


JANUARY 2021

Trafalgar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 New Year's Day 10:30 Morning Stretch – OA 1:30 New-Years Trivia—CK 3:00 Hot Chocolate Social—CK 4:00 Friendly Visits—TO	2 10:30 Basketball—OA 11:00 Walk & Talk—TO 1:30 Card Games—CK 3:00 Armchair Travel—CK 4:00 Manicures—TO
3 10:30 Fun Fitness—OA 11:00 Card Games—CK 1:30 Old TV Show—CK 3:00 Short Story—CK 4:00 Friendly Visits— TO	4 1:30 Green Thumb –CK	5 10:30 Dance Fitness—OA 11:00 Montessori—TO 1:30 Puzzle—CK 3:00 Color by number—CK 4:00 Friendly Visits—TO	6 10:30 Morning Stretch—OA 11:00 Short Story—OA 1:30 iNTL—CK 3:00 Walk & Talk—TO 4:00 Friendly Visits—TO	7 10:30 Baking – CK 11:00 Helping Hands—CK 1:30 Bingo—CK 3:00 Tea Social—CK 4:00 Friendly Visits—TO	8 1:30 Friendly Visits—TO 2:30 Helping Hands—CK 3:00 Arts& Crafts—CK 6:30 Movie Night—OA	9 Neighbourhood Time
10 11:15 Morning Devotion 2:00 Bible Mind Teaser 4:00 Virtual Piano	11 10:30 Fitness—OA 11:00 Word Games—CK 1:30 Arts & Crafts—CK 3:00 Sing-a-long—CK 4:00 I:I Activities—TO	12 10:30 Bowling—OA 11:00 Word Scramble—CK 1:30 Board Games—CK 3:00 iNTL—CK 4:00 Friendly Visits—TO	13 2:00 Pastoral Visit 4:00 Virtual Piano	14 10:30 Baking – CK 11:00 Helping Hands—CK 1:30 Armchair Travel—CK 3:00 Tea Social—CK 4:00 Friendly Visits—TO	15 10:30 Bowling—OA 1:30 Music On Demand—OA 3:00 Bingo—CK 4:00 Friendly Visits—TO	16 10:30 Fun Fitness—OA 11:00 Armchair Travel—CK 1:30 Card Games—CK 3:00 Circle Talk—OA 4:00 I:I Activities—TO
17 10:30 Balloon Tennis—OA 11:00 Hang-Man—CK 1:30 Old TV Show—CK 3:00 Trivia—CK 4:00 iPad Games— TO	18 1:30 Green Thumb –CK	19 10:30 Bean Bag Toss—OA 11:00 Montessori—TO 1:30 Name 5—CK 3:00 Color by number—CK 4:00 Friendly Visits—TO	20 10:30 Balloon Tennis-OA 11:00 Mini Bingo—CK 1:30iNTL—OA 2:30 Residents Council Meeting –CC 3:00 Armchair Travel –CK 4:00 iPad Games—TO	21 10:30 Baking – CK 11:00 Helping Hands—CK 1:30 Hang-Man—CK 3:00 Tea Social—CK 4:00 Friendly Visits—TO	22 1:30 Friendly Visits—TO 2:30 Helping Hands—CK 3:00 Arts& Crafts—CK 6:30 Movie Night—OA	23 Neighbourhood Time
24 Neighbourhood Time	25 10:30 Chair Yoga—OA 11:00 Story Time—CK 1:30 Name 5—CK 3:00 Name that Tune—CK 4:00 Manicures—TO	26 10:30 Curling—OA 11:00 Hang-Man—CK 1:30 Puzzle—CK 3:00 iNTL—CK 4:00 Friendly Visits—TO	27 Neighbourhood Time	28 10:30 Baking – CK 11:00 Helping Hands—CK 1:30 Trivia—CK 3:00 Tea Social—CK 4:00 Friendly Visits—TO	29 10:30 Bowling—OA 1:30 Music on Demand—OA 3:00 Bingo—CK 4:00 Friendly Visits—TO	30 10:30 Basketball—OA 11:00 Armchair Travel—CK 1:30 Card Games—CK 3:00 Old TV Show—OA 4:00 Manicures—TO
31 10:30 Basketball—OA 11:00 Circle Talk—OA 1:30 Arm Chair Travel—CK 3:00 Trivia—CK 4:00 Music on Demand— OA				Due to Covid 19 pandemic, programs are limited to the neighbourhood and may be subject to change if required		