

Schlegel Villages



Week One- Spring/Summer 2024

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-----------|---|--|---|---|--|---|--|
| Breakfast | Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal Scrambled Eggs Bacon Whole Wheat Toast <u>Always Available:</u> Fresh Fruit, Assorted Yogurt, White Toast in place of Whole Wheat | Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal Pancake Breakfast Sausage Whole Wheat Toast <u>Always Available:</u> Fresh Fruit, Assorted Yogurt, White Toast in place of Whole Wheat | Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal English Muffin Breakfast Sandwich with Fresh Fruit Whole Wheat Toast <u>Always Available:</u> Fresh Fruit, Assorted Yogurt, White Toast in place of Whole Wheat | Continental Breakfast: Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal Whole Wheat Toast or Baked Muffin Cheddar Cheese, Yogurt Fresh Fruit <u>Always Available:</u> Fresh Fruit, Assorted Yogurt, White Toast in place of Whole Wheat | Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal Poached Eggs Bacon Whole Wheat Toast or Grilled English Muffin <u>Always Available:</u> Fresh Fruit, Assorted Yogurt, White Toast in place of Whole Wheat | Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal Chefs Omelette Breakfast Ham Whole Wheat Toast <u>Always Available:</u> Fresh Fruit, Assorted Yogurt, White Toast in place of Whole Wheat | Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal Fried Egg Bacon Whole Wheat Toast <u>Always Available:</u> Fresh Fruit, Assorted Yogurt, White Toast in place of Whole Wheat |
| Lunch | Minestrone Soup Ham and Havarti on an Onion Bun Served with Cucumber Dill Salad -- Fresh Watermelon | Cream of Mushroom Soup Chicken Caesar Salad Garlic Bread -- Fruit Cocktail | Italian Wedding Soup Salmon Salad on Rye Spinach Salad -- Orange Sections | Beef Vegetable Soup Boneless Chicken Wings Served with Coleslaw and Carrot Sticks -- Fruit Gelatin | Split Pea Soup Hamburger on a Bun Mediterranean Salad -- Stewed Rhubarb | Potato Bacon Soup Cheesy Tuna Melt Carrot Raisin Salad -- Chilled Apricots | Chicken and Rice Soup Belgian Waffles and Berries Bacon -- Cinnamon Applesauce |
| Dinner | Dijon Maple Glazed Salmon OR Roast Creole Chicken Thigh Both Served With Mashed Sweet Potatoes Roasted Fresh Asparagus -- German Chocolate Cake | Beef and Broccoli Stir-Fry Or Vegetable Masala Served with Fluffy Rice Fresh Broccoli Florets Or -- Butterscotch Pudding | Baked Chicken with Chalet Sauce Served with Potato Wedges and Carrots Or Sweet and Sour Pork Served with Rice&Carrots -- Vanilla Ice Cream and Strawberries | Swiss Steak Served with Mashed Potatoes and Beets Or Primavera Pasta -- Date Square | Herbed Pork Chops in Gravy Or Breaded Sole Fillet Both Served with Garlic Mashed Potatoes and Buttered Red Cabbage -- Berry Cobbler | Tandoori Chicken Or Sausage Jambalaya Both Served with Basmati Rice and Fresh Zucchini Medley -- Homemade Carrot Cake | Pork Roast Served with Roasted Red Skin Potatoes and Buttered Corn -- Lemon Meringue Pie |