



# JULY 2021

## Emmas' Neighborhood



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Programs may be Subject to change if required</b>		<b>Happy Birthday To: Caroline Pinto July 13</b>		<b>1 CANADA DAY</b> 10:30 Stepping Out 2:00 <b>Canada Quiz</b> 4:00 <b>Armchair Travel- Canada</b> 6.30 Manicure	<b>2</b> 10:30 Balloon Badminton 2:00 You & Me 4.00 Social 6:30 Friday Evening Movie	<b>3</b> 10:30 Drum Fit 2:00 Pet shop visit 4:00 Express Yourself 6.30 Game Night
<b>4</b> 10:30 - Church Service  1:30- <b>BINGO</b>  3:00 - Friendly visit  4.00 - Hymn singing	<b>5</b> 10:30 For the Fun of Fit  2:00 Brain & Banter  4:00 Musical Moments  6.30 Circle of friends	<b>6</b> 10:30 Balloon Badminton  2:00 Sing-a-long  4:00 Express Yourself  6.30 Friendly visits	<b>7</b> 11:00 Fun and Fitness (PAL)  2:00 Bus Trip to the Park  4:00 Piano concert  6.30 Trivia Night	<b>8</b> 10:30 Stepping Out  2:00 Brain & Banter  4:00 Armchair Travel  6.30 Manicure	<b>9</b> 10:30 Balloon Badminton  2:00 You & Me  4.00 Social  6:30 Friday Evening Movie	<b>10</b> 10:30 Drum Fit  2:00 Pet shop visit  4:00 Express Yourself  6.30 Game Night
<b>11</b> 10:30 - Church Service  1:30- <b>BINGO</b>  3:00 - Friendly visit  4.00 -Hymn singing	<b>12</b> 10:30 For the Fun of Fit  2:00 Brain & Banter  4:00 Musical Moments  6.30 Circle of friends	<b>13</b> 11:00 Fun and Fitness (PAL)  2:00 Sing-a-long  4:00 Express Yourself  6.30 Friendly visits	<b>14 Strawberry Milkshake Day</b> 10:30 For The Fun of Fit  2:00 BINGO  4:00 Piano concert  6.30 Trivia Night	<b>15</b> 10:30 Stepping Out  2:00 Brain & Banter  4:00 Armchair Travel  6.30 Manicure	<b>16</b> 10:30 Balloon Badminton  2:00 You & Me  4.00 Social  6:30 Friday Evening Movie	<b>17</b> 10:30 Drum Fit  2:00 Pet shop visit  4:00 Express Yourself  6.30 Game Night
<b>18</b> 10:30 - Church Service  1:30- <b>BINGO</b>  3:00 - Friendly visit  4.00 - Hymn singing	<b>19</b> 10:30 For the Fun of Fit  2:00 Brain & Banter  4:00 Armchair Travel  6.30 Circle of friends	<b>20</b> 10:30 Balloon Badminton  4:00 Express Yourself  6.30 Friendly visits	<b>21</b> 10:30 For The Fun of Fit  2:00 BINGO  4:00 Piano concert  6.30 Trivia Night	<b>22</b> 10:30 Stepping Out  2:00 Brain & Banter  <b>4:00 Musical Moments with Tasha</b>  6.30 Manicure	<b>23</b> 10:30 Balloon Badminton  2:00 You & Me  4.00 Social  6:30 Friday Evening Movie	<b>24</b> 10:30 Drum Fit  2:00 Pet shop visit  4:00 Express Yourself  6.30 Game Night
<b>25</b> 10:30 - Church Service  1:30- <b>BINGO</b>  3:00 - Friendly visit  4.00 - Hymn singing	<b>26</b> 10:30 For the Fun of Fit  2:00 Brain & Banter  4:00 Armchair Travel  6.30 Circle of friends	<b>27</b> 10:30 Balloon Badminton  2:00 Sing-a-long  4:00 Express Yourself  6.30 Friendly visits	<b>28</b> 11:00 Fun and Fitness (PAL)  2:00 BINGO  4:00 Piano concert  6.30 Trivia Night	<b>29</b> 10:30 Stepping Out  2:00 Brain & Banter  <b>4:00 Musical Moments with Tasha</b>  6.30 Manicure	<b>30</b> 10:30 Balloon Badminton  2:00 You & Me  4.00 Social  6:30 Friday Evening Movie	<b>31</b> 10:30 Drum Fit  2:00 Circle of Friends  4:00 Express Yourself  6.30 Game Night