



November 2024

Derry



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Main Street—MS Greenhouse-GH Activity Room—AR Chapel-CH Country Kitchen—CK Community Centre—CC Fitness Centre—FC Open Area—OA Touring—TO Town Hall - TH Virtual - V Library - Lib		Programs may be subject to change if required				
3 9:30 For the Soul 10:15 Circle of Friends 11:00 Stepping Out 2:00 Entertainment-MS 4:00 Express Yourself 6:30 Hosanna Singers-MS	4 1:00 You and I 1:30 Express Yourself 2:30 Helping Hands 3:00 Musical Moments 6:30 Active Games-MS	5 10:00 Brains and Banter 11:15 Exercise with Physio 2:00 Philipino Dance Troup—MS 3:30 Hymn Sing-OA 6:30 Bingo— MS	6 10:00 For the fun of fit 11:00 Express Yourself 2:00 Bingo Derry 2:00 Green thumb—CK 3:30 Brains and Banter 3:00 Java Music Club-CC 6:30 Brain Boosters-CC	7 9:45 Music Therapy—OA 10:30 Brains and Banter 11:15 Exercise with Physio 1:00 Private Communion - TO 2:00 R.C. Communion/Rosary-TH 6:30 Music Appreciation-CC	8 10:00 Feel & Fold—OA 11:00 Express Yourself 2:00 Entertainment with Heather and Matt— MS 3:30 Helping Hands 6:30 Movie Night-CC	9 9:30 For the Soul 10:15 For the fun of fit 11:15 Brains and Banter 2:00 Golden Oldies—MS 4:00 You and I 6:30 Bingo—MS
10 9:30 For the fun of fit 10:30 In the Kitchen 2:00 Express Yourself 3:30 Church Service - L 6:30 It's Never Too Late-CC	11 10:45 Remembrance Day-TS 1:00 You and I 1:30 Express Yourself 3:00 Music With David-OA 3:00 Helping Hands 6:30 Active Games-MS	12 10:00 Circle of friends 11:15 Exercise with Physio 2:00 Soothing Sensation 2:30 Stepping Out 3:30 Bible Mind Teaser-OA 6:30 Bingo— MS	13 10:00 For the fun of fit 10:30 Art & Craft—CK 11:00 Express Yourself 2:00 Bingo Derry 3:30 Brains and Banter 2:00 Resident Council Meeting	14 10:00 In the Kitchen 11:15 Exercise with Physio 1:30 Music Therapy—OA 1:00 Private Communion - TO 2:00 R.C. Communion/Rosary-TH 6:30 Music Appreciation-CC	15 10:00 Feel & Fold—OA 11:00 Circle of friends 2:00 Movie/show 3:00 Helping Hands 6:30 Movie Night-CC	16 9:30 For the Soul 9:30 Green thumb—CC 10:15 Musical Moments 11:00 For the Fun of fit 2:00 Bingo—MS 3:30 Soothing Sensation 6:30 A Little Bit of This and That— CC
17 9:30 For the fun of fit 10:30 In the Kitchen 2:00 Sunday Social —MS 4:00 Church Service - L 6:30 It's Never Too Late-CC	18 1:00 You and I 1:30 Express Yourself 2:30 Helping Hands 3:00 Musical Moments 6:30 Active Games-MS	19 10:00 Brains and Banter 11:15 Exercise with Physio 2:00 Dance the Day away—MS 3:00 Pastoral Visit 4:00 Stepping Out 6:30 Bingo— MS	20 10:00 For the fun of fit 11:00 Express Yourself 2:00 Bingo Derry 2:00 Green thumb—CK 3:30 Brains and Banter 2:00 Anglican Communion - TH 6:30 Java Music Club-CC	21 9:45 Music Therapy—OA 10:30 Brains and Banter 11:15 Exercise with Physio 1:00 Private Communion - TO 2:00 Catholic Mass -TH 6:30 Music Appreciation-CC	22 10:00 Feel & Fold—OA 11:00 Express Yourself 2:00 Movie/show 3:00 Helping Hands 6:30 Movie Night-CC	23 11--2:30 Christmas Bazaar—MS 6:30 A Little Bit of This and That— CC
24 9:30 For the fun of fit 10:30 In the Kitchen 2:00 Live Worship Music— MS 2:30 Sunday Inspiration— MS 6:30 It's Never Too Late-CC	25 1:00 You and I 1:30 In the Kitchen 2:30 Musical Moments 6:30 Active Games-MS	26 10:00 Circle of friends 11:15 Exercise with Physio 2:00 Birthday Bash—MS 3:30 Soothing Sensation 6:30 Bingo— MS	27 10:00 For the fun of fit 10:30 Art & Craft—CK 11:00 Brains and Banter 2:00 Bingo Derry 3:30 Circle of friends 6:30 Java Music Club-CC	28 9:45 Music Therapy—OA 10:30 Brains and Banter 11:15 Exercise with Physio 3:00 Memorial service—V 6:30 Music Appreciation-CC	29 10:00 Feel & Fold—OA 11:00 Circle of Friends 2:00 Movie/Show 3:00 Helping Hands 6:30 Movie Night-CC	30 9:30 For the Soul 9:30 Green thumb—CC 10:15 Musical Moments 11:00 For the Fun of fit 2:00 Bingo—MS 3:30 You and I 6:30 A Little Bit of This and That— CC