



MONDAY	MAY 22	TUESDAY	MAY 23	WEDNESDAY	MAY 24	THURSDAY	MAY 25	FRIDAY	MAY 26	SATURDAY	MAY 27	SUNDAY	MAY 28
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BREAKFAST

Assorted Juice Assorted Fresh Fruit Bowl Stewed Prunes High Fibre Cream of Wheat Yogurt & Granola Parfait Whole Wheat Toast Assorted Cold Cereal White Toast	Assorted Juice Assorted Fresh Fruit Bowl Stewed Prunes High Fibre Cinnamon Oatmeal Sausage Links Whole Wheat Toast Assorted Cold Cereal White Toast	Assorted Juice Assorted Fresh Fruit Bowl Stewed Prunes High Fibre Cream of Wheat Cheese Omelette Whole Wheat Toast Assorted Cold Cereal White Toast	Assorted Juice Assorted Fresh Fruit Bowl Stewed Prunes High Fibre Cinnamon Oatmeal Cinnamon Glazed French Toast Whole Wheat Toast Assorted Cold Cereal White Toast	Assorted Juice Assorted Fresh Fruit Bowl Stewed Prunes High Fibre Cream of Wheat Poached Egg Assorted Cold Cereal Whole Wheat Toast White Toast	Assorted Juice Assorted Fresh Fruit Bowl Stewed Prunes High Fibre Cinnamon Oatmeal Hard Boiled Egg Whole Wheat Toast Assorted Cold Cereal White Toast	Assorted Juice Assorted Fresh Fruit Bowl Stewed Prunes High Fibre Cream of Wheat Crispy Bacon Scrambled Eggs Assorted Cold Cereal Whole Wheat Toast White Toast
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LUNCH

Spring Vegetable Soup Unsalted Crackers Asparagus & Red Pepper Quiche Citrus Spinach Salad Whole Wheat Bread Chilled Peaches Zest Shrimp Pasta Salad Citrus Spinach Salad Garlic Stick Chilled Peaches	Roasted Red Pepper Soup Unsalted Crackers Pastrami Sandwich Grilled Vegetable Salad Ambrosia Salad Perogie Casserole Grilled Vegetable Salad Whole Wheat Bread Ambrosia Salad	Unsalted Crackers Lentil Soup Hamburger on Wheat Bun Onion Pickle Slice Marinated Vegetable Salad Fresh Watermelon Egg & Potato Salad Plate Marinated Vegetable Salad Whole Wheat Bread Fresh Watermelon	Italian Wedding Soup Unsalted Crackers Chicken Salad Sandwich Fresh Broccoli Slaw Mandarin Oranges Chili Con Carne Fresh Broccoli Slaw Corn Muffin Mandarin Oranges	Unsalted Crackers Mushroom Wild Rice Soup Chef Salad Plate Toast Points Sliced Pears Spinach & Feta Quiche Greek Salad Whole Wheat Bread Sliced Pears	Unsalted Crackers Minestrone Soup Tuna Salad Sndw on WW Tomato Wedges Pineapple Tidbits Pepperoni & Mushroom Pizza Tomato Wedges Whole Wheat Bread Pineapple Tidbits	Unsalted Crackers Black Bean Soup Cottage Cheese Salad Plate Carrot Muffin Cantaloupe Chunks Oktoberfest Sausage on Wheat Bun Tossed Salad Cantaloupe Chunks
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DINNER

Corned Beef Parslied New Potatoes Mashed Turnips Whole Wheat Bread Fresh Fruit Honey Garlic Chicken Parslied New Potatoes Mashed Turnips Whole Wheat Bread Apple Pudding Cake	Chicken Cordon Bleu Sweet Potatoes Green Peas Whole Wheat Bread Blueberries Zesty Honey Dijon Baked Fish Sweet Potatoes Green Peas Whole Wheat Bread Lemon Mousse	Baked Trout Confetti Rice Broccoli Florets Whole Wheat Bread Chilled Apricots Sweet & Sour Chicken Confetti Rice Broccoli Florets Whole Wheat Bread Iced Chocolate Cake	Honey Garlic Ribs Baked Potato Buttered Corn Whole Wheat Bread Honeydew Chunks Roasted Vegetable Lasagna Buttered Corn Whole Wheat Bread Coconut Poke Cake	Fish 'n Chips Coleslaw Vinaigrette Whole Wheat Bread Fruit Gelatin Salisbury Steak & Gravy Mashed Potatoes Coleslaw Vinaigrette Whole Wheat Bread Fruit Gelatin	Butter Chicken Basmati Rice Peas & Carrots Whole Wheat Bread Raspberries Pork Tourtiere Pie Peas & Carrots Whole Wheat Bread Ice Cream Sandwich	Homemade Roast Beef Brown Gravy Yorkshire Pudding Garlic Mashed Potatoes Glazed Butternut Squash Cinnamon Applesauce Vegetable Rotini Alfredo Glazed Butternut Squash Whole Wheat Bread Chocolate Cream Pie Slice
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Note: Note: WWToast with jam/jelly or peanut butter offered @BRK. Water(250ml@BRK, 125ml@L/D), Coffee/Tea(180ml) are served each meal.