

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>30</b> 8:00 Breakfast 10:00 Café Time 10:45 Hymn Sing & Devotion 12:00 Lunch 5:00 Dinner	<b>31 HALLOWEEN</b> 8:00 Breakfast 12:00 Lunch 2:00 Halloween Trivia 2:30 Costume Parade 3:00 Halloween Craft 5:00 Dinner	<b>Emma's East Neighbourhood October 2022</b>				<b>1</b> 8:00 Breakfast 10:00 Café Time 10:45 Sandbag Toss 12:00 Lunch 5:00 Dinner
<b>2</b> 8:00 Breakfast 10:00 Café Time 10:45 Hymn Sing & Devotion 12:00 Lunch 5:00 Dinner	<b>3</b> 8:00 Breakfast 12:00 Lunch 3:00 Exercise Class w Andrew 5:00 Dinner 6:15 Get Moving 7:00 You and Me	<b>4</b> 8:00 Breakfast 12:00 Lunch 2:00 Express Yourself Gilbert 2:30 Active Games 3:45 Bingo 5:00 Dinner	<b>5</b> 8:00 Breakfast 10:15 Getting Moving 10:45 Brains and Banter 12:00 Lunch 2:00 Get Moving 2:30 The Gratitude Game 3:00 Exercise w Andrew 3:45 Armchair Travel 5:00 Dinner	<b>15</b> 8:00 Breakfast 12:00 Lunch 2:00 Get Moving 2:45 Things go Together 3:30 Crafting Together 5:00 Dinner 6:15 Active Games	<b>7</b> 8:00 Breakfast 12:00 Lunch 3:30 Ann Grisdale Musical Performance 5:00 Supper 6:30 You and Me	<b>8</b> 8:00 Breakfast 10:00 Café Time 11:00 Chaplain Service 12:00 Lunch 5:00 Dinner
<b>9</b> 8:00 Breakfast 10:00 Café Time 10:45 Hymn Sing & Devotion 12:00 Lunch 5:00 Dinner	<b>10 HAPPY THANKSGIVING!</b> 8:00 Breakfast 12:00 Lunch 2:00 Express Yourself (Gilbert) 2:30 Gratitude Game 3:00 Exercise Class w Andrew 3:30 Thanksgiving Bingo 5:00 Dinner 6:15 You and Me	<b>11</b> 8:00 Breakfast 10:15 Get moving 10:45 Musical moments 12:00 Lunch 2:15 Active Games 2:30 Movie 5:00 Dinner	<b>12 Halloween Decorating Day!</b> 8:00 Breakfast 12:00 Lunch 3:00 Exercise w Andrew 3:30 Ladder Toss 4:00 Guess the Tune 5:00 Dinner	<b>13</b> 8:00 Breakfast 10:15 Get Moving 10:45 Brains and Banter 12:00 Lunch 2:15 Active Games 3:30 Christmas Crafts 3:45 Armchair Travel 5:00 Dinner	<b>14</b> 8:00 Breakfast 12:00 Lunch 2:00 Bowling 3:30 Musical Moments 5:00 Dinner 6:30 You and ME	<b>15</b> 8:00 Breakfast 10:00 Café Time 10:45 Sandbag Toss 12:00 Lunch 5:00 Dinner
<b>16</b> 8:00 Breakfast 10:00 Café Time 10:45 Hymn Sing & Devotion 12:00 Lunch 5:00 Dinner	<b>17</b> 8:00 Breakfast 12:00 Lunch 2:00 Express Yourself (Gilbert) 2:30 Get Moving 3:00 Exercise Class w Andrew 3:30 Halloween Bingo 5:00 Dinner 6:15 You and Me	<b>18</b> 8:00 Breakfast 10:15 Get moving 10:45 Brains and Banter 12:00 Lunch 2:15 Active Games 2:30 Christmas Crafts 5:00 Dinner	<b>19</b> 8:00 Breakfast 10:15 Getting Moving 10:45 Brains and Banter 12:00 Lunch 2:00 Get Moving 2:30 Halloween Trivia 3:00 Exercise w Andrew 3:45 Armchair Travel 5:00 Dinner	<b>20</b> 8:00 Breakfast 12:00 Lunch 2:00 Get Moving 2:45 Things go Together 3:30 Crafting Together 5:00 Dinner 6:15 Active Games	<b>21</b> 8:00 Breakfast 12:00 Lunch 2:00 Bowling 3:30 Musical Moments 5:00 Dinner 6:30 You and ME	<b>22</b> 8:00 Breakfast 10:00 Café Time 11:00 Chaplain Service 12:00 Lunch 5:00 Dinner
<b>23</b> 8:00 Breakfast 10:00 Café Time 10:45 Hymn Sing & Devotion 12:00 Lunch 5:00 Dinner	<b>24</b> 8:00 Breakfast 12:00 Lunch 2:00 Express Yourself (Gilbert) 2:30 Get Moving 3:00 Exercise Class w Andrew 3:30 Bingo 5:00 Dinner 6:15 You and Me	<b>25</b> 8:00 Breakfast 10:15 Get moving 10:45 Brains and Banter 12:00 Lunch 2:15 Active Games 2:30 Halloween Movie 5:00 Dinner	<b>26</b> 8:00 Breakfast 12:00 Lunch 3:00 Exercise w Andrew 3:30 Ladder Toss 4:00 Guess the Tune 5:00 Dinner 6:15 Nails	<b>27</b> 8:00 Breakfast 10:15 Get Moving 10:45 Brains and Banter 12:00 Lunch 2:00 Pin the spider on the Web 3:00 Birthday Celebration 3:45 Armchair Travel 5:00 Dinner	<b>28</b> 8:00 Breakfast 12:00 Lunch 2:00 Mummy Bowling 3:30 Musical Moments 5:00 Dinner 6:30 You and Me	<b>29</b> 8:00 Breakfast 10:00 Café Time 10:45 Get Moving 12:00 Lunch 5:00 Dinner