

Schlegel Villages



Week Four-Spring/ Summer 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal Scrambled Eggs Bacon Whole Wheat Toast <i>Always Available:</i> Fresh Fruit, Assorted Yogurt, White Toast in place of Whole Wheat	Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal Pancake Breakfast Sausage Whole Wheat Toast <i>Always Available:</i> Fresh Fruit, Assorted Yogurt, White Toast in place of Whole Wheat	Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal English Muffin Breakfast Sandwich with Fresh Fruit Whole Wheat Toast <i>Always Available:</i> Fresh Fruit, Assorted Yogurt, White Toast in place of Whole Wheat	Continental Breakfast: Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal Whole Wheat Toast or Baked Muffin Cheddar Cheese, Yogurt Fresh Fruit <i>Always Available:</i> Fresh Fruit, Assorted Yogurt, White Toast in place of Whole Wheat	Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal Poached Eggs Bacon Whole Wheat Toast or Grilled English Muffin <i>Always Available:</i> Fresh Fruit, Assorted Yogurt, White Toast in place of Whole Wheat	Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal Chefs Omelette Breakfast Ham Whole Wheat Toast <i>Always Available:</i> Fresh Fruit, Assorted Yogurt, White Toast in place of Whole Wheat	Continental Breakfast: Resident Choice of Juice Oatmeal or Resident Choice of Assorted Cold Cereal Fried Eggs Bacon Whole Wheat Toast <i>Note</i> -Breakfast/Brunch Option served at lunch
Lunch	Golden Lentil Soup Baked Macaroni and Cheese Garden Salad -- Chilled Peaches	Beef Barley Soup Deviled Ham Salad Sandwich Red Beet Citrus Salad -- Mango and Pineapple Salad	Chicken Noodle Soup Beef and Corn Casserole Served with Greek Salad -- Pears	Cream of Mushroom Soup Grilled Chicken Ranch Cobb Salad Wheat Roll -- Diced Cantaloupe and Honeydew	Vegetable Rice Soup Pulled Pork on a Bun Spring Mix Salad -- Stewed Rhubarb and Berries	Cream of Celery Soup Roast Beef Sandwich with Mustard and Lettuce Marinated Tomato Salad -- Fresh Grapes	Squash Soup French Toast with Maple Syrup Crispy Bacon Strawberries -- Fresh Fruit Salad
Dinner	Stuffed Cabbage Roll Or Breaded Chicken Breast Both Served with Mashed Potatoes and Buttered Corn -- Mini Pancakes w/Berries and Chocolate Sauce	Olive and Tomato Braised Chicken Or Baked Sole & Dill Sauce Both Served with Rice and Steamed Snow Peas -- Strawberry Shortcake	Baked Ocean Perch Or Pork Loaf Both Served with Roasted Potato Wedge and Fresh Green Beans -- Chocolate Pudding	Beef Shepherds Pie Or Portuguese Grilled Chicken Both Served with Roasted Red Skin Potatoes and Glazed Squash -- Cherry Crisp	Fish and Chips Served with Tartar Sauce & Coleslaw -- Chefs Choice Dessert	Turkey a la King Or Ham Fettuccini Alfredo Both Served with Puff Pastry Wedge Caesar Salad -- Raspberry Sorbet	Homemade Roast Mashed Potatoes Roasted Root Vegetables Yorkshire Pudding -- Blueberry Pie