

# Schlegel Villages



# Week Four

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Orange Juice Cinnamon Oatmeal Sausage Links Whole Wheat Toast -- Assorted Cold Cereal Whole Wheat Toast	Prune Juice Cream of Wheat Hard Boiled Egg Whole Wheat Toast -- Assorted Cold Cereal Whole Wheat Toast	Cranberry Juice Oatmeal Crispy Bacon Whole Wheat Toast -- Assorted Cold Cereal Whole Wheat Toast	Apple Juice Cream of Wheat Raisin Bread Scrambled Eggs -- Assorted Cold Cereal Whole Wheat Toast	Orange Juice Cinnamon Oatmeal Whole Wheat English Muffin Poached Egg -- Assorted Cold Cereal Whole Wheat Toast	Prune Juice Cream of Wheat Hard Boiled Egg Whole Wheat Toast -- Assorted Cold Cereal Whole Wheat Toast	Cranberry Juice Oatmeal Scrambled Eggs Whole Wheat Toast -- Assorted Cold Cereal Whole Wheat Toast
Lunch	Split Pea Soup Cottage Cheese Salad Plate Sunshine Salad -- Ham & Potato Casserole Niagara Mix Vegetables Tapioca Pudding	Chicken Vegetable Soup Roasted Red Pepper Pizza Greek Salad Chilled Poached Pears -- Shrimp Salad on Croissant Greek Salad Apple Caramel Tart	Carrot Ginger Soup Homestyle Turkey Chili Roasted Asparagus Corn Muffin Mandarin Oranges -- Egg Salad on Multi-Grain Cucumber Dill Salad Sugar Cookies	Cream of Mushroom Soup Swiss & Tomato Sandwich Chefs Salad Chilled Peaches -- Vegetable Quiche 5-Way Mixed Vegetables Ice Cream Sandwich	Potato Bacon Soup Hamburger on Wheat Bun Tomato, Onion Lettuce Mediterranean Salad Fruit Cocktail -- Turkey and Cranberry Sandwich Marinated 4 Bean Salad Cinnamon Coffeecake	Roasted Beet Borscht Crab Salad on Brioche Bun Tomato Slices Chilled Apricots -- Beef Taco Salad Pita Bread Wedges Raspberry Mousse	Manhattan Clam Chowder Pancake with Maple Syrup Pork Sausage Pattie Cranberry & Pear Compote Tropical Fruit -- Grilled Vegetable Quesadilla Black Bean Corn Salad Rainbow Sherbet
Dinner	Baked Portuguese Chicken Parslied New Potatoes Glazed Carrots Watermelon Mint Salad -- Homemade Turkey Loaf Mashed Potatoes Roasted Butternut Squash Chocolate Silk Cake	Pasta & Meat Sauce Tossed Green Salad Strawberries -- Homemade Lamb Casserole Herbed Rice Whole Mixed Beans Vanilla Ice Cream	Creamy Mushroom Pork Chop Baked Potato Broccoli Florets Chilled Pineapple -- Haddock with Roasted Red Pepper Sauce Multigrain Rice Pilaf Sauteed Spinach & Kale Maple Pudding Cake	Hungarian Goulash Fluffy Rice Montego Vegetables Fresh Fruit Salad -- Three Cheese Lasagna Tossed Salad Caramel Pecan Brownie	Zesty Honey Dijon Baked Fish Couscous Pilaf Roasted Mixed Peppers Diced Cantaloupe & Honeydew -- Roast Veal Glazed Sweet Potatoes Green Peas Orange Cream Cake	Chicken a la King Rosemary Potatoes Creamed Corn Mixed Berries -- Pork Roast Dried Fruit & Walnut Sauce Scalloped Potatoes Seasoned Zucchini Warm Lemon Pudding Cake	Savory Bread Stuffing Roast Turkey Mashed Potatoes Fall Medley Vegetables Mango -- Beef Cabbage Roll with Sauce Mashed Potatoes Parsley Carrots Apple Pie