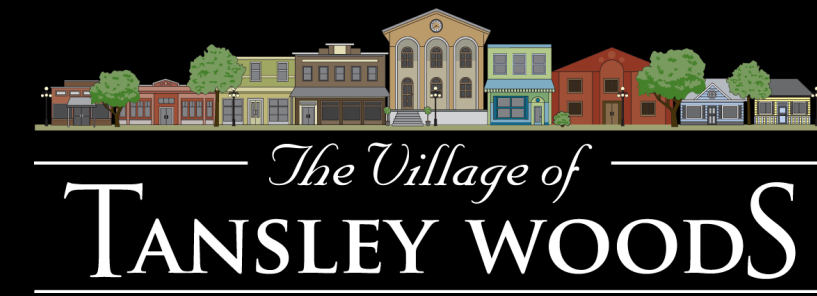




# January 2021

## NELSON NEIGHBOURHOOD



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			CC = Community Centre LIB = Library C = Chapel TH = Town Hall MS = Main Street F = Fitness Centre FR = Family Room CK = Country Kitchen H = Hobby Room 1:1 = Individual Program	<b>Residents Bill Of Rights</b> Every resident has the right to be treated with courtesy and respect and in a way that fully recognizes the resident's individuality and respects the resident's dignity.	<b>1 NEW YEARS DAY</b> 10:00 Calendar Drop-Off 11:00 New Years Traditions... 2:00 New Years Baking 4:00 Sing-A-Long	<b>2</b>
<b>3</b>	<b>4</b> 9:15 Morning Chronicle 10:00 January Trivia 11:00 Opposites 1:15 Music On Demand 2:30 Alphabetic 3:30 Strolls 6:30 Snack Cart Social	<b>5</b> <b>10:00 Timbit Social</b> <b>11:00 Fit in 30</b> 11:00 Greenhouse Care 1:30 Day Board Creations 3:30 Table Shuffleboard 6:30 You Be The Judge	<b>6</b> <b>9:30 Nelson Exercise</b> 10:00 Gratitude Time 11:00 Strolls & Chats <b>1:00 Music Therapy— Angela</b> 1:30 Kitchen Creations 4:00 Finishing Lines 6:30 Colour Outside the Lines	<b>7 HAPPY ORTHODOX CHRISTMAS</b> 9:15 News & Views 10:00 Royals "Autobiography" 11:00 Stretching to Music 1:30 Creative Corner (Sensory Stress Dough) 3:30 Mental Aerobics 6:30 Remember When	<b>8</b> 10:30 Ice Cream Creations 11:00 Finishing Words 2:00 Friendly Visits 3:00 Ice Cream Social	<b>9</b> 10:00 Pretty Polish 11:00 News & Views <b>2:00 Virtual Entertainment</b> 3:00 New Years Bingo
<b>10</b> 10:00 Christmas Tear Down <b>2:00 Virtual Church Service</b> <b>4:00 Functional Fitness</b> <b>3:00 Fellowship Social</b> 4:00 Christmas Tear Down	<b>11</b> 9:15 News & Views 10:00 Inventions 11:00 Sing-A-Long 1:15 Finishing Lyrics 2:30 Balloon Tennis 3:30 Friendly Visits 6:30 Short Stories	<b>12</b> * <b>10:00 Timbit Social</b> <b>11:00 Fit in 30</b> 11:00 Greenhouse Care 1:30 Tea Talks [HOT TEA DAY] 2:30 Alphabetic 6:30 Relax & Reflect	<b>13</b> <b>9:30 Nelson Exercise</b> 10:00 Card Games 11:00 War Time Songs <b>1:00 Music Therapy— Angela</b> 1:30 Kitchen Creations 4:00 Mental Aerobics 6:30 Riddle Me This...	<b>14</b> 9:15 Horoscopes 10:00 British War "Autobiography" 11:00 Art Circle 1:30 Balloon Tennis 2:30 Now & Then 3:30 Poem Circle 6:30 Fragrant Flashbacks	<b>15 BREAKFAST CLUB</b> 9:30 Morning Chronicle 10:00 Remember When 11:00 Hand Massages 2:00 Table Top Shuffleboard	<b>16</b>
<b>17</b>	<b>18</b> 9:15 Front Page News 10:00 Spelling Games 11:00 Friendly Visits 1:15 Sing-A-Long 2:30 Trivia 3:30 Balloon Tennis 6:30 Relax & Reflect	<b>19</b> <b>10:00 Timbit Social</b> <b>11:00 Fit in 30</b> 11:00 Greenhouse Care 1:30 Sing-A-Long 2:30 Yesterdays 3:30 Strolls 6:30 Fragrant Flashbacks	<b>20</b> <b>9:30 Nelson Exercise</b> 10:00 Math Table Games 11:00 Sing-A-Long <b>1:00 Music Therapy— Angela</b> 1:30 Finishing Lines 2:30 Balloon Tennis 3:30 Short Stories 6:30 Travelogue	<b>21 NATIONAL HUGGING DAY</b> 9:15 Morning Greetings 10:00 1918 "Spanish Flu" Biography 11:00 Strolls 1:30 Kitchen Creations 4:00 Short Stories 6:30 Sing-A-Long	<b>22</b> 10:30 News & Views 2:00 Paper Fortune Cookie Craft 4:00 Mental Aerobics	<b>23</b> 1:30 Neighbourhood Time <b>2:00 Movie Matinee</b> 4:00 Categories 6:30 Did You Know?
<b>24</b> 1:30 Friendly Visits <b>2:00 Virtual Church</b> 3:00 Ice Cream Creations 6:30 Poem Circle	<b>25</b> 9:15 Editor's Comments 10:00 Easy Math Games 11:00 Riddles & Poems 1:15 Name That Tune 2:30 Alphabetic 3:30 Colour Outside the Lines 6:30 Short Stories	<b>26</b> * <b>10:00 Timbit Social</b> <b>11:00 Fit in 30</b> 11:00 Greenhouse Care 1:30 Table Top Curling 2:30 Finishing Words 6:30 Fragrant Flashbacks	<b>27 DINER'S CLUB</b> <b>9:30 Nelson Exercise</b> 10:00 January Trivia 11:00 Famous Songs <b>1:00 Music Therapy— Angela</b> 1:30 Kitchen Creations 6:30 You Be The Judge	<b>28</b> 9:15 Morning Chronicle 10:00 "Potato Famine" Ireland 11:00 Short Stories 1:30 Bocce Ball 2:30 Crosswords 3:30 Junk Drawer Detective 6:30 Relax & Reflect	<b>29</b> 10:30 Friendly Visits 11:00 Sing-A-Long 2:00 Resident Birthday Bash 4:00 Would You Rather	<b>30</b>
<b>31</b>						