

Calendar of Events **MARCH 2020**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
1 9am: Morning Greetings (B/T) 10am: Sunday Morning Prayer (H)	2 9am: ROM exercises (T) 9am: Morning Greetings (B/T) 10am: Rosary & Prayer (H) 1:30pm: Sensory with Pedro (H) 2pm: Calendar Delivery (B/T)	3 9am: ROM exercises (B) 9am: Morning Greetings (B/T) 10am: Games (H) 2pm: Friendly Visits (B/T) 6:30pm: Mandala Art (H)	4 9am: ROM exercises (T) 9am: Morning Greetings (B/T) 10am: BINGO (H) 1pm: Sound Therapy (B/T) 2pm: Tea & Talk (H)	5 9am: ROM exercises (B) 9am: Morning Greetings (B/T) 10am: Yoga with Pedro (H) 2pm: Health & Beauty (B/T)	6 9am: ROM exercises (T) 9am: Morning Greetings (B/T) 10am: Pet Therapy (H) 2pm: Hot Chocolate Cart (B/T) 6:30pm: Bowling (H) Happy Birthday Rosa Borges	7 9am: Morning Greetings (B/T) 10am: Bingo (H) 1:30pm: Sing a long with Dina (T)		
8 <u>Daylight Savings Begins</u> 9am: Morning Greetings (B/T) 10am: Sunday Morning Prayer (H)	9 9am: ROM exercises (B) 9am: Morning Greetings (B/T) 10am: Rosary & Prayer (H) 1:30pm: Sensory with Pedro (H)	10 8am: Breakfast Club (H) 9am: Morning Greetings (B/T) 9am: ROM exercises (T) 10am: Evangelical Service (H) 2pm: Java Music Club (B) 6:30pm: Spa Evening (H)	11 9am: ROM exercises (B) 9am: Morning Greetings (B/T) 10:30am: Horticulture (H) 1pm: Sound Therapy (B/T) 2pm: BINGO (H) Happy Birthday Thomas Hall	12 9am: ROM exercises (T) 9am: Morning Greetings (B/T) 10am: Yoga with Pedro (H) 2pm: Movie Hour (H)	13 9am: ROM exercises (B) 9am: Morning Greetings (B/T) 10am: Portuguese Mass (H) 2pm: Hot Chocolate Social (B/T) 6:30pm: Mandala Art (TTV)	14 9am: Morning Greetings (B/T) 10am: Bingo (H) 1:30pm: Sing a long with Dina (T)		
15 9am: Morning Greetings (B/T) 10am: Sunday Morning Prayer (H)	16 9am: ROM exercises (T) 9am: Morning Greetings (B/T) 10am: Rosary & Prayer (H) 1:30pm: Sensory with Pedro (H)	17 <u>St Patrick's Day</u>  9am: ROM exercises (B) 9am: Morning Greetings (B/T) 10am: Arts & Craft's (H) 2pm: Java Music Club (T) 2pm: St Patrick's Smoothies (H) 6:30pm: Anglican Service (H)	18 9am: ROM exercises (T) 9am: Morning Greetings (B/T) 10am: BINGO (H) 1pm: Sound Therapy (B/T) 2pm: Resident Council Meeting (H)	19 9am: ROM exercises (B) 9am: Morning Greetings (B/T) 10am: Yoga with Pedro (H) 2pm: Health & Beauty (B/T) Happy Birthday Evelina Lima	20 <u>First Day Of Spring</u> 9am: ROM exercises (T) 9am: Morning Greetings (B/T) 10am: Kitchen Express (H) 2pm: Hot Chocolate Cart (B/T) 6:30pm: Bowling (H)	21 9am: Morning Greetings (B/T) 10am: Bingo (H) 1:30pm: Sing a long with Dina (T)		
22 9am: Morning Greetings (B/T) 10am: Sunday Morning Prayer (H) Happy Birthday Maria Botelho	23 9am: ROM exercises (B) 9am: Morning Greetings (B/T) 10am: Rosary & Prayer (H) 1:30pm: Sensory with Pedro (H)	24 9am: ROM exercises (T) 9am: Morning Greetings (B/T) 10am: Evangelical Service (H) 2pm: Java Music Club (B) 6:30pm: Mandala Art (H)	25 9am: ROM exercises (B) 9am: Morning Greetings (B/T) 10:30am: Horticulture (H) 10am: BINGO (H) 1pm: Sound Therapy (B/T) 2pm:	26 9am: ROM exercises (T) 9am: Morning Greetings (B/T) 10am: Yoga with Pedro (H) 2pm: Movie Hour (H)	27 9am: ROM exercises (B) 9am: Morning Greetings (B/T) 10am: Creative Baking (H) 2pm: Donuts Travelling Carts (B/T) 6:30pm: Spa Evening (H)	28 9am: Morning Greetings (B/T) 10am: Bingo (H) 1:30pm: Sing a long with Dina (T)		
29 9am: Morning Greetings (B/T) 10am: Sunday Morning Prayer (H)	30 9am: ROM exercises (T) 9am: Morning Greetings (B/T) 10am: Rosary & Prayer (H) 1:30pm: Sensory with Pedro (H) Happy Birthday Maria Lopes	31 9am: ROM exercises (B) 9am: Morning Greetings (B/T) 10am: Games (H) 2pm: Birthday Celebration (H) 6:30pm: Spa Evening (H)	<p>H- Halton (Lower Level) B- Bellwood's (1st Neighborhood) T- Trinity (2nd Neighborhood) BTV- Bellwood's TV Lounge TTV- Trinity TV Lounge B/T- Traveling Program on Trinity & Bellwood's</p> <p>PROGRAMS ARE SUBJECT TO CHANGE</p>					