



MONDAY	JUN 12	TUESDAY	JUN 13	WEDNESDAY	JUN 14	THURSDAY	JUN 15	FRIDAY	JUN 16	SATURDAY	JUN 17	SUNDAY	JUN 18
BREAKFAST													
Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice
Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl
Stewed Prunes	Stewed Prunes	Stewed Prunes	Stewed Prunes	Stewed Prunes	Stewed Prunes	Stewed Prunes	Stewed Prunes	Stewed Prunes	Stewed Prunes	Stewed Prunes	Stewed Prunes	Stewed Prunes	Stewed Prunes
High Fibre Cinnamon Oatmeal	High Fibre Cream of Wheat	High Fibre Cream of Wheat	High Fibre Cinnamon Oatmeal	High Fibre Cinnamon Oatmeal	High Fibre Cream of Wheat	High Fibre Cream of Wheat	High Fibre Cinnamon Oatmeal	High Fibre Cinnamon Oatmeal	High Fibre Cream of Wheat	High Fibre Cream of Wheat	High Fibre Cream of Wheat	High Fibre Cinnamon Oatmeal	High Fibre Cinnamon Oatmeal
Hard Boiled Egg	Yogurt & Granola Parfait	Yogurt & Granola Parfait	Poached Egg	Poached Egg	Cheese Omelette	Cheese Omelette	Glazed Ham	Glazed Ham	Cinnamon Glazed French Toast	Cinnamon Glazed French Toast	Cinnamon Glazed French Toast	Crispy Bacon	Crispy Bacon
Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Assorted Cold Cereal	Assorted Cold Cereal	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast
Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Whole Wheat Toast	Whole Wheat Toast	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal
White Toast	White Toast	White Toast	White Toast	White Toast	White Toast	White Toast	White Toast	White Toast	White Toast	White Toast	White Toast	White Toast	White Toast
LUNCH													
Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers
Minestrone Soup	Tomato Soup	Tomato Soup	Tomato Soup	Tomato Soup	Tomato Soup	Tomato Soup	Tomato Soup	Tomato Soup	Tomato Soup	Tomato Soup	Tomato Soup	Tomato Soup	Tomato Soup
Ham & Cheese Sandwich on Wheat	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad
Cucumber Dill Salad	Garlic Bread	Garlic Bread	Garlic Bread	Garlic Bread	Garlic Bread	Garlic Bread	Garlic Bread	Garlic Bread	Garlic Bread	Garlic Bread	Garlic Bread	Garlic Bread	Garlic Bread
Mandarin Oranges	Fruit Cocktail	Fruit Cocktail	Fruit Cocktail	Fruit Cocktail	Fruit Cocktail	Fruit Cocktail	Fruit Cocktail	Fruit Cocktail	Fruit Cocktail	Fruit Cocktail	Fruit Cocktail	Fruit Cocktail	Fruit Cocktail
Vegetarian Sloppy Joe on WW Bun	Perogies w/Bacon & Onion	Perogies w/Bacon & Onion	Perogies w/Bacon & Onion	Perogies w/Bacon & Onion	Perogies w/Bacon & Onion	Perogies w/Bacon & Onion	Perogies w/Bacon & Onion	Perogies w/Bacon & Onion	Perogies w/Bacon & Onion	Perogies w/Bacon & Onion	Perogies w/Bacon & Onion	Perogies w/Bacon & Onion	Perogies w/Bacon & Onion
Cucumber Dill Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad
Mandarin Oranges	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread
	Fruit Cocktail	Fruit Cocktail	Fruit Cocktail	Fruit Cocktail	Fruit Cocktail	Fruit Cocktail	Fruit Cocktail	Fruit Cocktail	Fruit Cocktail	Fruit Cocktail	Fruit Cocktail	Fruit Cocktail	Fruit Cocktail
DINNER													
Dijon Maple Glazed Salmon	Beef & Broccoli Stir-Fry	Beef & Broccoli Stir-Fry	Baked Chicken with Chalet Sauce	Baked Chicken with Chalet Sauce	Baked Chicken with Chalet Sauce	Baked Chicken with Chalet Sauce	Baked Chicken with Chalet Sauce	Baked Chicken with Chalet Sauce	Baked Chicken with Chalet Sauce	Baked Chicken with Chalet Sauce	Baked Chicken with Chalet Sauce	Baked Chicken with Chalet Sauce	Baked Chicken with Chalet Sauce
Mashed Sweet Potatoes	Fluffy Rice	Fluffy Rice	Potato Wedges	Potato Wedges	Potato Wedges	Potato Wedges	Potato Wedges	Potato Wedges	Potato Wedges	Potato Wedges	Potato Wedges	Potato Wedges	Potato Wedges
Roasted Asparagus	Asian Vegetables	Asian Vegetables	Buttered Corn	Buttered Corn	Buttered Corn	Buttered Corn	Buttered Corn	Buttered Corn	Buttered Corn	Buttered Corn	Buttered Corn	Buttered Corn	Buttered Corn
Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread
Honeydew Chunks	Hot Spiced Apples	Hot Spiced Apples	Strawberries	Strawberries	Strawberries	Strawberries	Strawberries	Strawberries	Strawberries	Strawberries	Strawberries	Strawberries	Strawberries
Roast Creole Chicken Thigh	Eggplant Parmigiana	Eggplant Parmigiana	Honey Garlic Ribs	Honey Garlic Ribs	Honey Garlic Ribs	Honey Garlic Ribs	Honey Garlic Ribs	Honey Garlic Ribs	Honey Garlic Ribs	Honey Garlic Ribs	Honey Garlic Ribs	Honey Garlic Ribs	Honey Garlic Ribs
Mashed Sweet Potatoes	Fluffy Rice	Fluffy Rice	Potato Wedges	Potato Wedges	Potato Wedges	Potato Wedges	Potato Wedges	Potato Wedges	Potato Wedges	Potato Wedges	Potato Wedges	Potato Wedges	Potato Wedges
Roasted Asparagus	Asian Vegetables	Asian Vegetables	Buttered Corn	Buttered Corn	Buttered Corn	Buttered Corn	Buttered Corn	Buttered Corn	Buttered Corn	Buttered Corn	Buttered Corn	Buttered Corn	Buttered Corn
Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread
Strawberry Shortcake	Butterscotch Pudding	Butterscotch Pudding	Oreo Ice Cream Sandwich	Oreo Ice Cream Sandwich	Oreo Ice Cream Sandwich	Oreo Ice Cream Sandwich	Oreo Ice Cream Sandwich	Oreo Ice Cream Sandwich	Oreo Ice Cream Sandwich	Oreo Ice Cream Sandwich	Oreo Ice Cream Sandwich	Oreo Ice Cream Sandwich	Oreo Ice Cream Sandwich

Note: Note: WWToast with jam/jelly or peanut butter offered @BRK. Water(250ml@BRK, 125ml@L/D), Coffee/Tea(180ml) are served each meal.