

Schlegel Villages



Week Two- Spring/ Summer 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal Scrambled Eggs Bacon Whole Wheat Toast <u>Always Available:</u> Fresh Fruit, Assorted Yogurt, White Toast in place of Whole Wheat	Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal Pancake Breakfast Sausage Whole Wheat Toast <u>Always Available:</u> Fresh Fruit, Assorted Yogurt, White Toast in place of Whole Wheat	Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal English Muffin Breakfast Sandwich with Fresh Fruit Whole Wheat Toast <u>Always Available:</u> Fresh Fruit, Assorted Yogurt, White Toast in place of Whole Wheat	Continental Breakfast: Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal Whole Wheat Toast or Baked Muffin Cheddar Cheese, Yogurt Fresh Fruit <u>Always Available:</u> Fresh Fruit, Assorted Yogurt, White Toast in place of Whole Wheat	Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal Poached Eggs Bacon Whole Wheat Toast or Grilled English Muffin <u>Always Available:</u> Fresh Fruit, Assorted Yogurt, White Toast in place of Whole Wheat	Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal Chefs Omelette Breakfast Ham Whole Wheat Toast <u>Always Available:</u> Fresh Fruit, Assorted Yogurt, White Toast in place of Whole Wheat	Continental Breakfast: Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal Fried Eggs Bacon Whole Wheat Toast <u>Note</u> -Breakfast/Brunch Option served at lunch
Lunch	Spring Vegetable Soup Crab Salad on Brioche Bun Citrus Spinach Salad -- Chilled Peaches	Golden Lentil Soup Cream Cheese and Cucumber Sandwich Coleslaw Vinaigrette -- Fresh Fruit Salad	Carrot Ginger Soup Cottage Cheese and Summer Fruit Plate -- Peach Mousse	Italian Wedding Soup Chicken Salad on Multigrain Fresh Broccoli Slaw -- Mandarin Oranges	Potato and Leek Soup Chef Salad Plate Wheat Roll -- Baked Spice Pears	Cream of Celery Soup Lemon Ricotta Penne Tomato Wedges -- Fresh Pineapple	Chicken Creole Soup Asparagus and Red Pepper Quiche Homefries Crispy Bacon -- Fresh Melon
Dinner	Corned Beef Or Honey Garlic Chicken Both Served with Parslied New Potatoes, Glazed Carrots -- Strawberry Rhubarb Crisp	Chicken Cordon Bleu Or Zesty Honey Dijon Baked Fish Both served with Sweet Potatoes Fresh Broccoli Florets -- Luscious Lemon Square	Baked Trout Or Turkey Schnitzel Both Served with Wild & Brown Rice Green Peas -- Chocolate Mousse	Honey Garlic Ribs Served with Baked Potato and Tossed Salad Or Baked Lasagna served with Tossed Salad -- Macaroon Madness	Salisbury Steak &Gravy Or Shrimp Skewer Both Served with Rosemary Potatoes, Fresh Asparagus -- Angel Food Cake with Berries	Butter Chicken Or Sweet Harvest Casserole Both Served with Basmati Rice and Peas and Carrots -- Ice Cream with Cherry Sauce	Homemade Roast Beef Garlic Mashed Potatoes Butternut Squash Yorkshire Pudding -- Pecan Pie