

# JULY

First Floor Neighbourhood

**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

**1 Canada Day!**  
10:30 Banana Split Milkshakes!  
**12:00 Canada Day BBQ**  
2:00 Canada Day Festivities  
2:00 Paula French Performs!

**2**  
**9:00 Physiotherapy-T**

**3**  
**10:00 Chaplain Visits-T**  
11:00 Chicken Soup Stories  
2:00 Outdoor Walks  
3:30 BINGO

**4**  
11:00 Painting Fun  
2:00 Travelling Treats  
3:30 Neighbourhood Time

**5**  
**9:00 Physiotherapy-T**

**6**  
**9:00 Physiotherapy-T**  
11:00 Friendly Visits  
2:00 Ball Toss  
3:30 Devotions

**7**  
11:00 News Stories  
2:00 Puzzles  
3:30 Water Colour Painting

**8**  
**9:00 Physiotherapy-T**  
11:00 Horoscopes  
2:00 SPA Day  
3:30 Name That Tune

**9**  
**9:00 Physiotherapy-T**  
11:00 Coffee Social  
2:00 Bean Bag Toss  
3:30 BINGO

**10**  
**10:00 Chaplain Visits-T**

**11**  
11:00 Morning Devotions  
2:00 Gardening  
3:30 Friendly Visits

**12**  
**9:00 Physiotherapy-T**  
11:00 Morning Devotions  
2:00 Gardening  
3:30 Friendly Visits

**13**  
**9:00 Physiotherapy-T**  
**12:30 Music Therapy with Stephanie-T**  
2:00 Resident Council

**14**  
11:00 Morning Yoga  
2:00 Music Sing-Along  
3:30 Patio Visits

**15**  
**9:00 Physiotherapy-T**  
11:00 Gratitude Moments  
2:00 Outdoor Walks  
3:30 Colouring Club

**16**  
**9:00 Physiotherapy-T**

**17**  
**10:00 Chaplain Visits-T**  
11:00 Bracelet Making  
2:00 Travelling Treats  
3:30 BINGO

**18**  
11:00 Chicken Soup Stories  
2:00 Watermelon Drinks  
3:30 Friendly Visits

**19**  
**9:00 Physiotherapy-T**

**20**  
**9:00 Physiotherapy-T**  
11:00 Outdoor Walks

**21**  
11:00 Horoscopes  
2:00 Word Games  
3:30 Neighbourhood Time

**22**  
**9:00 Physiotherapy-T**  
11:00 Puzzles  
2:00 SPA Day  
3:30 Patio Visits

**23**  
**9:00 Physiotherapy-T**  
11:00 Morning Social  
2:00 Devotions  
3:30 BINGO

**24**  
**10:00 Chaplain Visits-T**

**25**  
**26**  
**9:00 Physiotherapy-T**  
11:00 Summer Portraits  
2:00 Card Games  
3:30 News Stories

**26**  
**9:00 Physiotherapy-T**  
11:00 Summer Portraits  
2:00 Card Games  
3:30 News Stories

**27**  
**9:00 Physiotherapy-T**  
11:00 Colouring Club  
**1:30 Christmas in July!-T**  
3:30 Friendly Visits

**28**  
**12:30 Music Therapy with Stephanie-T**  
2:00 Baking Brownies!  
3:30 Devotions

**29**  
**9:00 Physiotherapy-T**  
2:00 Ball Toss  
3:30 Board Games

**30**  
**9:00 Physiotherapy-T**

**31**  
**10:00 Chaplain Visits-T**  
11:00 Chicken Soup Stories  
2:00 Travelling Treats  
3:30 BINGO