

Schlegel Villages



Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Prune Juice Cream of Wheat Breakfast Ham Whole Wheat Toast -- Assorted Cold Cereal Whole Wheat Toast	Cranberry Juice Oatmeal Hard Boiled Egg Whole Wheat Toast -- Assorted Cold Cereal Whole Wheat Toast	Apple Juice Cream of Wheat Peameal Bacon Whole Wheat Toast -- Assorted Cold Cereal Whole Wheat Toast	Orange Juice Cinnamon Oatmeal Raisin Bread Peanut Butter -- Assorted Cold Cereal Whole Wheat Toast	Prune Juice Cream of Wheat Whole Wheat English Muffin Poached Egg -- Assorted Cold Cereal Whole Wheat Toast	Cranberry Juice Oatmeal Hard Boiled Egg Whole Wheat Toast -- Assorted Cold Cereal Whole Wheat Toast	Apple Juice Cream of Wheat Scrambled Eggs Whole Wheat Toast -- Assorted Cold Cereal Whole Wheat Toast
Lunch	Mushroom Wild Rice Soup Yogurt Fruit Plate Baked Muffin Fruit Gelatin -- Creamy Seafood Casserole Peas & Carrots Chocolate Pudding	Fall Harvest Soup Turkey and Swiss on a Kaiser Red Beet Citrus Salad Chilled Poached Pears -- Wieners & Beans Herbed Focaccia Buttered Corn Butter Tart	Cream of Carrot Soup Tex Mex Chicken Salad Plate Mandarin Oranges -- Vegetable and Cheese Frittata Stewed Tomatoes Oatmeal Raisin Cookies	Cream of Tomato Soup Egg Salad Plate <i>(Egg Salad, Rotini Pasta Salad and Harvard Beets)</i> Dinner Roll Chilled Peaches -- Pastrami on Rye Tossed Garden Salad Lemon Mousse & Whipped Topping	Potato & Cabbage Soup Turkey Deli Plate Fruit Cocktail -- Pesto Tortellini with Vegetables Mediterranean Salad Date Square	Beef Barley and Veg Soup Tomato Macaroni & Cheese Seasoned Spinach Chilled Apricots -- Cheesy Tuna Melt Cabbage & Apple Salad Shortbread Cookie	Navy Bean Soup Ham and Cheese Sandwich on Multigrain Tossed Salad Tropical Fruit -- French Toast Syrup Crispy Bacon Mixed Berries & Topping Lime Sherbet
Dinner	Parmesan Chicken Breast Mashed Potatoes Seasoned Zucchini Fresh Watermelon -- Primavera Pasta Mixed Green Salad Carrot Pineapple Cake	Beef Shepherds Pie Golden Cauliflower Mixed Berries -- Curried Lamb Basmati Rice Cocktail Vegetables Ice Cream Sundae	Baked Fish & Tomato Ginger Sauce Couscous Salad Italian Mix Vegetables Chilled Pineapples -- Glazed Ham Scalloped Potatoes Broccoli Florets Banana Cream Pie Slice	Braised Beef Liver & Onions Garlic Mashed Potatoes Green Beans Fresh Fruit Salad -- Turmeric Chicken Garlic Mashed Potatoes Green Beans Berry Trifle	Fish 'n Chips Rainbow Slaw Fresh Melon -- Swiss Steak Herb Roasted Potatoes Paradisio Vegetables Cinnamon Rice Pudding	Oktoberfest Sausage Mashed Potatoes Sweet & Sour Cabbage Warm Apple Compote -- Roast Creole Chicken Thigh Mashed Potatoes Mexican Vegetables German Chocolate Cake	Roast Beef Horseradish & Gravy Sweet Balsamic Brussels Sprouts Mango -- Turkey Cottage Pie Mashed Potatoes Fall Medley Vegetables Pumpkin Pie

