

Schlegel Villages



Week Three-Spring/Summer 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal Scrambled Eggs Bacon Whole Wheat Toast <u>Always Available:</u> Fresh Fruit, Assorted Yogurt, White Toast in place of Whole Wheat	Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal Pancake Breakfast Sausage Whole Wheat Toast <u>Always Available:</u> Fresh Fruit, Assorted Yogurt, White Toast in place of Whole Wheat	Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal English Muffin Breakfast Sandwich with Fresh Fruit Whole Wheat Toast <u>Always Available:</u> Fresh Fruit, Assorted Yogurt, White Toast in place of Whole Wheat	Continental Breakfast: Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal Whole Wheat Toast or Baked Muffin Cheddar Cheese, Yogurt Fresh Fruit <u>Always Available:</u> Fresh Fruit, Assorted Yogurt, White Toast in place of Whole Wheat	Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal Poached Eggs Bacon Whole Wheat Toast or Grilled English Muffin <u>Always Available:</u> Fresh Fruit, Assorted Yogurt, White Toast in place of Whole Wheat	Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal Chefs Omelette Breakfast Ham Whole Wheat Toast <u>Always Available:</u> Fresh Fruit, Assorted Yogurt, White Toast in place of Whole Wheat	Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal Fried Eggs Bacon Whole Wheat Toast <u>Note</u> -Breakfast/Brunch Option served at lunch
Lunch	Mushroom and Wild Rice Soup Corned Beef on Rye Coleslaw and Dill Pickle -- Orange Sections	Chicken Noodle Soup Margarita Pizza Served with Spring Mix Salad -- Tropical Fruit	Roasted Red Pepper Soup Mini Turkey Club on a Bun Iceberg & Carrot Salad -- Mandarin Pineapple Cup	Potato Leek Soup Three Cheese Penne Cranberry Almond Salad -- Fresh Watermelon	Cream of Asparagus Soup Hot Dog on a Bun Cucumber and Onion Salad -- Chilled Cherries	Tomato Soup Grilled Cheese Sandwich Coleslaw -- Fresh Grapes	Wild Rice and Chicken Soup Pancakes with Maple Syrup Bacon and Fresh Fruit -- Mandarin Dream Gelatin
Dinner	Crispy Baked Chicken Or Moroccan Lamb Tagine Both Served with Couscous Pilaf and Corn Salad -- Double Chocolate Brownie	Pork Chop with Apple Chutney Or Braised Beef Liver & Onions Both Served with Golden Potato Bake Sweet and Sour Red Cabbage -- Homemade Peach Cobbler	Spaghetti & Meatballs Served with Salad Or Grilled Salmon and Spinach Salad Plate -- Triple Berry Square	Steamed Haddock with Mango Salsa OR Chicken Souvlaki and Tzatziki Sauce Both Served with Roasted Potatoes and Baked Zucchini and Tomato -- Creamy Rice Pudding	Oriental Beef and Vegetables Or Roasted Tomato Sole Both Served with Rice and Sauteed Bok Choy -- Summer Berry Flan	Chicken in Creamy Leek Sauce Or Beef Ravioli Both Served with Whipped Potatoes Fresh Broccoli Florets -- Ice Cream	Lemon Garlic Pork Scalloped Potatoes Roasted Fresh Asparagus Dinner Roll -- Strawberry Rhubarb Pie