10:00 Greeting the Day 11:00 For the Fun of Fit 12:00 Lunch 2:00 Outdoor Walks 3:30 Brans and Banter 4:00 Travelling Manicure Cart 5:00 Dinner