



# January 2022

## Enhanced Support Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>30</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 For the Soul 11:30 Stepping Out 12:00 Lunch 2:00 Bingo 3:30 Express Yourself 5:00 Dinner	<b>31</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 Brains and Banter 11:30 Stepping Out 12:00 Lunch 2:00 You and Me 3:30 Reading Group 5:00 Dinner					<b>1 New Year's Day</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 Drum Fit 11:30 Stepping Out 12:00 Lunch 2:00 Traveling Treat Cart 3:30 Soothing Sensations 5:00 Dinner
<b>2</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 For the Soul 11:30 Stepping Out 12:00 Lunch 2:00 Bingo 3:30 Express Yourself 5:00 Dinner	<b>3</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 Brains and Banter 11:30 Stepping Out 12:00 Lunch 2:00 You and Me 3:30 Reading Group 5:00 Dinner	<b>4</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 For the Fun of Fit 11:30 Stepping Out 12:00 Lunch 2:30 Musical Moments 4:30 Stepping Out 5:00 Dinner	<b>5 Un-Deck the Halls</b> 8:30 Breakfast 10:00 Greeting the Day 11:30 Stepping Out 12:00 Lunch 4:30 Stepping Out 5:00 Dinner	<b>6 Epiphany</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 Express Yourself 11:30 Stepping Out 12:00 Lunch 2:30 Musical Moments 4:30 Stepping Out 5:00 Dinner	<b>7</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 For the Fun of Fit 11:30 Stepping Out 12:00 Lunch 2:30 Java Music 4:30 Stepping Out 5:00 Dinner	<b>8</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 Drum Fit 11:30 Stepping Out 12:00 Lunch 2:00 In the Kitchen 3:30 Soothing Sensations 5:00 Dinner
<b>9</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 For the Soul 11:30 Stepping Out 12:00 Lunch 2:00 Bingo 3:30 Express Yourself 5:00 Dinner	<b>10</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 For the Fun of Fit 11:30 Stepping Out 12:00 Lunch 2:00 You and Me 3:30 Reading Group 5:00 Dinner	<b>11</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 Brains and Banter 11:30 Stepping Out 12:00 Lunch 2:30 Musical Moments 4:30 Stepping Out 5:00 Dinner	<b>12</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 For the Fun of Fit 11:30 Stepping Out 12:00 Lunch 2:30 Entertainment with Vili (Crooked Q) 4:30 Stepping Out 5:00 Dinner	<b>13</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 Express Yourself 11:30 Stepping Out 12:00 Lunch 2:30 Circle of Friends 4:30 Stepping Out 5:00 Dinner	<b>14</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 For the Fun of Fit 11:30 Stepping Out 12:00 Lunch 2:30 Java Music 4:30 Stepping Out 5:00 Dinner	<b>15 National Hat Day</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 Drum Fit 11:30 Stepping Out 12:00 Lunch 2:00 Photobooth 3:30 Soothing Sensations 5:00 Dinner
<b>16</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 For the Soul 11:30 Stepping Out 12:00 Lunch 2:00 Bingo 3:30 Express Yourself 5:00 Dinner	<b>17 Martin Luther King Jr. Day</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 Brains and Banter 11:30 Stepping Out 12:00 Lunch 2:00 You and Me 3:30 Reading Group 5:00 Dinner	<b>18</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 For the Fun of Fit 11:30 Stepping Out 12:00 Lunch 2:30 Musical Moments 4:30 Stepping Out 5:00 Dinner	<b>19</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 For the Fun of Fit 11:30 Stepping Out 12:00 Lunch 2:30 Circle of Friends 4:30 Stepping Out 5:00 Dinner	<b>20</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 Express Yourself 11:30 Stepping Out 12:00 Lunch 2:30 Musical Moments 4:30 Stepping Out 5:00 Dinner	<b>21 National Hug Day</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 For the Fun of Fit 11:30 Stepping Out 12:00 Lunch 2:30 Java Music 4:30 Stepping Out 5:00 Dinner	<b>22</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 Drum Fit 11:30 Stepping Out 12:00 Lunch 2:00 In the Kitchen 3:30 Soothing Sensations 5:00 Dinner
<b>23</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 For the Soul 11:30 Stepping Out 12:00 Lunch 2:00 Bingo 3:30 Express Yourself 5:00 Dinner	<b>24</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 For the Fun of Fit 11:30 Stepping Out 12:00 Lunch 2:00 You and Me 3:30 Reading Group 5:00 Dinner	<b>25</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 Brains and Banter 11:30 Stepping Out 12:00 Lunch 2:30 Entertainment with Remedy (Crooked Q) 4:30 Stepping Out 5:00 Dinner	<b>26</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 For the Fun of Fit 11:30 Stepping Out 12:00 Lunch 2:30 Circle of Friends 4:30 Stepping Out 5:00 Dinner	<b>27</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 Express Yourself 11:30 Stepping Out 12:00 Lunch 2:30 Musical Moments 4:30 Stepping Out 5:00 Dinner	<b>28</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 For the Fun of Fit 11:30 Stepping Out 12:00 Lunch 2:30 Java Music 4:30 Stepping Out 5:00 Dinner	<b>29 National Puzzle Day</b> 8:30 Breakfast 10:00 Greeting the Day 10:30 Drum Fit 11:30 Stepping Out 12:00 Lunch 2:00 In the Kitchen 3:30 Soothing Sensations 5:00 Dinner